



The Manitoba College
of Family Physicians Inc.

Communiqué

June 2012

President's Message

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The Manitoba College of Family in its Physicians Inc., has 1127 members various membership categories. We are part of a national voluntary organization committed to quality patient care through promotion of the role of the Family Physician, provision of quality continuing medical education and maintaining excellent training programs.

The Four Principles of Family Medicine define our profession:

- The Family Physician is a skilled clinician.
- The Family Physician is a resource to a defined practice population.
- Family Medicine is community-based.
- The doctor-patient relationship is primary to the role of the Family Physician.

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Since assuming the Presidency in April at the Annual General Business Meeting there has been a flurry of activity at the Manitoba College of Family Physicians. Before filling you in as to what is going on at MCFP, I would like to take this opportunity to thank my predecessor, Dr. Tamara Buchel for her leadership and her service during her tenure as President. I took office during the Annual Scientific Assembly and I would also like to thank Dr. Helga Sickert and her ASA Committee for their tireless effort in creating, on an ongoing basis, the continuing professional development highlight of the year for Family Physicians in Manitoba. Again this year, scanning devices were used to track CPD credits and these were uploaded directly to CFPC making the tracking and reporting of CPD credits easier for the members. The Annual Scientific Assembly was not only educational but fun. As well as at the President's Banquet, we were treated to the sounds of Free Ride in their musical tribute to the Beatles. Even yours truly was up on the dance floor.

The MCFP has been involved in a Strategic Planning process for awhile now and this is in alignment with the CFPC that is also undergoing the same process. This is intended to provide a process that will inform the MCFP as to what it should be doing to better serve the membership and our patients, in order to facilitate the provision of the best Primary Care in a changing environment. At the ASA, feedback from the membership was sought and as well after the ASA, further feedback was requested by way of an E-Mail "Blast". Thank you to all who have provided their input and the MCFP would welcome any further feedback/input that is provided. The process culminated in a retreat in Gimli that took place on May 25th and 26th in which the Executive, senior staff, and some invited guests took part. This retreat was facilitated by Mr. Hubert Saint-Onge who is also facilitating CFPC in their Strategic Planning process. I would like to thank Dr. Carey Isaac for all of his work in helping the MCFP to prepare for this retreat. As a result of that retreat the MCFP will be moving forward with the Strategic Planning/Management Process and you will be kept apprised of any developments. Again, any input you can provide would be welcome.

We continue to promote the concept and principles of the Patient's Medical Home when we meet with representatives of Manitoba Health on a monthly basis to discuss issues related to the provision of Primary Care in the environment of Primary Care Networks. We endeavour to work with Manitoba Health to ensure that the provision of Primary Care takes place in a manner that aligns with our values and as such ensures that Primary Care is provided in a patient centered environment wherein the Family Physician continues to play a central role as it has been shown that a continuous relationship between a patient and a Family Physician results in better health outcomes.

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With regard to the provision of Primary Care, The National Board of Directors of the College of Family Physicians of Canada (CFPC) met in St. John, New Brunswick May 31- June 3 and there was much discussion with regard to many issues relevant to Family Practice. For more details with regard to this meeting please see the Executive Director's Report in this issue of "Communique".

As you may know Dr. Gary Beazley stepped down as Executive Director of the MCFP. As such there was a process undertaken to find a new Executive Director and after engaging in that process I am pleased to report that as of July 1st, Dr. Tamara Buchel will assume the position of Executive Director of the MCFP. We look forward to Dr. Buchel's leadership in her new position in order to move the MCFP forward so that our Strategic Plan will come to fruition and provide the MCFP with the ability to best represent and advocate for our membership and the people (our patients) of Manitoba so that Primary Care will be provided in the best, evidence-based, patient centered, mileu possible.

Ian J. Goldstine MD., CCFP, FCFP,
President

Executive Director's Message



I am absolutely delighted to greet you as your new Executive Director! This is an exciting time in Manitoba for Family Physicians and the Manitoba College of Family Physicians is dedicated to being engaged in such exciting endeavors as the Patient's Medical Home/Primary Care Networks, improving access, and EMR implementation. Together we can achieve the goal of every Manitoban having a personal family physician by 2015.

Further to our Strategic Planning Session in Gimli in May, we have identified several goals on which to focus in the next several years. As your Executive Director, I am looking forward to throwing some energy into these and seeing them progress. These include:

- Ensure access to Family Physicians for Manitobans
- MCFP will promote the role of Family Physicians to all stakeholders
- Ensure policies and funding models promote the effective development of team-based care in the Medical Home model.
- Engage and mobilize members
- Education: Increased involvement of Community-based family physicians in the continuum of education
- Collaboration with other organizations towards common goals

Dr. Ian Goldstine, Dr. Paul Sawchuk, and myself attended the National CFPC Board of Directors meeting in St. John, New Brunswick in early June. Highlights from that Board Meeting include:

- In Manitoba, approximately 80% of all family doctors are members of MCFP – this is amongst the highest across Canada – something to be proud of!

- A Steering Committee is being struck in regards to implementation of the Patients' Medical Home across Canada
- A resolution was passed supporting the CFPC to oppose the cancellation of the interim health plan for refugees
- Occupational Medicine was approved as a program within SIFP (Special Interest/Focused Practice)
- "Prevention in Hand" – a self-management for patients' website collaboration between PHAC (Public Health Agency of Canada) and CFPC will be released in November 2012
- Mainpro changes reminder: minimum of 25 per year; online submission for all
- A new "Red Book" (the accreditation standards for Family Medicine residents) will be released shortly – a Triple C (Comprehensive, Continuity, Centred in Family Medicine) competency-based curriculum will be reflected in the new Red Book
- Harmonization of the CCFP and MCCQE2 exams will take place in Spring 2013 – this means that residents will write a single exam that covers both
- FMEC-PG (Future of Medical Education in Canada – Postgraduate) was officially released March 29, 2012 – the CFPC was a major contributor to this vision

I'd like to acknowledge and thank Dr. Gary Beazley for blazing the trail as our first Executive Director. His guidance and hard work are much appreciated. I look forward to spending time and energy further developing this role at the Manitoba College of Family Physicians. There is huge opportunity!

Have a fantastic summer! Enjoy your friends and families!

Tamara Buchel, MD, CCFP,
Executive Director

Annual Scientific Assembly News

Just before heading into another, hopefully, great Manitoba summer, the ASA Committee is hoping to get in their debriefing meeting on the most recent ASA, April 19th – 21st. We thank everyone for filling out their evaluation forms and making comments so that we can use this information to plan next year's event. A superficial review of this last ASA shows that our initial projections of increased attendance did not come to pass, and so the new smaller venue at the Victoria Inn should remain adequate for our needs. In general, the feeling is that this venue is excellent and that the fit is good for our event. We seem to have dealt with some of our initial first year difficulties and sound quality and room size were better managed this year. There are some costs associated with this, but the conference seems to be able to break even, which is the mandate that the Executive of the College has given us. Discussion at the planning committee level regarding costs for speakers and whether we would like to bring in higher priced lecturers continues, and any input from the membership on this is welcomed.

After the debriefing session and some discussion regarding a direction and potential theme for next year, the ASA committee will next meet in the Fall for its full day planning session. I would like to continue to encourage anyone with exciting thoughts and ideas for continuing medical education to contact the College and hopefully join us. Many hands make light work and new members are always welcome!

I would like to take this opportunity to wish everyone a glorious prairie summer (hopefully the weather will co-operate!) and remind you to already block off the time for next year's ASA – April 11th to 13th, 2013. It will be another wonderful opportunity for quality CME and the chance to mingle with your local colleagues!

Helga Sickert, MD,
Chair, Annual Scientific Assembly Committee

Research Report

Family practice research is on the cusp of new possibilities in Manitoba and nationally. On the national level there is new interest in research at the CFPC and the most recent draft of the new College strategic plan includes a new emphasis on research. This is not to say that research has replaced the other priority areas of education, CPD and advocacy but rather that it has been added to them. This new strategic plan should be finalized later this year. The Section of Researchers of the College is also working on a new strategic plan that seeks to expand research beyond academic family docs. To do this we will need to build partnerships with interested community based docs to bring them the resources they need to be involved in research, even if this is in a minimal way.

At the local level the Department of Family Medicine is working to build some of those resources. These resources will support an active, vibrant group of community based physicians who are interested in asking research questions or contributing to answering questions by recruiting patients for studies or even participating in surveys and other studies themselves.

Finding the resources to build the infrastructure to support these research initiatives is challenging. Nevertheless we are slowly moving in the right direction.

If you are interested in participating in research with other family docs in any way (no previous experience or expertise needed) please let me know and I will follow up with you as we move towards starting our own Community Based Primary Care Network. Akatz@cpe.umanitoba.ca.

Alan Katz, MD, CCFP, FCFP,
Chair, Research Committee.

Continuing Professional Development

Continuing professional development continues to evolve at local, national, and international levels. The work of the CFPC's National Committee on Continuing Professional Development (NCCPD) and the Mainpro Standards Working Group (MSWG) is focused on meeting the challenges of developing and updating the framework (guidelines and policies) on which educational programming for Family Physicians is provided in this country. In order to keep the profession informed about issues related to the planning of, (Mainpro) accreditation of, and provision of CPD programs, workshops will be offered at the Family Medicine Forum in Toronto this coming November and it is hoped that anyone involved in program planning/scientific committee work, or accreditation of programs will attend as these workshops will be an excellent opportunity to engage the profession in regard to CPD related issues and obtain feedback as well as provide education in this very important and changing area.

Speaking of change, yours truly provided a brief update of changes to Mainpro at the Annual Scientific Assembly this past April and the membership was advised, as previously noted in the December edition of *Communique*, that as of January 2013 there will be a requirement that all reporting of Mainpro credits be done electronically.

The other change in 2013 will be mandatory annual reporting of Mainpro credits with the minimum annual requirement being 25 Mainpro credits of any category (Mainpro C, M1, or M2). This aligns with the revalidation process currently in place in Manitoba and other jurisdictions and is in keeping with the principle of life-long learning which is an ongoing, continuous process.

The MSWG and the NCCPD are continuing to work on modifications to the Mainpro framework in order to make it more intuitive, user friendly and better able to encompass the various things that physicians do that do not "fit" easily into the current Mainpro framework.

These proposed changes have been endorsed by the MSWG and the NCCPD and have been discussed with the Membership Advisory Committee of the CFPC. Part of the process also involves the Working Group on Maintenance of Certification and Fellowship. The National Executive and Board of the CFPC have also been involved in the discussion. These proposed modifications to the Mainpro framework have not been approved as of yet and there will be more discussion as the process continues. As one can see there has been, and there will continue to be, extensive consultation with CFPC leadership and the membership will also be consulted as part of the process. Following on the presentation at this past ASA (there were similar presentations at ASAs in other provinces) there will be further membership engagement at FMF this November in Toronto, possibly in a "Café setting. Stay tuned for further developments and opportunities to learn more and provide feedback with regard to this very important issue.

As the Chair of the MSWG and NCCPD I would like to thank all of the Working Group and Committee members as well as the Reviewers/Accreditors nationwide who work so hard to facilitate the CPD process.

I would also like to thank Dr. Cam Stacey who is also a Mainpro Accreditor and is the Manitoba representative to the NCCPD. I would also like to thank all of the great staff without whom nothing would get done; thank you to Ms. Susan Patek, Ms. Kari MacKinnon, Dr. Jamie Meuser, Ms. Lori Hill, Ms. Margaret Cheung, Ms. Deborah Blois, Mr. Dilip Patel, Ms. Michelle Chen, Ms. Diane Hamilton, and Ms. Naheed Ali for their invaluable and untiring help, guidance and support.

Ian J. Goldstine MD, CCFP, FCFP,
Mainpro M1 Accreditor,
Chair, National Committee on Continuing Professional Development

Speak Up About Workplace Safety!

The WCB and Safe Work Manitoba are conducting a survey of Manitoba workplaces and need your voice!

The survey asks about challenges that your organization is experiencing, what you need in order to improve workplace safety, services that you value, and how you would like to receive those services. This information will help identify the supports and services needed to build a safer Manitoba. The views of workplaces of all sizes, industries and locations are needed, so your participation is important.

For your opportunity to speak up about workplace safety, visit <http://winnipeg.mnpthinkingfwd.ca/workplaceinjuryandillnessprevention/> or go to www.wcb.mb.ca and click on News > News & Events from the homepage.

For more information, please email injury.prevention@mnp.ca

Family Medicine Interest Group Report

It has been another great year for the University of Manitoba's Family Medicine Interest Group (FMIG), a student-run group committed to providing medical students with a go-to source for everything regarding Family Medicine.

The FMIG committee has not only grown in numbers due to the opening of new positions, but it also managed to hold more events throughout the school year than ever before, thereby improving its ability to reach out to medical students from all four years. This is important as it provides those considering Family Medicine as a career path with a chance to listen to real-life experiences from both a personal and professional perspective and ask any questions they may have.

The events held by the FMIG provided information about various components of Family Medicine and included two CaRMS Info Sessions, three Suture Clinics, and five Speaker Series. The Speaker Series were lunch-hour presentations regarding topics students wished to know more about, ranging from "Life and Work Balance" to "How to Start your Own Practice." The FMIG also held an interactive Meet & Greet Dinner at the Winter Club, which was kindly funded by the MCFP, in conjunction with the University of Manitoba's Rural Interest Group. Both urban and rural Family Physicians were present, allowing 50 medical students to ask questions about both streams in a more intimate environment.

Other highlights of the year included tying for first place with Memorial University at the CFPC's Annual "Walk for the Docs of Tomorrow," and the presence of the FMIG's Section of Medical Students (SOMS) Representatives at the two CFPC's SOMS Council meetings. These meetings, held in Montreal in November of 2011 and in Mississauga in March of 2012, strengthened the University of Manitoba's FMIG connection to FMIGs from other universities across Canada.

A huge thank-you goes out to the MCFP for generously funding all of the University of Manitoba's FMIG activities throughout the year. This year's pursuits would not have been possible without your moral and financial support! Stay tuned for another year full of growth, lead by the energetic and wonderful Oana Florescu, a soon-to-be second year medical student.

Melina Zylberman
FMIG Senior Chair 2011-2012

Awards Committee

The Awards Committee would like to remind all Manitoba College members to be on the lookout for deserving colleagues for each of our annual Awards. You can submit an application whenever you have identified someone you'd like to nominate.

Our Awards include the 2 Awards of Excellence, the Family Physician of the Year Award and the Claude H. Murphy Continuing Education Award. The Claude H. Murphy Award is open to any member who wishes to develop or improve their skills as a teacher and preceptor of medical learners. The deadline for this award is August 17th, 2012. Please go to www.mcfp.mb.ca/awards to see the criteria for this award and to access the application form.

**Don H. Klassen, MD, CCFP, FCFP,
Chair, Awards Committee.**

THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC



FAMILY PHYSICIAN OF THE YEAR DR. FRANCES BERARD

The Manitoba College of Family Physicians Inc. is pleased to announce that Dr. Frances Berard of Notre Dame de Lourdes is the recipient of the Manitoba *Family Physician of the Year* Award for 2012.

Dr. Berard graduated from the Faculty of Medicine of the University of Manitoba in 1989. Following 2 years of Residency training at the Family Medical Centre of St. Boniface General Hospital, she became Certified in Family Medicine. In her first year of practice she served at the Kildonan Medical Centre as a replacement for a physician on sabbatical. She commenced practice in Notre Dame de Lourdes in 1992 and continues to serve that community as well as a satellite clinic in Miami Manitoba.

Over the years, she has enhanced her professional development through many continuing medical education courses, with particular emphasis on the provision of obstetrical and emergency care.

Dr. Berard is fluently bilingual and this has led to other roles and challenges. She is the Associate Director of the Bilingual Family Medicine Program at the University of Manitoba and a Preceptor in the program, teaching second year Family Medicine Residents since 2006. She also serves as a Preceptor for medical students from the Universities of Sherbrooke and Ottawa.

Since 2000 she has served as a Practice Advisor for numerous International Medical Graduates in rural Manitoba.

Dr. Berard served as President of the Manitoba College of Family Physicians from 2008 to 2009. She has served on 3 committees of the Manitoba Medical Association and as Chief of Staff of the Notre Dame Hospital. Her current committee work includes 2 Committees of the College of Family Physicians of Canada and 4 additional Committees within Manitoba.

Dr. Berard is a cross country ski enthusiast and for many years has instructed children and organized many events.

In all of this she has been enthusiastically supported by her medical colleagues, her clinic staff and her husband and daughters.

AWARDS OF EXCELLENCE

The Honours and Awards Committee of the College of Family Physicians of Canada, through the Awards of Excellence program, has recognized two Manitoba Family Physicians for merit in the discipline of Family Medicine.



DR. MORAG FISHER is honoured for her outstanding commitment to working with marginalized, mainly female, populations for more than 25 years. Since joining the Addictions Foundation of Manitoba (A.F.M.) in 2002, she has provided family practice care to women in the A.F.M. Residential Treatment Program (River House). She presents many educational events and assists in the ongoing development of the Methadone Maintenance Program of A.F.M.

Since 1998, she has taught in the Med 1 curriculum in addictions.

DR. MICHAEL S. HARLOS

is honoured for his lead role in the development of clinical and academic programs in Palliative Care both in Manitoba and beyond. He has contributed to the education of undergraduate medical and nursing students as well as practicing Family Physicians. In 2005 he was awarded a College of Family Physicians of Canada Janus Scholarship to pursue training and develop a curriculum in Pediatric Palliative Care. He is currently Co-Chair of the Canadian Network of Palliative Care for Children.

