



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

# 2018-2019 ANNUAL REPORT

# **CONTENTS**

Governance	3
Presidents Message	4
Executive Director's Message	5
Mission, Vision, Four Principles of Family Medicine and Goals	6
Committees	7
Annual Awards	8
Annual Scientific Assembly	9
Continuing Professional Development	10
Treasurers Report	11
Financials	12-17



## **GOVERNANCE**

#### **BOARD MEMBERS**

#### **Executive / Finance Committee**

Dr. Ian Alexander - President

Dr. Ainslie Mihalchuk - Past President

Dr. Joanna Lynch - Treasurer

Dr. Ganesan Abbu – Secretary

#### Members at Large

- 1. Dr. Karen Appel (Director at Large Urban)
- 2. Dr. Theo Fourie (Director at Large Rural)
- 3. Dr. John Hedden (IMG Committee Chair)
- 4. Dr. Steven Gravelle (First Five Years of Practice (FFYP))
- 5. Dr. Mindy Eklove (Resident Rep)
- 6. Dr. Alexei Berdnikov (Resident Rep)
- Dr. Ashley Bhullar (First Five Years of Practice (FFYP))
- 8. Katrina Leong (Family Medicine Interest Group)
- Dr. José François (University of Manitoba Ex. Offio)
- Dr. Mark Boroditsky (Doctors Manitoba Ex. Offio)



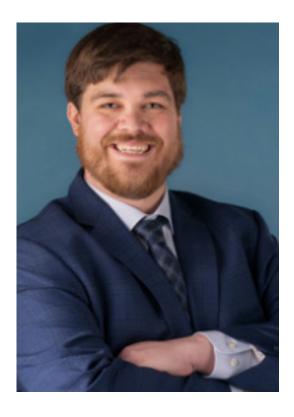


#### **BOARD OF DIRECTORS**

The Manitoba College of Family Physicians (MCFP) is a chapter of the national College of Family Physicians of Canada (CFPC).

All business of the MCFP is overseen by its Board of Directors, members of which are all family physicians.

## PRESIDENT'S MESSAGE



Dear Colleagues,

Over the past 12 months the Board of Directors has seen various transformations throughout the healthcare system across Manitoba. This has led to ongoing challenges for many physicians, and we recognize the impact those changes have had on our members and our patients. We have continued our advocacy regarding the importance of family physicians with our stakeholders across the province. We believe that family physicians play a vital role in our current and future healthcare systems, providing continuity and comprehensive patient-centred care.

The Board of Directors has continually strived to uphold the three strategic goals at the forefront of every single discussion and decision made. These strategic goals

include: Improving the health status of Manitobans through the advocacy and promotion of family medicince (FM); Providing value to membership through the promotion and advancement of FM; Developing and sustaining skilled family physicians throughout the continuum of practice..

The Board of Directors has recognized that the College must be adaptive and responsive to be involved in the important healthcare discussions of today. As such, we have decided to undertake a thorough restructuring of College operations. Restructuring has included a full time Executive Director with extensive experience in healthcare, social services, and not-for-profit leadership, who will modernize the College operations including Board governance, financial management, and the transition to a skills-based Board.

There is much work to be done, and as a Board we look forward to working with you, our members, to advance our College and the important role of Family Physicians in healthcare discussions across Manitoba. I encourage you to join with a growing number of our members who wish to have a voice in the work of our College. We will continue to engage our members in meaningful ways that influence the direction and action of the MCFP.

I look forward to serving as your President of the MCFP for the next year and remain excited about the great work that we can accomplish together in that time!

Sincerely,

Dr. Ian Alexander

# **EXECUTIVE DIRECTOR'S MESSAGE**



It gives me great pleasure to speak about about the MCFP's 2018/2019 fiscal year and the successes of this long-standing organization.

By the fiscal year end, October 31st, 2019, the MCFP had a solid relationship built with stakeholders, including the regional health authorities, Manitoba Health and the new Shared Health. The brand of MCFP was well understood within the public and the reach was provincial.

Looking back over this last fiscal year I appreciated learning about your many committees and representatives that brought varied perspectives to the college. As a previous presenter, I enjoyed learning more of what went into the ASA and the diligence and excellence the ASA committee has continually upheld.

The continuing professional development and Annual Scientific Assembly (ASA) enabled the MCFP's members to maintain their practice knowledge and skill set while advancing their understanding of current issues among trusted peers and colleagues. This Manitoba wide event has always been well attended and valued by health professionals across all sectors.

The 2019 year was a significant year for family medicine in Canada. It marked the 50th year of the Certification in the College of Family Physicians of Canada (CCFP) special designation and the Certification Examination in Family Medicine. In Manitoba, the Board was busy imagining what the College could look like moving forward as they posted the first full time Executive Director position in the history of the Manitoba chapter!

Although this report is about the days before I came to the MCFP, I would like to take a moment to say how grateful I am to be a part of this organization and this Board's vision for the future. As I write this, I find myself anticipating next years report and the opportunity to document all of the activities that the Board, committees, staff and myself accomplish as a team!

Meegwetch,

Lisa Goss
Executive Director

#### **MISSION**

Working to improve the health of Manitobans through the achievement of our strategic goals in collaboration with our stakeholders.

## **VISION**

Improving the health of Manitobans through Family Medicine.

# THE FOUR PRINCIPLES OF FAMILY MEDICINE

- 1. The family physician is a skilled clinician;
- the family physician is a resource to a defined practice population;
- 3. family medicine is a community-based discipline;
- 4. and the doctor-patient relationship is primary to the role of the family physician.

## STRATEGIC GOALS

#### GOAL #1

To Improve the Health Status for Manitobans through Advocacy and the Promotion of the value of Family Medicine

- Ongoing engagement with Health Stakeholders in the Province of Manitoba
- Promotion of the CFPC's Patient Medical Home
- Promotion of the CFPC's Family Medicine Professional Profile
- · Increased investment in the promotion of Socially Accountable Actions and Practices

#### **GOAL #2**

To Bring Value to our Members through the Promotion and Advancement of Family Medicine

- Establishing the Manitoba College of Family Physicians as the voice of Family Medicine with Health Stakeholders in the Province of Manitoba
- Creation of regular Member Forums to seek action on issues that impact your practice through the engagement of Health Stakeholder Leadership

#### GOAL #3

To Develop and Sustain Skilled Family Physicians through the Continuum of Practice

- Ongoing high quality Continuous Professional Development (CPD)
- The Annual Scientific Assembly (ASA) continuous improvement based upon attendee feedback
- Boardroom education sessions that showcase the best of the ASA and other impactful topics
- Commitment in 2019-2020 to develop new ways of engaging members and expanding the outreach of CPD across the province
- Sharing of tools that impact your practice e.g. poverty tools

# **COMMITTEES**

# 2019 ANNUAL SCIENTIFIC ASSEMBLY COMMITTEE

Chairperson: Dr. Ganesan Abbu

#### Members:

Dr. Shilpa Alex

Dr. Tamara Buchel

Dr. Robert Kruk Dr. Julie Lamb

Dr. Richard Rusk

Dr. Sourabh Maiti

Dr. Luisa Menjivar Ponce





# INTERNATIONAL MEDICAL GRADUATE COMMITTEE (IMG)



Chairperson: Dr. John Hedden

# FIRST FIVE YEARS OF PRACTICE COMMITTEE (FFYP)



Chairpersons: Dr. Steven Lenoski & Dr. Ashley Bhullar

# **2019 ANNUAL AWARDS**

#### **AWARDS COMMITTEE**

Mandate: To develop criteria, review nominations/ applications and select recipients for all MCFP awards.

Chairperson: Dr. Sarah Kredentser

Members: Dr. Mark Duerksen, Dr. Sheldon Permack,

Dr. Anthony Wiens, Dr. Anne Durcan,

Dr. Cynthia Swatsky



## **2019 AWARD WINNERS**



GARY BEAZLEY PATIENTS MEDICAL HOME AWARD
ACCESS Downtown



CLAUDE H. MURPHY AWARD
Dr. lan Alexander



PHYSICIAN OF THE YEAR
Dr. Kevin Coates



AWARD OF EXCELLENCE
Dr. lan Whetter



AWARD OF EXCELLENCE
Dr. Nichole Riese

# **2019 ANNUAL SCIENTIFIC ASSEMBLY**

The Annual Scientific Assembly (ASA) is Manitoba's premier conference for family physicians. The ASA Planning Committee strives to find the educational balance for our members whether they are in office practice or hospitalists; urban or rural practitioners. As such, the ASA has adopted this philosophy when planning your Annual Scientific Assembly:

#### The Family Physician will:

- gain knowledge about new concepts in the delivery of medicine;
- gain knowledge and skills to apply to his or her everyday practice;
- be given an opportunity to discuss concepts that are controversial and innovative;
- be challenged by new innovations in medicine and continually apply these to his or her practice;
- and leave the program with confidence in new skills and gain tools to explore new ways of obtaining information and expanding his or her knowledge.

If you are a regular attender of the ASA you may have noticed that, in the past few years, it has often discussed the role of family doctors and social accountability. In 2019, Dr. Sara Goulet gave the keynote presentation on meeting the healthcare calls to action for those impacted by the residential school system from the Truth & Reconciliation Committee. We also tackled some hot topics, such as the debate on marijuana for pain management, prescribing exercise to the reluctant patient, and a discussion on that keto diet our patients are asking about.

From pediatrics to geriatrics and everything in between – the ASA covers the full spectrum of family medicine. Not bad for two days!











# CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

A primary objective of the Manitoba College of Family Physicians (MCFP) is to promote a culture of excellence within the medical profession. This promotion includes developing and sustaining skilled family physicians through the continuum of practice. This overall objective is satisfied by offering educational sessions and the Annual Scientific Assembly.







#### **MEMBERSHIP**

Membership at the MCFP provides significant benefits for doctors and residents living in the province of Manitoba. These benefits include:

- The ability to use special designations upon meeting requirements: MCFP (Member), CCFP
  (Certificant) or FCFP (Fellowship) designation a symbol of excellence in family medicine that
  is recognized worldwide. The designations signify to patients and peers that you have met high
  standards for training and are committed to lifelong learning.
- Full access to the quality Mainpro+® programs used to enhance your ongoing CME/CPD interests and requirements.
- Advocacy and policy development on behalf of members with governments, other health care
  associations and key decision makers to represent the needs and interests of family physicians
  across Canada.
- · Access to Self LearningTM Program.
- Access to the Canadian Library of Family Medicine services, and member programs at competitive rates.
- Preferential rates for Family Medicine Forum, and provincial annual scientific assemblies (ASAs).
- Funding and recognition opportunities through the CFPC Honours and Awards program.
- Member discounts on products and services.

As of October 31st 2019, there are a total of 1,530 active members in the province of Manitoba!

#### TREASURERS REPORT



As Treasurer for the Manitoba College of Family Physicians I can attest that the financial statements found within this annual report have been reviewed and audited by Booke & Partners. The financial statements have been distributed in both digital and hard copy formats. The Board of Directors has met with the auditor, an in-camera session was held, and the Board of Directors passed a motion to accept the audited financials for the 2018/2019 year as presented. The financial position of the College is strong.

The financial report for the fiscal year 2018 / 2019 indicates that the MCPF had an overall operating surplus of \$23,554, notwithstanding that there was again, no increase in membership fees. There was an overall increase in revenue from 2018 that resulted from higher membership rates. An additional factor that has accounted for the positive balance was the absence of an Executive Director salary for a portion of the fiscal year.

You will note that a prior period adjustment has been made in the financial statements for 2018. This was to reverse duplicate revenue recorded in 2018 that resulted in an overstatement of revenue in continuing professional development. I would like to also note that we have a continued liability or commitment, including the office lease which expires in 2022.

When revenues and expenses are compared in our continuing professional development (CPD) area you will note a deficit of (\$1,896). Our plan for 2020 is for a full evaluation of our CPD, not only for financial viability but for value and access for members.

The MCFP Investments are comprised of fixed income securities. The College's primary investment objective is capital preservation. Portfolio allocations have therefore been heavily weighted in fixed income securities to meet the stated objective. The expected rate of return from the investment portfolio is dependent on current interest rates offered in the open market. The investment portfolio's allocations and returns are reviewed on an annual basis by the College's Executive Committee. \$399,000 of investments has been internally restricted by the Board of Directors to ensure the College is able to respond to opportunities and threats as they arise.

In 2020 we will focus on a capital plan, renewed policy, an IT greening plan and an increase in technology to decrease our carbon footprint and to meet the continuing learning standards of our members. It has my pleasure to act in this role, to improve the financial strength of the organization and to provide this report to my colleagues and peers.

Sincerely,

Joanna Lynch, MCFP Treasurer



500 - Five Donald Street Winnipeg, Manitoba R3L 2T4 Tel: (204) 284-7060 Fax: (204) 284-7105 www.bookeandpartners.ca

#### **Independent Auditors' Report**

To the Members of The Manitoba College of Family Physicians Inc.

#### Opinion

We have audited the accompanying financial statements of The Manitoba College of Family Physicians Inc. (the "College"), which comprise the statement of financial position as at October 31, 2019, and the statements of operations, changes in fund balances and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material aspects, the financial position of the College as at October 31, 2019, and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditors' Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the College in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Other Information

Management is responsible for the other information which comprises the College's annual report.

Our opinion on the financial statements does not cover the other information and will not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information identified above and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated.

The annual report is expected to be made available to us after the date of the auditors' report. If, based on the work we will perform on this other information, we conclude that there is a material misstatement of this other information, we are required to report that fact to those charged with governance.

Responsibilities of Management and Those Charged with Governance for the Financial Statements
Management is responsible for the preparation and fair presentation of the financial statements in
accordance with Canadian accounting standards for not-for-profit organizations, and for such internal
control as management determines is necessary to enable the preparation of financial statements that are
free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the College's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the College or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the College's financial reporting process.

#### **Independent Auditors' Report - continued**

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to
  fraud or error, design and perform audit procedures responsive to those risks, and obtain audit
  evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting
  a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may
  involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures
  that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the
  effectiveness of the College's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the College's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the College to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the
  disclosures, and whether the financial statements represent the underlying transactions and events in
  a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, Canada January 20, 2020

**Chartered Professional Accountants** 

Booke & Partners

The Manitoba College of Family Physicians Inc. Statement of Operations Year ended October 31	2019	2018 (Note 3)
Revenue Membership fees Continuing Professional Development (Page 11) College maintenance grant Ethical review fees Interest Family medicine interest group President's banquet AGM meals	\$ 220,129 184,302 88,158 6,800 9,921 - 1,375	\$ 205,419 184,413 59,989 10,200 7,169 4,000 2,660 332
Expenses Continuing Professional Development (Page 11) Administrative expenses (Page 12)	510,685 186,198 300,933	474,182 171,789 291,476
Excess of revenue over expenses	\$ 487,131 23,554	\$ 463,265 10,917

The Manitoba College of Family Physiciar Statement of Financial Position October 31	2019		2018 (Note 3)
Assets			
Current Cash Receivables (Note 4) Short-term investments (Note 5) Prepaid expenses	\$ 119,640 37,166 446,487 	\$	79,069 29,201 285,473 12,357
	615,664		406,100
Long-term investments (Note 5) Capital assets (Note 6)		_	153,156 3,890
	<u>\$ 615,861</u>	<u>\$</u>	563,146
Liabilities Current			00.400
Payables and accruals Government remittances payable	\$ 41,069 <u>4,170</u>	\$ —	23,186 <u>5,770</u>
Deferred membership fees Unearned session income	45,239 110,738 		28,956 97,377 483
	155,977	_	126,816
Fund Balances Unrestricted Internally restricted (Note 5)	60,884 		37,330 399,000
	459,884	_	436,330
	<u>\$ 615,861</u>	<u>\$</u>	563,146
Commitment (Note 7)			
Approved by the Board		1	
	Jeller	<u>_</u>	Director

The Manitoba College of Family Physicians Schedule of Revenue and Expenses - Cont Development  Year ended October 31		ofessiona 2019	I	2018 (Note 3	
Revenue Registration fees MainProC Exhibitors' fees Boardroom sessions CPD administration fees	\$	99,098 36,900 22,300 20,004 6,000	\$	90,480 41,223 35,150 7,360 10,200	
Expenses Audio/visual Committee Continuing professional development Exhibits MainProC Meeting space and meals Office insurance Office supplies Photographer Professional fees Promotion Registration Rent (Note 7) Speakers Sundry Telephone and facsimile Wages and benefits		6,616 11,425 33,757 9,185 28,856 32,656 157 896 355 3,150 2,199 5,801 9,398 4,977 131 781 35,858	_	5,828 12,025 39,453 12,197 20,914 21,836 154 788 406 2,035 3,339 7,387 9,398 4,517 435 704 30,373	
(Deficiency) excess of revenue over expenses	<u>\$</u>	(1,896)	\$	171,789 12,624	

The Manitoba College of Family Physicians Inc. Schedule of Expenses - Administrative Expenses		
	2019	2018
Year ended October 31  Amortization Annual general meeting Annual report Bad debts Bank charges Board Claude Murphy CPD Award College awards Courier expenses Equipment repairs Family medicine interest group First five years in practice Insurance Management contract Membership fees National meetings - expenses, travel, etc. Office supplies Past presidents Postage President's banquet Presidents expense Professional fees Rent (Note 7) Residents Specialist projects Stakeholder meetings Telephone and facsimile Wages and benefits	\$ 3,693 11,041 509 4,485 1,107 22,251 3,000 5,340 161 806 26,642 1,605 470 88,156 1,053 133 5,666 325 400 5,893 11,000 5,551 19,735 3,616 1,210 2,374 74,711	\$ 7,029 8,443 438 894 16,735 1,500 5,492 126 506 17,638 3,054 463 102,113 550 1,347 4,580 213 6,130 12,400 3,403 19,735 3,712 215 1,889 2,083 70,788
	\$ 300,933	\$ 291,476





A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA