Preliminary Program



SCIENTIFIC ASSEMBLY

LIVE STREAMING WEBINAR & IN PERSON

THE METROPOLITIAN ENTERTAINMENT CENTRE

NEW

LOCATION

281 DONALD ST, WINNIPEG, MB

APRIL 28, 2023

THEMES PRESENTED:

INTERNAL MEDICINE PRACTICE SUPPORT SEXUAL & REPRODUCTIVE HEALTH CANCER SCREENING GUIDELINES GENITOURINARY ADDICTIONS CHRONIC PAIN MENTAL HEALTH

> THE MANITOBA COLLEGE OF FAMILY PHYSICIANS



LE COLLÈGE DES MÉDECINS DE FAMILLE DU MANITOBA

REGISTRATION OPENS FEBRUARY 9, 2023





Welcome to the 65th Annual Scientific Assembly!

It is my great pleasure to welcome you all back to the Manitoba College of Family Physicians' 65th Annual Scientific Assembly. After 65 years we continue to provide the premier Family Medicine conference in Manitoba for our members.

This year's Annual Scientific Assembly is designed with you, our colleagues, in mind. We have worked hard to develop an exciting schedule full of useful clinical information. This is based on your feedback from evaluations over the past number of years, and we always work hard to take your honest comments into consideration. You will see we have streamlined this year's program to provide maximum, high yield sessions in a timely manner to maximize your learning.

As well, we are excited to have you join us in person after a successful number of years with our conference being provided virtually. We look to have learned from those years in order to deliver a program that is helpful to all our members across the province.

We hope that you find this Annual Scientific Assembly more than just an academic experience. This is an opportunity to make your practice life better and easier. Please be sure to see our community and clinical exhibitors for a number of resources to use in your practice.

Furthermore, the Annual Scientific Assembly is an opportunity to celebrate the winners of our many awards. We are pleased that we have the opportunity to celebrate winners from the past number of years in person this year.

I would like to thank the staff of the Manitoba College of Family Physicians for their ongoing work and dedication to make this a meaningful event for our members. I would like to thank the members of the Continuing Education and Research committee which plan the Annual Scientific Assembly. Their enthusiasm for high quality continuing medical education helps make this event a success every year.

We look forward to seeing you in April, and look forward to celebrating Family Medicine together!



2023 Continuing Research & Education Committee

We are so thankful for the hard work and dedication that the members of the Continuing Research & Education Committee put into organizing this conference. Their commitment to providing valuable resources and opportunities for learning is truly inspiring. We are grateful for their efforts and cannot thank them enough for helping to make this event possible.

Committee Chair

Dr. Ian Alexander, MD CCFP Assistant Professor - Department of Family Medicine Selkirk Medical Associates, Selkirk Regional Family Medicine Specialty Lead - Interlake Regional Health Authority

Committee Members

Dr. Ganesan Abbu, MD Chb CCFP, FCFP C.W. Wiebe Medical Centre, Winkler

Dr. Tamara Buchel, MD CCFP, FCFP Program Director, Postgraduate Education. Department of Family Medicine. Max Rady College of Medicine Kingsbury Family Medical Centre, Winnipeg **Dr. Julie Lamb,** MD CCFP FCFP Maple Creek Medical, Sunnyside

Dr. Richard Rusk, DVM MD CCFP MPH, DipABPM. ABPM Assistant Professor, Community Health Sciences, Max Rady College of Medicine

Lisa Goss, MBA CEO/Executive Director, MCFP

Annual Scientific Assembly

PHILOSOPHY & LEARNING OBJECTIVES

The Family Physician will:

- Gain knowledge about new concepts in the delivery of family medicine
- Gain knowledge and skills to apply to their everyday practice
- Be given an opportunity to discuss concepts that are controversial and innovative
- Be challenged by new innovations in medicine and continually apply these to
- their practice
- Leave the program with confidence in new skills and gain tools to explore new
- ways of obtaining information and expanding his or her knowledge.



CME REBATES

The CME rebate program is negotiated and administered through Doctors Manitoba. Manitoba Health provides the reimbursement for CME costs, and this is made possible through the hard work and negotiations of Doctors Manitoba. The Annual Scientific Assembly would qualify for reimbursement of registration fees.

https://doctorsmanitoba.ca/benefits-insurance/benefits/cme-rebates

The 65th Annual Scientific Assembly has been certified for 1 Mainpro+ credit per hour

Webinar / In-person Access Fees

Registration Opens February 9, 2023 & Closes April 26, 2023, 4:00 p.m.

FEE DOES NOT INCLUDE GST	IN PERSON	ONLINE ONLY
CFPC Member Physician	\$275.00	\$200.00
Non-Member Mainpro Participant	\$375.00	\$300.00
First 5 Years in Practice Physicians	\$225.00	\$125.00
Allied Health Care Professional	\$400.00	\$300.00
Resident	Free	Free
Family Medicine Interest Group	Free	Free

Cancellation Policy: Please be aware that there is a \$50 cancellation fee on all refunds

As always, breakfast, lunch and coffee breaks are included in your registration fee.

Register Online Now!

FRIDAY, APRIL 28, 2023 SCHEDULE AT-A-GLANCE



7:15 am - Registration Opens (Breakfast Buffet Opens 7:40 a.m.)

8:00 am - 9:00 am Annual Members Meeting

9:05 - 9:15 am - Opening Remarks - Honourable F. (Gigi) Osler

9:15 - 11:05 am - Block One - Internal Medicine

1.Office Ophthalmology – What does a family doctor need to know? – Dr. Angela Yen Minh Cung, CCFP

2.Dermoscopy for the Family Physician – Dr. Dan Hunt

3. Look at what came through the door! Entities to consider. - Dr. John Embil

4. Dyslipidemia in 2023: The Search for Uncomplicated Guidance –

Jamie Falk, PharmD

11:05 - 11:20 am - Morning Wellness Break

11:20 - 12:20 pm Block Two - Practice Support

- 5. Disability Forms Anyone? Dr. Alan Katz
- 6. Rethinking Primary Care Access, AIM for a better approach Dr. Alex Singer
- & Dr. Allison Paige
- 7. Northern Manitoba First Nations Anti-Racism Response System: An
- Innovative Transformation of Medical Services Dr. Yvette Emerson

12:20 - 1:15 pm - Lunch Buffet & Awards Celebration

FRIDAY, APRIL 28, 2023 SCHEDULE AT-A-GLANCE



1:15 - 2:55 pm - Block Three – Sexual Reproductive Health, Cancer, Screening & Genitourinary Conditions

8. Self-sampling for cervical cancer screening: can it work in Manitoba? – Kelly

Bunzeluk - Cancer Care Manitoba

9. Colorectal cancer screening: how does FIT fit into the Manitoba screening program? – Laura Coulter - Cancer Care Manitoba

10. An Overview of the Approach and Management of Common Men's Health

Conditions – Dr. Premal Patel

11. Dysuria and Pelvic Pain Syndromes in Physiotherapy: Clinically Relevant Tools

and Advice for Patients from the Physiotherapy Perspective – Jamie Wheaton

Donaldson, B.A., BMR (PT)

12. Managing Mastitis in 2023 – An update from the Academy of Breastfeeding

Medicine. – Dr. Christina Raimondi, MD CCFP IBCLC PMG-C & Dr. Katherine Kearns,

MD CCFP, FCFP, IBCLC

2:55 - 3:10 pm - Afternoon Wellness Break

3:10 - 4:50 pm - Block Four - Addictions, Chronic Pain, & Mental Health

13. ADHD/Anxiety/Depression - Is this patient struggling with Anxiety or ADHD? – Dr. Larry Klassen, MD, FRCPC

14. Managing the Mental Health Impact of the COVID-19 pandemic – Dr. Maxine Holmqvist, Ph.D., C.Psych. & Sydney Kingstion, M.A., Resident (PGY-1), Clinical Health Psychology

15. Addictions - Practical addictions management tools for your office -

Dr. Ginette Poulin RD, MD, CCFP(AM), FCFP, CISAM, CCPE, CMCBT

16. Opioid Agonist Therapy - The Basics for Non-OAT Providers – Dr. Joanna Lynch CCFP (AM), FCFP

17. Chronic pain – physiotherapy, a new tool in your chronic pain management toolbox. – Nathan Augeard, PT, PhD(c)

Full Program Coming Soon!





Complete Session Details and Learning Objectives

Presenter Bios

Sponsor Highlights

Member Mingle Event

Prizes

Resource Room - Take Home Information





THE MANITOBA College of Family Physicians



LE COLLÈGE DES MÉDECINS DE FAMILLE DU MANITOBA

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