



The Manitoba
College of
Family Physicians^{Inc.}

A Chapter of The College of Family Physicians of Canada

Le Collège
manitobain des
médecins de famille^{inc.}

Un chapitre du Collège des médecins de famille du Canada

54th ANNUAL SCIENTIFIC ASSEMBLY

April 19 - 21, 2012

Victoria Inn

MAINPRO-C REGISTRATION FORM

MAINPRO-C programs are available only by advance registration. Programs will be filled on a "first come, first served" basis, and space is limited. Early registration is crucial to ensure completion of the pre-course needs assessment, which is an important part of completing the MAINPRO-C requirements. MAINPRO-C Programs are subject to cancellation if the minimum numbers of participants are not met.

GST is included in all prices. REGISTRATION IS LIMITED.

A Separate Cheque is required and covers only your MAINPRO-C Registration.

DEADLINE FOR RECEIPT OF MAINPRO-C REGISTRATIONS IN APRIL 2, 2012

Name _____

Address _____

POSTAL CODE _____

Telephone: _____

Fax _____

Email: _____

SATURDAY APRIL 21, 2012

See reverse for program descriptions.

COGNITIVE BEHAVIOUR THERAPY FOR ANXIETY (9:00 – 16:15)

MAINPRO-C CREDITS: 6

COURSE FEE: \$395

\$ _____

PAIN AND ADDICTION PRIMER FOR FAMILY PHYSICIANS (9:00 – 17:30)

MAINPRO-C CREDITS: 7

COURSE FEE: \$525

\$ _____

CASTED: EMERGENCY (9:00 – 18:30)

MAINPRO-C CREDITS: 9

COURSE FEE: \$925

\$ _____

TO BE REMITTED BY SEPARATE CHEQUE – CANADIAN FUNDS ONLY

Make Cheque Payable To:

MANITOBA COLLEGE OF FAMILY PHYSICIANS

Mail To: 240 – 1695 HENDERSON HWY, WINNIPEG MB R2G 1P1

MAINPRO-C PROGRAMS

MAINPRO-C Programs are subject to cancellation if there are not enough participants in any given session.

COGNITIVE BEHAVIOUR THERAPY FOR ANXIETY (9:00 – 16:15) Embassy Room E

DR. GRED DUBORD, MD, Department of Psychiatry, University of Toronto; Director of the Toronto Centre for Cognitive Therapy

With a growing number of RCTs showing CBT superior to drugs, CPGs (e.g., Cochrane) promote cognitive therapy as a first-line treatment for the full-spectrum of anxiety disorders. This highly-relevant MAINPRO-C works through family practice case studies of GAD, health anxiety (hypochondriasis), OCD, panic disorder, PTSD, simple phobias, and social anxiety. Participants are encouraged to discuss real-life cases, and are shown how to work effective CBT techniques into their standard family practice routines. Medication integration is central.

1. Learn to rapidly differentiate the anxiety disorders
2. Learn to pinpoint key anxiety-causing cognitions
3. Learn to set therapeutic treatment goals
4. Learn modular treatment protocols
5. Learn ways to quickly assess progress

FEE: \$395

MAINPRO-C CREDITS: 6

PAIN AND ADDICTION PRIMER FOR FAMILY PHYSICIANS (9:00 –17:30) Embassy Room A ONTARIO COLLEGE OF FAMILY PHYSICIANS

Patients presenting with the complications of opioid addiction and chronic pain are difficult to manage in the context of a family practice. This 1 day course is being offered to family physicians with a comprehensive family medicine practice who care for pain/addictions patients or those physicians with focused practices in pain and/or addictions care.

What is being offered?

- 1 day course with practical sessions and case-based discussion on addictions and chronic pain
- 12 topics on all major systems in addictions and pain management .

FEE: \$525

MAINPRO-C CREDITS: 7

CASTED: EMERGENCY (9:00 – 18:30) Embassy Room C

DR. ARUN SAYAL, Emergency Physician, North York General Hospital, Toronto ON. The course was honoured to receive the 2011 CFPC Continuing Professional Development Award for providing an “exceptional learning experience.”

CASTED: Emergency is the 'hands-on' ED orthopedics course designed specifically for Emergency Department physicians.

CASTED: Emergency offers numerous clinical pearls on:

- history, physical and investigations
- making more accurate diagnoses
- recognizing 'red flag' patients
- knowing who needs a reduction
- reduction and molding techniques for fractures and dislocations
- understanding who needs to see ortho and when.

Combining case presentations with 4 hours of 'hands-on' casting and splinting, CASTED: Emergency reviews :

- ED orthopedic principles ED management of over 80 specific diagnoses
- numerous ED casting, splinting and reduction techniques.

FEE: \$925

MAINPRO –C CREDITS: 9
