



The Manitoba College of Family Physicians (MCFP) is pleased to announce a brand new and convenient continuing professional development (CPD) offering to our members. We will be working together with the Alberta College of Family Physicians (ACFP) to bring to you their world-class Tools for Practice library and an opportunity to take advantage of the ACFP's latest CPD offering, GoMainpro, at a 50% discounted rate.

## GO MAINPRO

### What is GoMainpro?

GoMainpro is an online accreditation tool that facilitates MAINPRO® accreditation for the ACFP's Tools for Practice library which has been accredited for Mainpro-M1 credits by the College of Family Physicians of Canada (CFPC). The combination of the CFPC's Direct Entry Program and GoMainpro's tracking and reporting features provides an easy and convenient way to earn Mainpro-M1 credits.

### How does it work?

Once you have read a Tools for Practice article, you may launch a reflective exercise. Submit your responses and GoMainpro will record the credits you've earned. By joining as a partner, the MCFP has offset subscription fees by 50% for its members. Subscribers can choose from two levels:

- **Level-1 subscription** allows to you earn 0.25 Mainpro-M1 credits on 24 Tools for Practice Articles (6.0 M1 credits) annually (**OCFP members pay \$47.50**) and
- **Level-2 subscription** allows you to earn 0.25 Mainpro-M1 credits on up to 48 articles (12.0 M1 credits) annually (**OCFP members pay \$75.00**).

Annual subscriptions expire on December 31, 2015. For more information download the GoMainpro fact sheet: [http://www.acfp.ca/wp-content/uploads/2014/10/GoMainpro\\_Factsheet.pdf](http://www.acfp.ca/wp-content/uploads/2014/10/GoMainpro_Factsheet.pdf)

### Who can sign up for GoMainpro?

Anyone can sign up for GoMainpro. Those who are MCFP members will automatically have the 50% discount applied upon registration. The full subscription cost will be applied to non MCFP members.

### How do I sign up?

Simply sign up and create a user account. Be sure to register with your CFPC Member ID and the email address associated with your MCFP membership and you will automatically receive the discounted price.

MCFP members will have the opportunity to subscribe to GoMainpro at a 50% discounted rate. Residents receive a GoMainpro subscription for free.

### How is the capturing and tracking of credits done?

After submitting reflective exercise, close the window and navigate to the My Dashboard screen to show the summary total of the credits you have just earned. The capturing of the credits is done automatically. The combination of the CFPC's Direct Entry Program and GoMainpro's tracking and reporting features provides an easy and convenient way to earn Mainpro-M1 credits.



### **When will my credits be submitted?**

The following is a schedule when GoMainpro credits will be submitted to the CFPC's Direct Entry Program. You will receive confirmation directly from the CFPC by email.

January 15, 2015:

Accreditation report for 2014

April 1, 2015:

January 1- March 31, 2015

July 2, 2015:

April 1 – June 30, 2015

October 1, 2015:

July 1 – September 30, 2015

First week of January 2016:

Export report from October 1 to December 31, 2015

### **How does Tools for Practice relate to GoMainpro?**

Articles from Tools for Practice library are made available through GoMainpro which automatically records your credits upon completion of the reflective exercise.

### **Can I claim credits for articles read through Tools for Practice, without having a GoMainpro subscription?**

You may claim M2 credits for self-directed, unstructured CPD/CME activities such as reviewing/reading the TFP articles that are sent to you bi-weekly, or available in the TFP library on the ACFP website. Mainpro-M2 credits are claimed on a one credit per hour of participation basis. It would be fair to estimate that 1 TFP would be .25 M2 credits.

CFPC members may also use the CFPC Linking Learning to Practice (LLP) exercise to earn credits. LLP is a self-administered, semi-structured exercise that challenges you to look at day-to-day activities as learning opportunities. Reviewing/reading a TFP article could be used to form a question that would become the basis of the LLP exercise. Each completed LLP exercise earns two (2) Mainpro-C credits and two (2) bonus Mainpro-M1 credits. For more information please visit: [http://www.cfpc.ca/Linking\\_Learning\\_to\\_Practice/](http://www.cfpc.ca/Linking_Learning_to_Practice/)

### **How does GoMainpro add value to my continuing professional development?**

The new and convenient continuing professional development offering will be beneficial for the following reasons:

- ✓ Over 100+ up-to-date and relevant evidence-based and peer-reviewed articles
- ✓ 50% Discount for MCFP members
- ✓ Residents can subscribe for free
- ✓ Biweekly article "pushed out" to members
- ✓ Convenient and easy
- ✓ Earn credits anytime, anywhere

**Who do I direct my questions to?** If you have any questions about GoMainpro, email [gomainpro@acfp.ca](mailto:gomainpro@acfp.ca) or call Susan at the ACFP office at 780-488-2395.



## TOOLS FOR PRACTICE

### What is Tools for Practice?

Tools for Practice (TFP) is a biweekly article summarizing medical evidence with a focus on topical issues and practice modifying information. It is coordinated by G. Michael Allan, MD, CCFP and the content is written by practicing family physicians who are joined occasionally by a health professional from another medical specialty or health discipline. Each article is peer-reviewed, ensuring it maintains a high standard of quality, accuracy, and academic integrity.

### Who developed it?

The Alberta College of Family Physicians has supported the publishing and distribution of the Tools for Practice library since 2009. Tools for Practice is coordinated by Dr. G. Michael Allan (Mike), Associate Professor in the University of Alberta Department of Family Medicine.

TFP content is developed free of industry bias and is based on the best available evidence.

### How does it work?

The MCFP has agreed to allow the ACFP to directly email you the Tools for Practice articles.

- Members of the Manitoba College of Family Physicians will automatically receive biweekly articles at no cost.
- If you are not a member of the MCFP, and would like to receive the TFP e-mails at no cost, you may subscribe to the mailing list at <http://bit.ly/signupfortfp>.

### How do I unsubscribe from Tools for Practice?

Every Tools for Practice article you receive biweekly gives you the option to unsubscribe.

### Are the articles in the Tools for Practice library accredited?

Each article accessed through the Tools for Practice library is eligible for 0.25 M1 credits. The combination of the CFPC's Direct Entry Program and GoMainpro's tracking and reporting features provide an easy and convenient way to earn Mainpro-M1 credits.

Please note that credits earned through your GoMainpro subscription are subject to the CFPC's criteria for Internet-based CME. This category allows you to earn a combined maximum of 15 Mainpro-M1 credits per year for electronic "push technology" (where CME/CPD content is automatically sent to you via email), as well as "pull technology" (where CME/CPD content is retrieved through database libraries and programs). Electronic credits earned in excess of 15 Mainpro-M1 credits per year will be categorized as Mainpro-M2 credits.