



2021 ANNUAL REPORT

MANITOBA COLLEGE OF FAMILY PHYSICIANS

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President's Report

As we surpass the second anniversary of the global pandemic,
I would like acknowledge the invaluable contributions you, as
Family Physicians, make every day to the lives of your patients.

Manitoba's family doctors responded to the challenges posed
by Covid-19 by flexing our generalist muscles and leveraging the
trust our patients have in us. Whether by taking on new hospital roles,
becoming involved in local efforts to vaccinate, or offering virtual visits to provide
continuity of care, Family Doctors enabled the system to adapt to the rapidly
changing imperatives the virus presented us with.



Dr. Joanna Lynch President

While many of us are exhausted and disheartened, it is important to reflect on the fact that the actions we have collectively taken have made a huge difference, reducing loss of life and mitigating the impact of the pandemic on the health care system.

The pivotal role of Family Physicians in the system brings a unique perspective. We can anticipate the long-term effects that the pandemic will have on our patients, our communities, and ourselves. We see first-hand the toll it has taken on the mental health of Manitobans, the disproportionate effect it has had on the most vulnerable in our communities, the backlogs it has created and the effect that has on the care we provide. As your professional medical home, the Manitoba College of Family Physicians (MCFP) aims to help you elevate the issues that are concerning you, and advocate for change where needed, through active stakeholder engagement. We are also here to support you in your practice, by providing the continuing professional development because you need to continue to provide the highest quality care to your patients. We are committed to promoting and protecting the vital role that Family Physicians play in the system, for the benefit of all Manitobans.

Over the past year, the MCFP has been active in keeping Family Doctors at the center of the effort to manage the pandemic. The organization was a key partner in early education efforts and the push to include Family Physicians' offices in the vaccine rollout. We worked with national partners and local family physicians to develop a Covid-19 toolkit containing resources with local content. A highly successful partnership with University of British Columbia (UBC) resulted in immPACC, an initiative which was designed to help primary care clinics develop local strategies to reach out to the under- and un-vaccinated in their area. This project has been extended, and will now shift to assist clinics in addressing the unmet primary care needs resulting from delays in accessing care.



President's Report

The College has taken on an increasing role in continuing professional development. We have assumed the role of delivering certified Quality Improvement education on behalf of the CFPC across Canada. This training will help Family Physicians develop the necessary skills to continuously improve care delivery using their own data, and help them meet the requirements of provincial regulatory bodies for ongoing QI in their practices.

The second virtual ASA, held in April 2021, was highly successful and allowed rural and remote Family Physicians to participate in large numbers. The success of the virtual format has led to improved expertise in delivering high quality CPD to a larger audience. As we look forward to the 2023 conference, where we can again meet many of our colleagues in person, a virtual option will continue, in order to meet the needs of all of our members.

The MCFP is active in promoting the role of Family Physicians and the values of family medicine with stakeholders, including the provincial government and Shared Health. We work closely with our national organization on issues in common across Canada, such as advocacy for the post-pandemic continuation of virtual care that demands continuity of care at its core (see CFPC document "Access Done Right"). While much of this work occurs behind the scenes, we are also active in the public sphere, reaching out on social media and traditional media to support your work in the public forum. One example is the collaboration to endorse the "PaRx" program, an effort to encourage patients to get outside for the health and mental health benefits that nature provides (see www.parkprescriptions.ca for more information on how you can prescribe nature and National Park passes to your patients).

As President of the Manitoba College of Family Physicians, I look back with pride on the work that our organization and our colleagues have done in the past year. I would like to extend heartfelt thanks to Past President, Dr. Ian Alexander, whose long tenure as a member of the Board of Directors and Executive of the MCFP is at an end, for his dedication, insight, and immense contributions. I would also like to thank Lisa Goss, whose vast knowledge, energy and compassion are an inspiration. The challenges and rewards of our profession do not end with the pandemic, and I look forward to my final year in this role, to continue the work of supporting Manitoba's Family Physicians as we edge toward a new normal.

Dr. Joanna Lynch

President, Manitoba College of Family Physicians

Executive Director's Message

I would first like to acknowledge our members, as you have gone above and beyond this year. Your dedication never ceases to amaze me, even after 25 plus years working alongside Family Physicians.

Not all heroes wear capes... in the midst of this pandemic, you have worked tirelessly to eradicate the Covid-19 and protect and care for Manitobans. You have experienced fatigue, long hours, and you have sacrificed. No capes required, we had our heroes, and the real heroes here were you, our Family Physicians. You have been vital in getting us to the other side of this.



Lisa Goss Executive Director

I want to express my gratitude to our Board of Directors for their continued support in my role as Executive Director. A special thanks to Dr. Alexander for rolling up his sleeves and working along side me these past two years. He has given this College a decade of his time and he still has more to give. To Dr. Joanna Lynch, it is a privilege to work alongside such a strategic, pragmatic, and compassionate leader. Also, our engaged stakeholders, University of Manitoba, the College of Physicians Surgeons of Manitoba, MB Health, Shared Health, the Regional Health Authorities and of course Doctors Manitoba.

Last, but not least, I would like to mention the staff of the College, and thank them for their stellar work and their ongoing support. Their contributions make the MCFP a better place. Their passion to deliver service, their ability to find a solution and their drive to deliver high quality programming, has advanced our mission and goals.

This year has brought innovations, a strong financial position, a plan for a member space that will decrease our expenses and be a space for members to unite and meet. The Board of Directors passed a budget where our members' needs were the priority. We are investing in member education, by investing in technology so that we can continue to reach our members across the province and provide synchronized learning and meeting environments. Furthermore, when the time comes, our Board wants to celebrate Family Medicine, our award winners, and the fantastic work done by Family Physicians again.

Executive Director's Message

We have continued to create solid foundations to further grow the College. We brought in revenue for special projects that in turn are a value to Family Medicine. We worked on governance, our financial processes, and systems.

We are proud to say that we have over 1600 valued members, and when we message our members, on average more than 50% open those messages in the first 24 hours! This means you are listening, and we are invested in listening to you. We now have a cell phone so that you can reach the College by text message, and we have been busy working on a new website.

Manitoba represented the provincial Chapters to assist the College of Family Physicians of Canada in building a more user-friendly membership portal. In the coming months we will be working towards systems to facilitate Practice Improvement Essentials (PIE) across Canada because we know that Family Physicians are committed to providing the highest quality of care to the communities they support. We have advocated for Family Physicians with vaccine roll out and took on projects to help Family Physicians design initiatives that find unique and adaptable solutions for the communities they serve.

It has been my immense pleasure to serve this membership.

Meegwetch.

Lisa Goss

Executive Director, Manitoba College of Family Physicians



Mission, Vision & Values

Mission

Supporting Family Physicians in their role as the foundation of Manitoba's health system.

Values

Leadership Advocacy Relationships

Vision

We strive to be the professional home for all Family Physicians in Manitoba. We create opportunities to communicate, listen and respond to our members. We advocate for system change to improve health outcomes for our patients.



The Four Principles of Family Medicine

1. The Family Physician is a skilled clinician.





- 2. The Family Physician is a resource to a defined practice population.
- 3. Family medicine is a community- based discipline.





4. The doctor-patient relationship is primary to the role of the Family Physician.

Governance

Board of Directors as of October 31, 2021 (end of fiscal year)

MCFP Executive



Dr. Joanna Lynch President



Dr. Ian Alexander Past President



Dr. Ganesan Abbu Treasurer



Dr. Karen Appel Secretary

MCFP Directors at Large



Dr. Ashley Bhullar Director at Large



Dr. Manish Garg Director at Large



Dr. Padma Mongru Director at Large





Dr. Theo Fourie Director at Large Until September 2021



Dr. Steven Gravelle Director at Large Until November 2021

We would like to send our sincere thanks to the following members whose term ended April 2021, Dr. John Hedden, Dr. Mindy Eklove & Will Siemens.

We also appreciate the contributions of Dr. Jose Francois, Department of Family Medicine Head, Department of Emergency Medicine (interim), Max Rady College of Medicine | Rady Faculty of Health Sciences

Provincial Specialty Lead, Family Medicine Provincial Specialty Lead,

Emergency Medicine (interim), Shared Health, who participated as a guest and consultant to the Board.

MCFP Committees



Family Medicine Interest Group Committee

To raise awareness and understanding of the opportunities, roles, and responsibilities of family medicine through a variety of student-led and faculty-supported activities.



Residents Committee

To contribute to a strong and active voice to support, engage, advocate, and provide service to residents.





First Five Years Committee

To have a strong and active voice for early career physician members with a focus on areas that are important for Family Physicians in their first five (5) years of practice.



International Medicine Graduates Committee

To support members who identify as international medical graduates (IMG) through tools and programming designed to meet their identified needs.





Awards Committee

To celebrate the achievements of MCFP members and recognize their commitment to education, research, and excellence in the practice of family medicine.

Long service recognition goes to: Dr Sarah Kredentser, and Dr. Mark Duerksen who have both devoted many years to the Awards committee, thank you!

MCFP Committees



Continuing Education & Research

To develop and implement strategies to ensure the Annual Scientific Assembly (ASA) and all continuing education offers high quality, relevant and engaging experiences, and sessions to MCFP members. To determine member development priorities related to research and advise regarding relevant continuing professional development to address these priorities.



Social Accountability Committee

To explore the needs, opportunities, and barriers related to social accountability in family medicine and family practice.



Nominating Committee

To ensure that the Manitoba College of Family Physicians (MCFP) has a consistent roster of high-quality candidates for its Board of Directors and Committees. To ensure that new Directors and Committee Members have the necessary and appropriate skills and they are well oriented to the work of the College.



Audit and Finance Committee

To ensure that the financial management and financial well-being of the Manitoba College of Family Physicians (MCFP) is aligned with the organization's vision, mission, and strategic direction. To promote accountability, transparency, acceptable controls while managing and accounting for the acquisition, allocation and use of funds.

Interested in Family Physician Leadership... join a MCFP Committee! Email us at info@mcfp.mb.ca

Annual Scientific Assembly

It is our hope that that you found the program thought provoking and inspiring!

2021 brought the highest ASA attendance in years!







On behalf of the Continuing Education & Research Committee and the Manitoba College of Family Physicians (MCFP), it was our privilege to have welcomed you to our second virtual Annual Scientific Assembly. We hope that you enjoyed the proceedings and that the virtual program provided you with excellent continuing medical education right from the comfort of your own home or clinic.

The conference is designed in a format that aims to succinctly answer relevant clinical questions. These questions represent a composite of responses from last year's attendees. We are committed to include ideas that reflect the best clinical evidence and those most relevant to Family Physicians. Your feedback is crucial to the process of developing content that you find important.

Interested in being a part of our Continuing Education and Research Committee? Reach out, and be a part of developing a program designed by Family Physicians for Family Physicians.

Dr. Ganesan Abbu









Family Doctor Day 2021

The Manitoba College of Family Physicians celebrated Family Doctor Day on May 19, 2021. This important date was recognized in the Manitoba Legislative Assemble with an official proclamation from the Honorable Heather Stefanson, the Minister of Health and Senior Care.

Dr. Joanna Lynch and Dr. Jose Francois kicked off the morning with interviews at Global News Winnipeg and CTV Morning Live.

The Manitoba College of Family Physicians premiered a video of four amazing Family Doctors in Manitoba, Dr. Amanda Condon, Dr. Stephane Lenoski, Dr. Sara Goulet and Dr. Manish Garg. These members provided videos of themselves answering a few questions about their work and what it means to them. The compilation of those virtual interviews were shared on our social media.

Due to COVID we were unable to get together but through social media we celebrated the profession!















MCFP Special Projects 2021



Data Extraction

The MCFP aids in recruiting practices to allow for their de-identified data to be extracted to support capacity in primary care settings to conduct:

- Quality Improvement by developing reports for providers
- Research on primary care delivery and impact
- Disease Surveillance of common conditions

Practice Improvement Essentials (PIE)

In 2021 the MCFP signed an agreement with the CFPC to take the lead on PIE, a quality improvement course created by Family Physicians for Family Physicians.

Quality Improvement (QI) provides approaches and methods to assist Family Physicians in their commitment to stay at the forefront of providing high quality care, while improving the experience for patients and health care providers alike.



imm**PACC***



immPACC (Primary & Community Care) Mapping

immPACC is an engagement and co-design method that helps communities collectively explore how they could address structural barriers to immunization uptake. This method can be implemented well beyond the pandemic to steer community action.

If you are interested in any of these projects or if you want to learn more, email us! info@mcfp.mb.ca



Awards 2021

The 2021
Family Physician
of the Year
Dr. Christine
Buchel



Family Physician of the Year Award

This award is granted annually to recognize an outstanding Manitoba Family Physician who embodies the four principles of family medicine: who is a skilled clinician, community based, a resource to a defined practice population, and whose relationship with the patient is central to their role.

Dr. Christine Buchel is a humble teacher and mentor who has spent the majority of her career working from a harm reduction perspective to provide care and service to Winnipeg's most vulnerable populations. She has brought primary care to youth in school, newcomers, and women who have been exploited. She provided care for the trans/two spirited community, those with addictions or living with chronic conditions like HIV, those that are homeless and those who have experienced traumas such as residential school. Dr. Buchel was instrumental in the intake of almost 1500 new patients at the Aboriginal Health & Wellness.

Dr. Gary Beazley Patients Medical Home Award

The Manitoba College of Family Physicians has created the Dr. Gary Beazley (Patient's Medical Home) Award, recognizing the impact of an outstanding leader of Family Medicine. Dr. Beazley was a renowned Family Physician in Manitoba who, throughout his long career, embodied, exemplified, and championed many aspects of the Patient's Medical Home. He was passionate about teaching, he modeled comprehensiveness and continuity of care and was a powerful and outspoken advocate of inter-professional collaboration. This award is granted annually to the Family Physician or physician practice group that best embodies the principles of the Patient's Medical Home.

Aboriginal Health & Wellness Centre



The staff at the Aboriginal Health and Wellness Centre (AHWC) use a holistic approach to provide primary health care to their constituents. Primary care services are offered following the Medicine Wheel to address the physical, mental, spiritual and emotional wellbeing of the constituents they care for. The team works in collaboration with one another and is comprised of Family Physicians, cultural advisors, community health workers, social support workers, nurses, clinical psychologist, administrative staff and other allied health professionals.

Awards 2021

Award of Excellence

This award was created as a way for both the provincial and national Colleges to recognize Family Physicians who are worthy and recognized through nomination at the provincial chapter level. The Award of Excellence recognizes members who have made outstanding contributions to one or more of the following: patient care, community service, hospital or health care institutions, College activities (national and chapter), and teaching, research, or other elements of the discipline of family medicine.



The Family Medicine Obstetrics Network - Artemis Group

The Family Medicine Obstetrics Network – Artemis Group was created in 2007 by a group of family physicians (Dr. Amanda Condon, Dr. Jacqueline Gougeon, Dr. Ming Munikar, Dr. Katherine Kearns, Dr. Kelby Clerverly, Dr. Chaitasi Intwala, Dr. Sandra Lee, and Dr. Gabrielle Leung) practicing intrapartum obstetrics at St. Boniface Hospital in Winnipeg. A commitment to Family Medicine Obstetrics is core to the group, recognizing the importance of a family and community-oriented option for maternity care. Role modelling and ensuring family medicine residents have exposure to this aspect of family medicine practice is a priority.





Dr. David Willems is a passionate teacher and leader in HIV and addictions treatment in the community, with over 27 years of service to patients living in downtown Winnipeg.

Dr. Willems is known as a respected and sought-after mentor in family medicine. He has worked his entire career providing comprehensive care to very complex patients in community health centers. His nomination highlighted him as an excellent leader and colleague.

HEROISM

Celebrating Dr. Ken Hahlweg



Heroism consists of putting others first, even at your own peril.

That is what Dr. Ken Hahlweg did in October 2021, when he intervened during a violent attack on a staff person at Seven Oaks Hospital.

During the incident Dr. Hahlweg said he acted on instinct to protect another person, which likely saved the staff person's life.

Everyday Family Physicians save the lives of Manitobans, but this day, Ken took it one step further.

This page is dedicated to him and to honour his act of heroism.

Treasurer's Report 2020/2021

Dear Colleagues,

Dr. Ganesan Abbu Treasurer

I am pleased to provide the Treasurer's Report for the fiscal year ending October 31, 2021. The audited financial statements have been provided to each member and will become available on our new website.

Despite tremendous challenges resulting from the COVID-19 global pandemic, the financial position of the Manitoba College of Family Physicians (MCFP) remained strong throughout the 2020/2021 fiscal year. This has been achieved by prudent fiscal management, and ongoing revenues provided through the delivery of CPD programs.

Following a Request for Proposal (RFP) that was reviewed by the MCFP Board of Directors, and as approved at the 2021 Annual Meeting of Members, the 2020/2021 external audit was conducted by Heartland Chartered Professional Accountants. I am proud to provide their unqualified opinion on the 2020/2021 financial year, which does not identify any significant deficiencies or noncompliance with all appropriate laws and regulations.

As such, the MCFP continued to operate from a strong financial position for the entirety of the financial year. Your Board of Directors and Executive Director have ensured that assets have been maintained and grown, while ensuring that even in challenging times, expenses have not exceeded revenue. This has been accomplished by amortizing our outstanding assets, and strategically reducing expenses, without reducing services to our members.

Your ongoing membership has helped support the operation of the MCFP and has strengthened our organization. This ongoing support helps grow our College and allows us to advocate on behalf of Family Doctors across Manitoba.

It has been a great privilege to serve as your Treasurer for the 2020/2021 fiscal year.

Dr. Ganesan Abbu, Treasurer

Manitoba College of Family Physicians



THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC. Statement of Financial Position October 31, 2021

			2021	2020
	ASSETS			
CURRENT Cash Term deposits Accounts receivable Prepaid expenses		\$	324,225 405,104 11,015 5,879	\$ 187,078 394,321 35,829 915
FIXED ASSETS			746,223 5,882	618,143 4,194
		\$	752,105	\$ 622,337
CURRENT	LIABILITIES			
Accounts payable and accrued liabilities Goods and services tax payable Employee deductions payable Deferred income		\$	20,341 133 983 116,699	\$ 9,943 - 1,441 83,764
		_	138,156	95,148
COMMITMENTS				
Unrestricted Internally restricted	NET ASSETS	_	214,949 399,000	128,189 399,000
		_	613,949	527,189
		\$	752,105	\$ 622,337

ON BEHALF OF THE BOARD

____ Director

Director





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THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC. Statement of Operations Year Ended October 31, 2021

		2021	2020
REVENUE			
Membership services and administration (Schedule 1)	\$	332,246	\$ 339,204
Continuing professional development (Schedule 2)		89,817	86,387
Special projects (Schedule 3)	7	10,765	-
	_	432,828	425,591
EXPENSES			
Membership services and administration (Schedule 1)		303,744	308,211
Continuing professional development (Schedule 2)		31,559	50,075
Special projects (Schedule 3)		10,765	72
	_	346,068	358,286
EXCESS OF REVENUE OVER EXPENSES	\$	86,760	\$ 67,305





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THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Membership Services and Administration Year Ended October 31, 2021

(Schedule 1)

	Budget 2021 (Unaudited)			Total 2021		Total 2020
THE WE						
REVENUE						
The College of Family Physicians of Canada Membership dues	\$	162,000	s	235,793	S	235,657
Transfer payment	Þ	58,000	Þ	60,130	Þ	38,464
Family Medical Forum surplus income		30,000		22,713		55,959
ramily medical roldin surplus income	_					
region of the property	_	220,000		318,636		330,080
Other revenue						
Interest and other revenue		5,000		4,804		9,124
Gain on sale of fixed assets		2017-201		8,806		
	_	5,000		13,610		9,124
	_	225,000		332,246		339,204
EXPENSES						
Administrative						
Amortization		-		654		1,825
Audit		6,000		6,490		9,409
Bad debt		-		-		4,262
Bank charges		1,500		146		1,106
Bookkeeping		10,000		7,200		8,400
Credit card charges		3,500		4,870		2,276
Courier		300		94		39
Donations and flowers		200		-		-
Equipment lease		6,000		2,900		-
Insurance		1,300		1,700		-
Internet		1,700		1,658		714
IT services		10,000		10,280		-
Legal		1,200		80		-
Memberships		1,000		118		500
Miscellaneous		-		5,200		183
Office				124		.7
Payroll service fees		1,470		1,436		1,407
Postage		200		375		116
President's honorarium		12,000		11,440		12,000
Professional expense		4,000		200000		prophery
Printing		800		597		1,79
Professional development		2,000		165		0000
Rent		40,000		35,806		38,530
Repairs and maintenance		500				-
Staff		500		364		558
Subscriptions		3,600		1,975		2,509
Supplies		4,000		2,491		3,71
Telephone		2,000		1,587		2,145
Wages and benefits		224,900		194,289		196,393
Workers compensation board	-	350		277		224
		339,020		287,116		288,102



THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Membership Services and Administration (continued)
Year Ended October 31, 2021

(Schedule 1)

	Budget 2021 (Unaudited)		Total 2021	Total 2020
Board				
Food	2,000		515	727
Honorariums	13,600		8,765	11,125
Insurance	1,200		927	423
Pictures	800		600	5000
Retreat	1,300		1,400	1,295
Supplies	2,400		900	-
Travel	600		-	586
	21,900	ov	13,107	14,156
Committee				
Awards	2,600		536	2,625
Food	800		317	2,200
Meeting honorariums	8,000		-	-
Speaker fee	10,500		1,040	1,128
Supplies	800		1,628	-
Venue	300		-	-
	23,000		3,521	5,953
	383,920		303,744	308,211
NCOME (LOSS) FROM OPERATIONS	\$ (158,920	\$	28,502	\$ 30,993

THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Continuing Professional Development Year Ended October 31, 2021 (Schedule 2)

		Budget 2021 Inaudited)		Total 2021		Total 2020
REVENUE Annual Scientific Assembly registration fees Annual Scientific Assembly exhibit fees Continuing professional development		75,000 5,000 15,000	\$	72,817 - 5,000	\$	68,019 - 9,985
MainPro certification		9,000		12,000 89,817		8,383 86,387
EXPENSES Accreditation Committee honorariums Committee meetings Equipment rental		13,000 7,000 500 17,000		900 6,700 117 13,825		1,245 6,700 76 19,062
Food Giveaways Speaker fees Supplies Venue		2,800 5,000 3,000 5,500 1,000		990 4,500 1,000 3,527		1,021 6,915 6,690 8,366
INCOME FROM OPERATIONS	<u> </u>	54,800 49,200	s	31,559 58,258	s	50,075 36,312

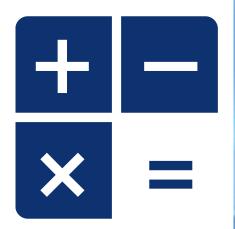
THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Special Projects

(Schedule 3)

Year Ended October 31, 2021

		Total 2021		Total 2020
REVENUE				
Data extraction project	<u>\$</u>	10,765	\$	-
EXPENSE Bank charges		25		-
Board honorariums Bookkeeping Insurance		560 500 175		
IT services Office supplies		250 150		-
President's honorarium Printing Rent		560 25 500		-
Subscriptions Telephone		200 50		
Video Wages and benefits		900 6,850		-
Workers compensation board		20		-
		10,765		-
INCOME FROM OPERATIONS	\$	-	\$	-



2020/2021 Project Partnerships









THE COLLEGE OF FAMILY PHYSICIANS OF CANADA



LE COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA





THE MANITOBA COLLEGE OF FAMILY PHYSICIANS



LE COLLÈGE DES MÉDECINS DE FAMILLE DU MANITOBA

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