



The Manitoba
College of Family
Physicians Inc.

Communiqué

November 2010

President's Message

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The Manitoba College of Family Physicians Inc., has over 1140 members in its various membership categories. We are part of a national voluntary organization committed to quality patient care through promotion of the role of the family physician, provision of quality continuing medical education and maintaining excellent training programs.

The four principles of family medicine define our profession:

- The family physician is a skilled clinician.
- The family physician is a resource to a defined practice population.
- Family medicine is community-based.
- The doctor-patient relationship is primary to the role of the family physician.

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They say home is where the heart is, but the Medical Home is where the Family Doctor is. The Medical Home concept as developed by the College of Family Physicians of Canada, is gaining traction here in Manitoba, and the importance of every Manitoban having a Family Doctor is at the core of that concept. The recent announcements regarding funding for EMR and the progression of EHR are important foundational pieces for building the Medical Home. These announcements signal that the Provincial Government is fully engaged in supporting Family Physicians, recognizing the important role we play in promoting health among Manitobans, but also the economic savings our service provides. Provincial and regional initiatives presently being undertaken are well represented by Family Physicians who share a vision of improving patient care by influencing policy makers and shaping health policy.

As previously announced by the College of Physicians and Surgeons of Manitoba, revalidation has proceeded. To date there are 125 new CFPC members and 169 non-member Mainpro participants, with approximately 50 to 70 physicians yet to register. Both the National College and our local Chapter will be in touch with non-members to highlight the benefits of membership. The CPSM will be introducing another component for quality improvement when they present the “Manitoba Physician Achievement Review” at our ASA in the Spring.

The recent Family Medicine Forum in Vancouver was once again well attended and Manitoba was also well represented. The Walk for Docs raised over \$43,000, and Dr. Jamie Boyd, head of the Research and Education Foundation has ambitious plans to raise much greater funds in the future. This year the University of Manitoba Family Medicine Interest Group raised the most money of all the Universities. Congratulations! Money raised in Manitoba stays in Manitoba so this truly benefits our medical school students and I would encourage you to support future Walk for the Docs.

Our Chapter is continuing to sponsor Family Medicine Resident evenings, and have found it is attracting IMG's also, which is something that we would like to promote further. The National College has initiated the 'First Five' program for Family Physicians in their first five years of practice, and this is another rich resource for IMG's to access. We are also exploring whether recent family medicine graduates besides IMG's might be interested in some of the very practical Family Medicine Resident evenings.

At the CFPC Board Meeting in Vancouver, changes in the Residency examination were introduced, with exam centers increased from 12 to 19, and computerized examinations to begin by 2011. The Certification examination and the licensing examination will be combined, which will reduce traveling, but unfortunately won't reduce the cost to Residents.

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The Section of Family Physicians with Special Interests or Focused Practice is expanding the number of committees and includes Respiratory Medicine, Maternity and Newborn Care, Mental Health, Palliative Care, Healthcare of the Elderly, Sports and Exercise Medicine, Emergency Medicine, and Anaesthesia. Others such as Addiction Medicine, Psychotherapy and Prison Medicine are being explored. The College continues to emphasize the importance of continuous comprehensive care but acknowledges the reality that many Family Physicians have special areas of interest and expertise.

The Board has also been seeking broad feedback on a proposed College statement regarding palliative care, euthanasia, and physician assisted suicide. This is a controversial topic with strong personal opinions held by many and strong regional implications. Your views with regard to this issue are valued and welcomed.

The Board has also established a Task Force on our relationship with the pharmaceutical industry. This is an issue which touches all family physicians and has profound implications for CPD, patient access to medication samples, perceived conflict of interest, public opinion and our future interactions with the pharmaceutical industry. This is an important area to establish codes of ethics and practice. The conclusions drawn by the Task Force will no doubt be controversial but a necessary step nonetheless.

Manitoba has a long history and it has slowly evolved to become the home we all cherish. Likewise, the Patient-Centered Medical Home is evolving as well, and through the hard work of Family Physicians like yourselves, it will incrementally and progressively become a Manitoba reality which patients and healthcare providers alike will value.

Carey D. Isaac, MD, CCFP, FCFP,

President.



Community Based Family Practice Research in Manitoba

At the Family Medicine Forum in Vancouver last month, an announcement was made by Minister Stockwell Day indicating 5 year stable funding for the Canadian Primary Care Sentinel Surveillance Network (CPCSSN). This network is funded by the Public Health Agency of Canada through our National College. It currently has 9 nodes across the country, including one in Manitoba, which consist of Family Physicians who have agreed to allow data about patients with 5 chronic diseases to be extracted from their electronic medical records. The CPCSSN team spent the last 2 years developing the methods to collect the data from 7 different EMR systems while addressing the need for patient privacy and confidentiality. Each node is led by a local Family Medicine Researcher and supported by a Data Manager. Data is stored in a secure data warehouse at Queens University.

Over the next 5 years, the networks will expand by approximately 10 physicians per node per year. The participating Family Doctors will receive quarterly reports on their practices with regard to hypertension, diabetes, arthritis, depression and COPD as well as

comparisons with other Physicians in CPCSSN. They will also have the opportunity to contribute to the development of research projects using the data housed centrally.

Eighty six community based Family Doctors in Winnipeg are also participating in a randomized clinical trial looking at support for Colorectal cancer screening in Family Physician offices. Each physician is recruiting patients to either the control or intervention group for this study.

With these two studies, community based family medicine research in Manitoba has now been established as a growing concern. We hope to build on these initiatives next spring by sponsoring a meeting to bring all those interested together to share ideas and experiences and to build the platform for future research.

For information on these initiatives or to express your interest in future studies please contact Alan Katz (akatz@cpe.umanitoba.ca).

Alan Katz, MD, CCFP, FCFP,
Chair, Research Committee.

Annual Scientific Assembly News

So...the initial planning meeting is behind us and we are very excited about next year's Assembly! Our planning meeting took place at our new venue - The Victoria Inn, 1808 Wellington Ave. The first part of the meeting was taken up with touring the facility and being impressed with how family friendly the hotel is (great water slide pool complex!), and how well our meeting will fit into their meeting space. All of our break out rooms and the main lecture theatre are close together, excellent physical spaces and amenities, and the temperature was "just right"! It is going to be exciting to see how you, the membership, find the new arrangements and the easy parking!

The conference will again be a mix of didactic sessions, motivating and engaging keynotes and small group workshop sessions. Something for everyone! We are thrilled to be able to confirm that Dr. Brian Goldman (emergency room physician and CBC radio show host) will again be addressing the conference at the Thursday keynote, with the Honorable Theresa Oswald (our Provincial Minister of Health) providing one of the keynote addresses on the Friday. We hope to have the other 2 keynotes confirmed shortly and they will be just as interesting!

Be prepared for a mixture of key medical knowledge with a sprinkling of local politics and larger philosophical issues regarding the evolution of medicine in today's rapidly changing world. Come and do some intensive learning in the areas of cardiology, neurology, sleep and

obesity management. Become engaged and discuss the role of the new electronic world on our medical practices and the impact of collaborative health care on the future of medicine. As always, there will be opportunities to obtain Mainpro C credits during the conference. We will offer a wide selection of topics and support various learning styles again this year.

Our yearly family oriented social evening on the Friday night also promises to be another fun event. As always, we are going to be featuring local Winnipeg talent that the entire family can enjoy. Last year's event had everyone up and "jamming with the band" and all who attended had a great evening. We are hoping to again be at the lovely Winter Club enjoying the celebrated cooking of Chef Craig Guenther in pampered surroundings.

The planning committee of the ASA (who happily added several new recruits this year!) hope that you will already mark you calendar for April 7-9, 2011 so that you can attend this annual event (maybe book into the hotel for a family holiday?). Keep your eye on this newsletter for more information as it becomes available and look forward to receiving your official program and registration package early next year. Hope to see you at the Victoria Inn next spring!

Helga Sickert, MD,

Chair, Annual Scientific Assembly Committee.

2011 ANNUAL SCIENTIFIC ASSEMBLY

Please mark your calendars – our 2011 Annual Scientific Assembly will be held

Thursday to Saturday, April 7th – 9th, 2011
The Victoria Inn Hotel & Convention Centre
1808 Wellington Avenue
Winnipeg, Manitoba

We hope you will join us at our new venue!

University of Manitoba

Family Medicine Interest Group News

FMIG events are in full swing at Bannatyne Campus (and beyond!), and thus far all events have reached maximum capacity! The year started off with a **CaRMS Information Session** on September 23rd, led by Dr. Tamara Buchel. The lunch hour introduced medical students to the CaRMS process and also promoted the Family Medicine Residency Program at the University of Manitoba. The event was a huge success, with attendance exceeding one hundred and fifty students, ranging from first year to fourth. The next CaRMS session will be held in early winter with Dr. Sarah Kredentser offering a session on interview tips.

FMIG's next grand adventure came in the form of the **Family Medicine Forum** in Vancouver, B.C. The event was attended by 4 council members, numerous medical students, as well as the two lucky candidates who received a financial award of \$1000 each from the Manitoba College of Family Physicians. The Forum was an experience which was certainly well-received by all medical students who were able to attend from Manitoba. As a highlight to the Forum, the University of Manitoba FMIG raised the most pledges for CFPC's **Walk for the Docs of Tomorrow**, sitting at \$2,250.00 worth of pledges. Way to go Manitoba!!! The U of M FMIG would like to sincerely thank the Manitoba College of Family Physicians as well as all individual physicians who helped us achieve – and surpass - our fundraising goals!

October 19th brought about FMIG's first of three installments of **Pizza and Pigs Feet**, a suture clinic offered to first and second year medical students by Dr. Susan Hauch, Dr. Tamara Buchel as well as several volunteer Family Medicine Residents. The evening consists of a complimentary pizza dinner, followed by knot-tying techniques and suturing mini-clinics (using pigs' feet). The main objective is to expose pre-clerkship students to the techniques of suturing and to whet their appetite for the hands-on opportunities awaiting them in family practice. While the event could only hold 40 students, interest once again sur-

passed capacity for the event (three-fold), and a waiting list has been established to fill the next two events in early winter.

Our next upcoming attraction is our Student/Family Physician **Meet and Greet evening** at the Winnipeg Winter Club on December 7th. The FMIG and Rural Interest Group (RIG) have teamed up to organize this event, so as to give medical students a chance to enjoy light refreshments and conversation with family physicians – from both urban and rural practices. The objective is to give students a more intimate opportunity to explore the domains of family practice which interest them most - in a fun, relaxed, informal atmosphere. Attendance is estimated at 60-70 people.

Hopes to resurrect a FMIG **Mentorship Program** are also currently in the works. The objectives of the program are to provide second year students an opportunity to better explore and understand the journey through Family Medicine via the perspective of a Resident mentor. Students will have a two-on-one opportunity to ask specific questions regarding clerkship, CaRMS and residency options. The program aims to demystify the Residency process, reduce accompanying anxiety, better prepare interested students for their CaRMS process, and entice more students towards the field of family practice - all the while building collegial relationships between people at different stages of medical education and in the profession. If you are a Family Medicine Resident interested in taking part in our aspiring Mentorship Program, please contact Helen Harmer at helen.a.harmer@hotmail.com to see how you can get involved.

Stay tuned for more FMIG news! And thank you for all your support thus far!

Helen A. Harmer
Family Medicine Interest Group Chair 2010-2011

Revalidation and a New Mainpro-M1 Accrerator

As of September 1, 2010 a requirement of licensure by the College of Physicians and Surgeons of Manitoba, for Family Physicians, is enrolment in, and compliance with, the Continuing Professional Development program of the College of Family Physicians of Canada (Mainpro).

This involves a “renewal” cycle which is a five year cycle and it is important for the physician to be aware of where they are in that cycle. The concept of Life Long Learning implies that continuing education, or development, takes place along a continuum both conceptually and chronologically. It also means that there are different ways to learn and this process should take place on an ongoing basis, not just in the last six months of the cycle. There have been problems in the past whereby physicians were in the last year of their “cycle” and completing the credits proved to be a challenge. As such the College of Family Physicians of Canada undertook, and continues to undertake, to employ strategies that are proactive and allow the physicians to maintain an awareness of where they are in the program and what they have to do to complete each cycle successfully.

Successful participation in the Mainpro program requires that the physician, within the appropriate five year period, submits at least 125 Mainpro M1 and/or Mainpro C credits and a total of 250 credits comprising of Mainpro M1, M2 and/or Mainpro C. Mainpro

C credits are not mandatory for maintenance of Membership/Certification.

The College of Family Physicians of Canada endeavours to be “user friendly” and as such assists physicians in any way that it can but the onus still falls to each physician to participate in Life Long Learning in a meaningful and ongoing fashion and to maintain an awareness of the requirements and the timelines for successful compliance with the Mainpro Program.

For further information please go to the College website <www.cfpc.ca> and click on CME, then Mainpro and then either “CME requirements” or “What’s new”.

The Manitoba College of Family Physicians is pleased to announce that Dr. Cam Stacey is now a Mainpro M1 Accrerator and is the new Manitoba representative to the College of Family Physicians of Canada’s National Committee on Continuing Professional Development. Dr. Stacey brings a wealth of knowledge and experience to this position and will surely be a great addition to the Mainpro program both locally and nationally.

Ian J. Goldstine M.D., L.M.C.C., C.C.F.P., F.C.F.P.
Mainpro M1 Accrerator,
Chair, National Committee on Continuing Professional Development.

DriveABLE Manitoba

DriveABLE Manitoba is part of the DriveABLE assessment network which is a nationwide company and is also found in the United States, Australia and New Zealand.

The DriveABLE assessment procedures were developed and validated through award winning science at the University of Alberta. The cognitive assessment tests abilities essential for safe driving. This includes tests of motor speed and control, attention, judgment, memory and decision-making and making judgments of driving situations. The assessment involves both in office, computer based evaluation and on road evaluation if necessary.

A key aspect of the DriveABLE medically at-risk driver protocol is a newly developed screening tool that can be used when cognitive impairment is suspected or confirmed. The screening tool, called the Screen for the Identification of Medically At-Risk Drivers a Modification of the DemTect (SIMARD MD)¹ was developed and validated against driving performance.

As a screening tool, the SIMARD MD should be administered as part of a driver’s medical, particularly if the driver presents with one or more chronic medical conditions that can impair cognition. Within the clinical setting, it would be appropriate to use the SIMARD MD as part of a chronic disease management protocol or as a routine component of an annual medical, especially for those patients aged 70 years and older.

Information on the SIMARD MD can be found on the Medically At-Risk Driver website at www.mard.ualberta.ca. Information about the DriveABLE assessment can be found at www.driveable.com or by contacting DriveABLEMD@shaw.ca.

¹ Dobbs, B.M. & Schopfloch, D. (2010). The introduction of a new screening tool for the identification of cognitively impaired medically at-risk drivers: The SIMARD A Modification of the DemTect. *Journal of Primary Care and Community Health*, 1 (2), 119-127.

H1N1 Survey

The H1N1 outbreak, in the spring season of 2009, provided an opportunity for public health agencies to test their pandemic plans in a crisis situation. This outbreak differed to some degree from expectations, in terms of virulence, the population at risk, and how the public itself reacted to the outbreak. As a result, the flexibility and effectiveness of these plans were themselves tested.

We want to assess the effectiveness of these pandemic plans, with a specific focus on the risk communication strategies used by the various public health agencies in Canada. In other words, we want to see how the health agencies communicated the risk to **you** as a public health care professional working on the 'front lines', dealing with members of the public at every stage of the outbreak. By virtue of your job, we feel that you played a dual role in pandemic H1N1 as being both 'receivers' and 'providers' of information.

We would like you to fill out a short survey regarding the H1N1 pandemic. This survey is only about 10 minutes in length. We will ask you questions about what kind of information you received from different public health agencies; examples of questions include how useful you thought this information was, and how you applied it to your own personal situation. The information collected from this survey is anonymous. Survey responses will only be presented in aggregate form, with no personal identifiers.

The survey is located online at <http://www.surveymonkey.com/s/H1N1inCanada>. You may go to this web address and fill out the survey. If you do not have regular access to the internet, or if there are other circumstances preventing you from filling out this online survey, you may request a paper or electronic PDF copy of the survey. Please email us at RISC_MD@UManitoba.ca with your contact details and survey preference type, or you may write to us at:

Research in Science Communications
P224-770 Bannatyne Avenue
Winnipeg, MB
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We very much appreciate you taking the time to fill out this survey. The results will be used to help improve the quality of risk communication at all levels of organization, from national plans down to regional/local plans.

With Kindest Regards,
Dr. Michelle Driedger, of the University of Manitoba
Dr. Cynthia Jardine, of the University of Alberta
Dr. Jennifer Keelan, of the University of Toronto

Chapter Awards

The Manitoba College of Family Physicians' Awards Committee has undergone some subtle changes in the past year, as follows:

Chair Dr. Don Klassen from Winkler
Members Dr. Sarah Kredentser from Winnipeg
 Dr. Anthony Wiens from Dauphin
 Dr. Gary Beazley from Winnipeg



We would again like to extend our congratulations to Dr. Anne Durcan of Winnipeg, who is the 2010 recipient of the Manitoba College's Family Physician of the Year Award presented at our Annual Scientific Assembly on April 23rd, 2010.

Dr. Durcan was also recently honoured at the National College's Family Medicine Forum in Vancouver, as the recipient of the Reg L. Perkin Award as one of Canada's 10 Family Physicians of Year.

The 2010 recipients of the Awards of Excellence were Dr. Karen Juce of Hamiota and Dr. Joanne Maier of Brandon. Our congratulations to both of these excellent family physicians.

Congratulations to Dr. Karen Toews of Steinbach, the 2010 recipient of the Claude H. Murphy Continuing Medical Education Award. This \$3,000 award assisted her attendance in Vancouver at Family Medicine Forum and the annual meeting of the Section of Teachers of Family Medicine. Her report identifies several very positive learning experiences and she concludes that she is encouraged to believe that "we are on the right track to continue to develop our teaching unit in Steinbach".

Each year, the Manitoba College also provides \$1,000 each to two medical students, to enable them to attend Family Medicine Forum. Our congratulations to the 2010 recipients of the Chapter's Medical Student Award - Ms. Delphine Ruremesha and Ms. Carolyn Bulman.

Members are reminded that the **deadline for nominations** for "FAMILY PHYSICIAN OF THE YEAR" and the two "AWARDS OF EXCELLENCE" is **JANUARY 14TH, 2011**. The Executive Committee of the Chapter as well as the Awards Committee strongly encourages our members to nominate a worthy colleague for these awards.

Enclosed with this issue of the Newsletter are nomination forms for the above awards. These nomination forms may also be found on the College's website at www.mcfp.mb.ca under the Awards section.

Don Klassen, MD, CCFP, FCFP,
Chair, Awards Committee.

2010 NATIONAL COLLEGE AWARDS

The Manitoba College of Family Physicians would like to take this opportunity to congratulate the winners of the following National Awards:

Reg L. Perkin Award

Canada's Family Physicians of the Year

Dr. Anne M. Durcan

Awards of Excellence

Dr. Karen L. Juce

Dr. Joanne Maier

Leadership Awards for Family Medicine Residents

Dr. Kevin Earl

Family Medicine Resident Awards for Scholarship

Dr. Rehana Alarakhia

Medical Student Scholarships

Ms. Zahra Abhari

Leadership Awards for Medical Students

Dr. Trishia Penner

Life Members

Dr. Gabriel G. Lemoine

Dr. Wayne A. Van Horne

Fellowship

Dr. Dana Chlysta

Dr. Heather Frame

Dr. Richard Greene

Dr. Duane M. Hartley

Dr. Maureen F. Kennedy

Dr. Leonard L.E. Lockman

Dr. Diederik J. Müller