



At a glance
Un coup d'oeil

Your Quarterly Newsletter
Votre Bulletin Trimestriel

Fall 2014 / Automne 2014

What's New?

Patient Medical Home website

The College of Family Physicians have recently launched a website on the Patient's Medical Home! www.patientsmedicalhome.ca

On this website you will be able to:

- ✓ View in-depth details of practices similar to PMH that exist in Canada.
- ✓ Access useful PMH resources for physicians, patients, policy makers and other health professionals
- ✓ Utilise our Self-Assessment Tool by answering self-reflective questionnaire that will help you analyse how closely your practice aligns with the principles of PMH

The Patient Medical Home in New Brunswick a.k.a. Family Health Teams

In our last Summer Newsletter, we advised you that the NB Department of Health had launched their Family Health Teams (FHT) Operational Guide, and was now accepting Letters of Interests Forms from physicians that are interested in being part of a FHT.

To elaborate on this, the NB Department of Health are accepting FHT Letter of Interests Form from FHT's within one of the 33 communities identified by NB Health Council.

Priority consideration will be given to communities that have a Community Health Needs Assessment (CHNA) published by their respective Regional Health Authority. The CHNA will help the FHT establish their strategic plan and identify which programs and services they want to offer. To view the 6 reports published by Horizon Health Network, click [here](#). Another 6 CHNA are expected to be published by the Horizon in March 2015. Vitalité Health Network's CHNA are still pending.

Interested FHT must first submit the Letter of Interest Form & wait to receive confirmation to proceed, and then submit the Application Form. Both forms can be found in the [FHT Operational Guide](#).

Super Family Physician Award

In honor of Family Doctor Week in Canada, The New Brunswick College of Family Physicians introduces for the first time this year a Super Family Physician Award. We ask patients to tell us why they have a Super Family Physician and we'll share their story on Facebook, our website and with their doctor! We will select one submission among the stories received and present an award to one Super Family Physician at our next Family Medicine Conference. For more information, visit our [website](#).

Read 2 submissions we have received so far from patients: [Nomination for Dr Robert Boulay](#)
[Nomination for Dr Kalyani Srinivasan](#)

THE NEW BRUNSWICK
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU NOUVEAU-BRUNSWICK

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UN CHAPITRE DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

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What's New? (Continued)

Awards in New-Brunswick

Congratulations to the following 2014 awards winners in New-Brunswick:

Canada's Family Physician of the Year for NB

- ✓ Dr Sharon Northorp, Moncton

Leadership Award for Family Medicine Residents

- ✓ Dr Ghislain Lavoie, Université de Sherbrooke
- ✓ Dr Robert Pomerleau, Dalhousie University

Family Medicine Resident Award for Scholarly Achievement

- ✓ Dr Jean-Francois Simard, Université de Sherbrooke
- ✓ Dr Anne-Andrée Martin-Fortier, Université de Sherbrooke
- ✓ Dr Meggie-Anne Roy, Université de Sherbrooke
- ✓ Dr Amélie Sauvé, Université de Sherbrooke
- ✓ Dr Leanne Hewitson, Dalhousie University

Medical Student Scholarship

- ✓ Mrs Catherine Allard, Université de Sherbrooke
- ✓ Mrs Sara Davidson, Dalhousie University

Leadership Award for Medical Students

- ✓ Mrs Andréanne David, Université de Sherbrooke
- ✓ Mr William Stymiest, Dalhousie University

Award of Excellence

- ✓ Dr Martine Thériault, Bathurst

Life Members

- ✓ Dr Michael P. Keating, Saint John
- ✓ Dr Harold T. Popma, Sackville

Advocacy

Helmet law

As you may recall we sent a letter to the government encouraging the implementation of a helmet law in NB. [Read letter](#). We received a response from Minister Hon. Bruce Northrup to advise a Public Safety employee would respond to our letter. [Read response](#).

Preventative travel visits

We have also received a response from Minister Hon. Hugh Flemming declining our recommendation ([Read letter](#)) to add a Medicare service code traveller's preventative visits. [Read response \(French only\)](#).



A Message from the President

Dear Colleagues,

I wanted to share with you 2 wonderful programs I have recently discovered:



Often patients experience challenges when having to travel to other part of the province/country to access health care. Hope Air provides free flights to these people allowing them to get the health care they need! For more information:

www.hopeair.org or 1-877-346-HOPE



Give A Mile *To bring hope, hugs and
togetherness to loved ones
through flights of compassion.*

When someone is faced with a terminal illness or critical sickness, often the only comfort that can be found by the patient and their loved ones is being together. Give a Mile provides free flights to the patient or their loved ones allowing that visit to happen! For more information:

www.giveamile.org or 1-877-545-3050

Regards,

Marc-André Doucet, MD, CCFP

**Stay in touch with Family Medicine
from Coast to Coast!**



[Click here](#) and visit daily for
updated news!



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What's New? (Continued)

Family Medicine Conference

To better reflect the nature of the educational content being delivered during this conference, we have changed the name for our 2015 event to Family Medicine Conference. A few other changes to take note:

- ✓ 1 day rates now available
- ✓ Will be held in June, instead of April
- ✓ New time format (Friday June 5, 2015 from 8:00am to 3:30pm + Saturday June 6, 2015 from 8:00am to 3:30pm)
- ✓ Free 2 day FMC for medical students
- ✓ Pre-conference to be held on day before FMC (Thursday June 4, 2015, time TBD)
- ✓ Post-conference (Mainpro C) to be held on last day (Saturday June 6, 2015 from 3:30pm to 6:30pm)

The FMC Program will be sent to you in early March 2015 with all the pertinent details. Stay tuned!

Choosing Wisely Canada

Choosing Wisely Canada is a campaign to help physicians and patients engage in conversations about unnecessary tests, treatments and procedures, and to help physicians and patients make smart and effective choices to ensure high-quality care. The College of Family Physicians of Canada has participated in this campaign and, conjointly with the Canadian Medical Association, have developed the following recommendation: [11 Things Physicians and Patients Should Question](#)

Patient area on our website

We have added a section on our website for your patients! In this section, patients will find information such as:

- ✓ Health tips
- ✓ Nomination form for our Super Family Physician award
- ✓ Link to register to the patient registry: Patient Connect NB
- ✓ PMH Imagine Campaign

You may refer your patients here: www.nbcfp.ca

In early March, together with our Family Medicine Conference Program, we will be sending you NBCFP business cards that you will be able to hand out to your patients. Stay tuned!

New Family Medicine Heritage website

CFPC captures 60 years of the College in a new history website! View NB's history at: www.familymedicineheritage.ca/chapters/new-brunswick



Financial Matters

Budgeted for 2014 As of November 28, 2014

Income	\$ 216 644.49	\$ 138 075.73
Expenses	\$ 214 340.62	\$ 188 214.15



Coming July 1, 2015

[Click here for more details](#)



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IN THE SPOTLIGHT



Dr Sharon Northorp

Canada's Family Physician
of the year 2014
for New-Brunswick

"Being a family physician has been a rewarding career. The most fulfilling part is following generations of patients, from birth to death, and the special relationship I've made with each one."

Dr. Sharon Northorp, from Moncton, New Brunswick, embodies what it means to be a family physician.

A graduate of Dalhousie University's medical school, Dr. Northorp received her certification in family medicine from the College of Family Physicians of Canada (CFPC) in 2006. Upon completion of her internship at Dalhousie University in 1987, she started her full-time practice with obstetrics services at Moncton Hospital.

Since 1992, Dr. Northorp has taught at Dalhousie's Department of Family Medicine and is very popular among residents and students. They attest to her knowledge and the passion she instills in each of them, and they appreciate her dedication to mentorship which "goes above and beyond the call of duty."

An advocate for community health and an active committee member, Dr. Northorp has participated with several organizations including the Greater Moncton Area Child Abuse Committee, the Moncton Hospital Board, the Moncton Breastfeeding Promotion Committee, and the Moncton Suicide Prevention Committee.

Dr. Northorp served as president of the New Brunswick College of Family Physicians from 2006 to 2008, and has been a member of the CFPC's Maternity and Newborn Care Committee since 2008. She has been the chair of NBCFP's Bylaws committee for over 8 years. She was selected by the CFPC to serve as Chair for the Reconciliation Panel with Health Canada in 2011.

Dr. Northorp raised her nephew Jeremy and niece Kathy as a single parent and has now been blessed with her first "grandchild!" When not working, Dr. Northorp enjoys gardening, bird watching, and travelling. Regular trips to Cuba provide opportunities for her generous spirit to share with those less fortunate. Even her vacations are an act of kindness.

JOBS

for Family Docs in NB



- ✓ Saint John - 8
- ✓ Fredericton - 7
- ✓ Doaktown - 1
- ✓ Perth-Andover - 1
- ✓ Plaster Rock - 1
- ✓ Woodstock - 1
- ✓ Oromocto - 2
- ✓ Miramichi - 1



- ✓ Dalhousie CHC C - 1
- ✓ Campbellton/Restigouche ER - 2
- ✓ Tracadie/Caraquet ER - 3
- ✓ Lamèque/Shippagan/Miscou Community - 1
- ✓ Shippagan Community - 1
- ✓ Caraquet Community - 1

For more information on these positions, please click:
[NB Careers in Health Care](#)

2015 AWARDS

Click here to nominate a colleague



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Questions and Answers

Q: I have patients that ask me to prescribe **marijuana** for their chronic pain, but I don't know enough about this treatment to feel comfortable prescribing it. Do any reliable resources exist?

A: The CFPC released the following preliminary document to guide family physicians in this area:
[Authorizing Dried Cannabis for Chronic Pain or Anxiety: Preliminary Guidance](#)
You can also find other useful information [here](#).

Q: Myself and other colleagues meet on a regular basis for **hospital/clinical rounds**, is this something that we could have Mainpro accredited?

A: Hospital or clinical rounds are eligible for Mainpro-M1 accreditation if developed and implemented in compliance with the requirements for provincial Mainpro-M1 accreditation as well as the specific guidelines listed here. Accreditation must be sought on an annual basis.

1. The department of family medicine or another relevant department of medicine will select topics based on a needs assessment informed by rounds evaluations, regional initiatives, physician-leader experiences, conversations with colleagues, and newly arising practice issues.
2. The needs assessment is to be used as the basis for establishing learning objectives and program design and content.
3. The department must select an appropriate speaker or presenter as determined by the topic:
 - The department should advise the speaker of Mainpro-M1 accreditation requirements.
 - Presentations must be generated by speakers, not by external agencies or individuals.
4. The department will select an appropriate venue and timing for presentations (should not be held external to the hospital or clinic unless the venue is appropriate for teaching and learning (eg, a university auditorium).
5. The department is responsible for advertising the rounds and providing registration, including attendance monitoring and providing a certificate of attendance bearing the Mainpro accreditation statement, on an annual or semi-annual basis (minimum).
6. All costs associated with the rounds, including speaker honoraria and food or refreshments for participants, will be paid by the department using pooled funds accumulated from unrestricted educational grants (may be from industry), provincial grants, and the like.
7. The department will gather evaluation data from presentations and will use this information to establish learning objectives for the following year.

Complete information regarding accreditation can be found within [A Guide to Mainpro Accreditation](#).
Click [here](#) to obtain your Quickconnect Application Checklist

Q: Where can I find the College's **advocacy** information such as policy statements?

A: Please visit our website at the following address: www.nbcfp.ca/resources/advocacy



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We'd love to
know...



Because we want to make sure we keep up to date with our member's changing needs and serve our members as best as we can, please take a moment to answer the following short questionnaire:

Maternity Questionnaire :

How are you reimbursed for maternity calls?

Do you feel that your scope of practice is well defined?

Are you allowed to:

- Use a vacuum
- Do inductions of labor
- Do ante-partum admissions?

In your workplace, do you use the AMPRO^{OB} program approach?

When you resuscitate a newborn, do you use the Neonatal Resuscitation Program concepts?

Other comments:



Upcoming CPD

Dec 9, 2014	Maintenir le cap	1 M1	Moncton
Dec 12, 2014	Emergency and Critical Care Ultrasound	8 MC	Saint John
Dec 12, 2014	The Continuum of Cardiovascular Care	2 M1	Moncton
Dec 17, 2014	Maintenir le cap	1 M1	Riverview
Dec 19, 2014			

Evaluate if your practice is aligned
with the PMH goals
Earn 2 M1 + 2MC
Click [here](#)

Family
Medicine
Conference



Conférence
en Médecine
Familliale

MONCTON (NB) • June/Juin 4,5,6-2015

Coffee Corner

You know you're in
New Brunswick when...

