

ANNUAL REPORT



2020

THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

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President's Report

Dear colleagues,

I am very proud to provide you with my President's Report for the 2019–2020 Annual Report.

The past year has raised previously unimaginable challenges, and yet this has provided us an opportunity to reflect on the vital role Family Physicians play in the health system. This pandemic has further reinforced the importance of Family Physicians, and the high-quality primary care that they provide. With the rapid adoption of Virtual Care, we have seen now more than ever, the importance of the patient-physician relationship, and the continuity of care that Family Physicians provide.

You will have noticed that our College has continued to produce innovative ideas that will help celebrate the work of Family Physicians, and advocate with stakeholders regarding that invaluable work. Some of the documents you have seen include the Patient's Medical Neighbourhood, the Virtual Care Supplement in the Patient's Medical Home, and the Evidence Summary for the Patient's Medical Home.

We have continued to work tirelessly behind the scenes to modernize the structure and operations of the College. You will notice that we have moved from our old representative Board, to an adaptable skills-based Board. We have been working towards this change for some time now, to ensure that we can use best skills from Family Physicians across the province for the good of our organization. I feel confident that our new Board structure, with the support of our various committees, will lead to a more efficient, responsive, and engaging structure for our College.

Perhaps most importantly, your Board of Directors has found a way to maintain and expand the services that we offer to members in a time of financial strain. The College remains in a strong financial position despite the COVID-19 pandemic and has the resources available to remain agile and responsive as we continue our recovery from this unprecedented challenge.

As my time as President of the College comes to a close, I want to thank the Board of Directors, staff of the College, for their hard work and willingness to engage in innovative processes over the past two years. I would also like to thank my colleagues, and my family for their unwavering support during my time as President. As well, I want to thank all of our members across Manitoba, as the dedication that you have shown to your patients and communities over the past year has been nothing short of incredible.

Lastly, I look forward to supporting our new President, Dr. Joanna Lynch, in her transition to lead this College as we continue to work for Family Physicians across Manitoba.

The Manitoba College of Family Physicians is well positioned strategically and financially.

Take care,



Ian Alexander MD CCFP



"The College remains in a strong financial position despite the COVID-19 pandemic and has the resources available to remain agile and responsive."

Executive Director's Message

On behalf of myself and the staff of the Manitoba College of Family Physicians we want to express our gratitude for your efforts surrounding the COVID-19 pandemic. We can't begin to understand how challenging this has been. Your commitment to Manitobans, the care you that have provided your patients, and the endless sacrifices that you've made during this time really highlights the crucial role of the family physician.

As a provincial membership organization with over 1500 family physicians serving and treating patients in their communities across Manitoba, the MCFP takes our leadership role in the system very seriously. We are working diligently to address the rapidly changing situations posed by the COVID-19 virus. The Manitoba College of Family Physicians is committed to providing member services, and that commitment continued this year while we tried to manage restriction.

I am personally grateful for my role here at the College, and I am honored to be of service to the Membership.

This next year we look forward to enhancing programming, creating continuing professional development opportunities that are meaningful to members, and working with stakeholders to further our position in the landscape of health care in Manitoba. The staff at the College are invested in bringing value to your membership, advancing your position and protecting the title and specialty that is Family Medicine.

Meegwetch,



Lisa Goss
Executive Director



"Your commitment to Manitobans, the care you that have provided your patients and the endless sacrifices that you've made during this time really highlights the crucial role of the family physician."

Our Mission

Working to improve the health of Manitobans through the achievement of our strategic goals in collaboration with our stakeholders.

Our Vision

Improving the health of Manitobans through Family Medicine.

The Four Principles Of Family Medicine



The family physician is a skilled clinician.



The family physician is a resource to a defined practice population.



Family medicine is a community-based discipline.



The doctor-patient relationship is primary to the role of the family physician.

Strategic Goals

GOAL #1 - To Improve the Health Status for Manitobans through Advocacy and the Promotion of the value of Family Medicine

- Ongoing engagement with Health Stakeholders in the Province of Manitoba
- Promotion of the CFPC's Patient Medical Home
- Promotion of the CFPC's Family Medicine Professional Profile
- Increased investment in the promotion of Socially Accountable Actions and Practices

GOAL #2 - To Bring Value to our Members through the Promotion and Advancement of Family Medicine

- Establishing the Manitoba College of Family Physicians as the voice of Family Medicine with Health Stakeholders in the Province of Manitoba
- Creation of regular Member Forums to seek input on issues that impact your practice

GOAL #3 - To Develop and Sustain Skilled Family Physicians through the Continuum of Practice

- Ongoing high quality Continuous Professional Development (CPD)
- The Annual Scientific Assembly (ASA) will undergo continuous improvement based upon attendee feedback.
- Boardroom education sessions that showcase the best of the ASA and other impactful topics
- Commitment in 2019-2020 to develop new ways of engaging members and expanding the out-reach of CPD across the province

Governance

Board of Directors as of October 31, 2020 (end of fiscal year)

Officers



Dr. Ian Alexander
President



Dr. Joanna Lynch
President-Elect



Dr. Ganesan Abbu
Secretary - Treasurer

Directors At Large



Dr. Karen Appel
Director at Large Urban



Dr. Theo Fourie
Director at Large Rural



Dr. John Hedden
MG Rep



Dr. Ashley Bhullar
FFYP



Dr. Steven Gravelle
FFYP



Dr. Mindy Eklove
Resident Rep



Will Siemens
FMIG

We would like to send our sincere thanks to the following members whose term ended during 2020

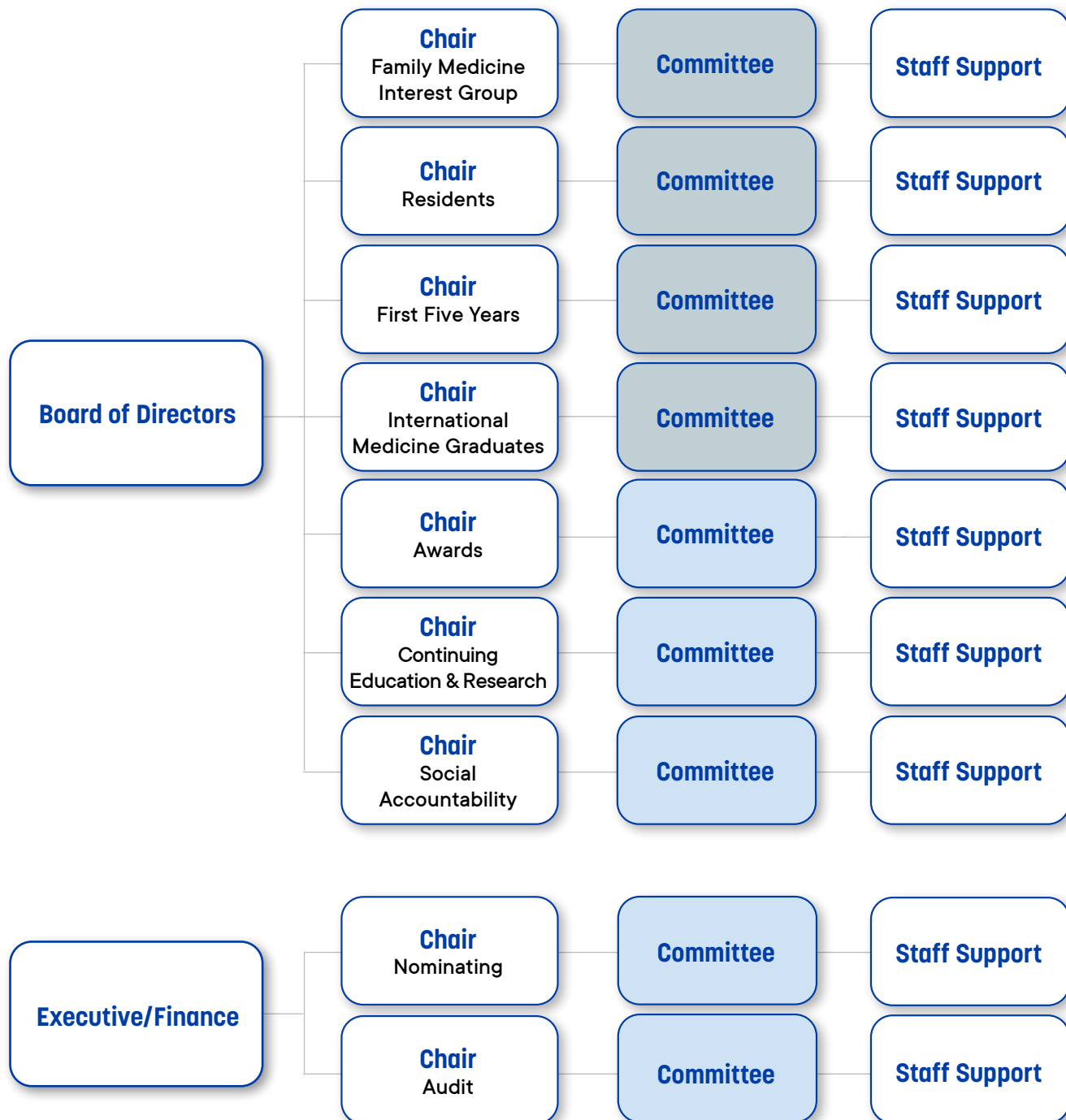
Dr. Ainslie Mihalchuk - Past President until April 2020

Katrina Leong - FMIG Chair/Medical Student until June 2020

Dr. Alexei Berdnikov - Resident Rep until June 2020

We also appreciate the contributions of Dr. Jose Francois from the University of Manitoba and Dr. Mark Boroditsky from Doctors Manitoba who participated as guests and consultants to the Board.

MCFP Governance/Committee Structure 2021-2026



Legend

- Strategic Committee
- Representative Committee



Family Medicine Interest Group Committee

To raise awareness and understanding of the opportunities, roles, and responsibilities of family medicine through a variety of student-led and faculty-supported activities.



Residents Committee

To contribute to a strong and active voice to support, engage, advocate, and provide service to residents.



First Five Years Committee

To have a strong and active voice for early career physician members with a focus on areas that are important for family physicians in their first five (5) years of practice.



International Medicine Graduates Committee

To support members who identify as international medical graduates (IMG) through tools and programming designed to meet their identified needs.



Awards Committee

To celebrate the achievements of MCFP members and recognize their commitment to education, research, and excellence in the practice of family medicine.



Continuing Education & Research

To develop and implement strategies to ensure the Annual Scientific Assembly (ASA) and all continuing education offers high quality, relevant and engaging experiences, and sessions to MCFP members. To Determine member development priorities related to research and advise regarding relevant continuing professional development to address these priorities.



Social Accountability Committee

To explore the needs, opportunities, and barriers related to social accountability in family medicine and family practice.



Nominating Committee

To ensure that the Manitoba College of Family Physicians (MCFP) has a consistent roster of high-quality candidates for its Board of Directors and Committees and that new Directors & Committee Members have the skills needed and are well oriented.



Audit and Finance Committee

To ensure that the financial management and financial well-being of the Manitoba College of Family Physicians (MCFP) is aligned with the organization's vision, mission, and strategic direction and to promote accountability, transparency, acceptable controls while managing and accounting for the acquisition, allocation and use of funds.

Annual Scientific Assembly/Continuing Education & Research

As with most things, last year's Annual Scientific Assembly was quickly switched from an in-person event to a virtual event. Although there was some apprehension around pivoting to a virtual event in such a short amount of time, the results were incredible. If this past year has taught us anything, it is that with a little ingenuity, motivation and support we are capable of great things. We are grateful to the speakers who agreed to present their educational sessions for our membership. Their commitment to the success of the Annual Scientific Assembly was unparalleled.



At A Glance:



8 Continuing Professional Development Sessions



1 Two-Day Conference (virtual)



- **218** Attended the Annual Scientific Assembly
- **115** Attended smaller Continuing Professional Development workshops

Attendance:

November 16, 2019

19 LEAP Mini

November 21, 2019

12 Herbal Cannabis for Pain Management

November 27, 2019

17 Drug-to-Drug Interactions

December 04, 2019

16 Drug Impaired Driving

December 7, 2019

12 ADHD Across the Lifespan

January 29, 2020:

17 Drug Impaired Driving

February 27, 2020:

12 Drug Impaired Driving

October 15, 2020:

10 Drug Impaired Driving (Virtual)

April 23 & 24, 2020:

218 62nd Annual Scientific Assembly (Virtual)

2020 Recipients of Honours & Awards



Manitoba's Family Physician of the Year

Dr. Wendy Smith

Dr. Wendy Smith is originally from New Brunswick, she received her BSc from the University of New Brunswick and thereafter her MD from Memorial University of Newfoundland in 1987. She came to Manitoba "for just one year" in 1987, but after completing a rotating internship she was drawn to the J. A. Hildes Northern Medical Unit (now known as Ongomiizwin Health Services) and lived and practised initially in Norway House from 1988 to 1990, and thereafter in Churchill from 1991 to 1995.

Since leaving Churchill and the Kivalliq Region of Nunavut in 1995, Wendy has been dedicated to the Oji-Cree Communities of Island Lake, and has been the principal physician of Wasagamack and Red Sucker Lake First Nations for the past twenty-five years. She has been a significant contributor to



many initiatives to address the health needs of First Nations and Inuit communities. She was instrumental in developing a remote colposcopy program in the mid-1990's to address the disproportionate burden of cervical intraepithelial neoplasia in circumpolar Inuit, having undertaken formal training in colposcopy as recognized by the American Society of Colposcopy and Cervical Pathology. She has been a committed preceptor for health professional students, and has mentored innumerable undergraduate and postgraduate learners throughout her career.

Wendy has been a dedicated daughter, wife and mother; she is a tireless advocate for her late son, Miguel, and his brother André. She is an accomplished cook/baker and world traveler, and respected aficionado of Alpine Beer, Rock and Roll, and all things Atlantic Canada.

Awards of Excellence

The Awards of Excellence are presented to family physicians who have made outstanding contributions to the discipline of Family Medicine.



Dr. Michael Hochman

Dr. Michael Hochman receives this award for his lead role in establishing an innovative social work position (Income Security Health Promoter) that enhances care providers ability to integrate and manage social determinants of health within primary care in the Downtown/Point Douglas communities of Winnipeg. The ISHP role has been very successful in supporting patients who struggle to secure food, housing, income, identification and medication.



Dr. Hochman is an Assistant Professor in the Department of Family Medicine at the University of Manitoba, and has been medical lead and co-chair of the Downtown/Point Douglas My Health Team since its inception in 2015 fostering and strengthening relationships between an array of care providers in the community.

Dr Hochman is a strong advocate for social equity and strives to teach all learners the value of compassion and humility.

In his spare time, Dr Hochman loves camping, yoga, playing hockey, guitar and spending as much time as possible with his wife and identical twin daughters.

Awards of Excellence



Dr. Laurie Ireland

Dr. Laurie Ireland graduated from medical school at the University of Manitoba.

She did her family practice residency in the St. Paul's program at the University of British Columbia and then completed an enhanced skills program in HIV primary care at the BC Centre for Excellence in HIV/AIDS. She has worked at Nine Circles Community Health Centre for over 13 years where she focusses on providing primary care and specialized services for people living with HIV,



Hepatitis C and other sexually transmitted infections. Her work at Nine Circles also involves addictions care, including opioid agonist therapy. Dr. Ireland is the medical director at Nine Circles and the primary care lead for the Manitoba HIV Program.

Dr. Ireland works to improve equitable access to health care for multi-barriered populations in Manitoba. She has co-lead a research initiative to implement and evaluate an electronic consultation service in Manitoba. BASE™ eConsult Manitoba was implemented in December 2017 and continues to expand service throughout the province to provide more timely and equitable access to specialist health care.

Claude H. Murphy Award & IMG Mentor Award



Dr. Manish Garg

Dr. Manish Garg is a lecturer, community preceptor for undergraduate medical student electives and clerkships, clinical preceptor to physician assistants since 2018.

He is also a practice mentor to international medical graduates and practice supervisor to international medical graduates.

Dr. Garg teaches on management of drug and alcohol



problems in primary care to nurse practitioners working for IERHA. He practices at the Pinawa Primary Care Health Centre in Pinawa, Manitoba.

A rural Family and Hospital Physician, Manish Garg is deeply patient-centered, with a broad skill set of providing hands-on care in primary and emergency settings. He fosters an environment of mutual respect, courtesy and collegiality; committed to continuing education, quality improvement, teaching and training and with extensive experience in working for the UK National Health Service (NHS), private and not-for-profit organizations.

Gary Beazley Patient's Medical Home Award



Kingsbury Family Medical Centre

A group of family physicians who had a vision to create a clinic with the principles of the Patient's Medical Home.

In March 2019 Kingsbury Family Medical Centre opened



its doors with the 7 original family physicians and 2 allied health providers – a physician assistant and a primary care nurse.

Over the past year the clinic has thrived with several more family physicians joining as associates and ongoing innovative collaboration in the community, including membership of our area My Health team.

Family Doctor Day 2020!

Although 2020 placed restrictions on our planned celebrations, we hope that we recognized the hard work and dedication of our Members.... Family Physicians specialize in the whole person.



Treasurer's Report

Dear Colleagues,

The Treasurer's Report, is provided on an annual basis to the members of the MCFP. It includes the financial activities of the MCFP and is comprised of the following sections:

1. A report from the independent auditor
2. Statement of Operations
3. Statement of Financial Position
4. Schedules of Revenue and Expenses

The Executive Finance Committee operates under the Terms of Reference approved by Board of the MCFP. These Terms of Reference outline several procedures and policies such as: Delegation of Function, Executive Limitations and Expense and Reimbursement Policy. The financial reporting requirements of the MCFP is facilitated in a way that is transparent and accountable to the membership.

The Executive Finance Committee meets on months that alternate with full Board Meetings. The roles of this committee are:

1. To maintain fiscal stewardship of the MCFP affairs
2. To review the financial reports (P & L and Account Reconciliations)
3. To review and recommend to the Board the adoption of the yearly budget.

Due to the pandemic, the Executive has recommended that no increase in membership fees occur during this fiscal year. Our new Executive Director has streamlined our operations such that operating expenses have decreased and work on revenue generation is in progress. Your ongoing support of Continuing Medical Education activities has helped fund the operation of the MCFP and assisted in building reserves and resources that enable growth of the organization as well as promote advocacy on behalf of Family Doctors in our Province.

It has been a great privilege to serve as Secretary/Treasurer for the fiscal year 2019/2020.

Dr. Ganesan Abbu, CCFP (FPA), FCFP
Secretary - Treasurer



"Due to the pandemic, the Executive has recommended that no increase in membership fees occur during this fiscal year."



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Report of the Independent Auditors on the Summary Financial Statements

To the Members of
The Manitoba College of Family Physicians Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at October 31, 2020 and the summary statement of operations for the year then ended, are derived from the audited financial statements of The Manitoba College of Family Physicians Inc. for the year ended October 31, 2020. We expressed an unmodified audit opinion on those financial statements in our report dated January 25, 2021 (see below).

In our opinion, the summary financial statements are a fair summary of the audited financial statements, on the basis described in the *Management's Responsibility for the Summary Financial Statements* section of our report.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditors' report thereon, therefore, is not a substitute for reading the audited financial statements and the auditors' report thereon.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated January 25, 2021.

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of a summary of the audited financial statements on the following basis:

The summary financial statements include the major totals and subtotals from the related complete financial statements dealing with matters having a pervasive or otherwise significant effect on the summary financial statements.

Auditors' Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

A handwritten signature in blue ink that reads "Booke & Partners". The signature is written in a cursive, flowing style.

Winnipeg, Canada
January 25, 2021

Chartered Professional Accountants

THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Summary Statement of Operations

Year ended October 31

	2020	2019
Revenue		
Membership fees	\$ 236,052	\$ 220,129
Continuing Professional Development (Page 4)	84,861	184,302
College maintenance grant	94,423	88,158
Ethical review fees	1,526	6,800
Interest	8,729	9,921
President's banquet	-	1,375
	425,591	510,685
Expenses		
Continuing Professional Development (Page 4)	52,679	124,490
Administrative and Member Services expenses (Page 5)	305,607	362,641
	358,286	487,131
Excess of revenue over expenses	\$ 67,305	\$ 23,554



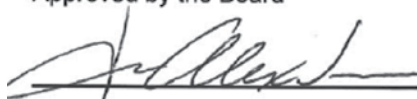
THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Summary Statement of Financial Position

October 31

	2020	2019
Assets		
Current		
Cash	\$ 187,078	\$ 119,640
Receivables	35,528	37,166
Short-term investments	394,321	446,487
Prepaid expenses	915	12,371
	617,842	615,664
Capital assets	4,194	197
	\$ 622,036	\$ 615,861
Liabilities		
Current		
Payables and accruals	\$ 10,524	\$ 41,069
Government remittances payable	559	4,170
	11,083	45,239
Deferred membership fees	83,764	110,738
	94,847	155,977
Fund Balances		
Unrestricted	128,189	60,884
Internally restricted	399,000	399,000
	527,189	459,884
	\$ 622,036	\$ 615,861

Approved by the Board


 Director


 Director

THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Schedule of Revenue and Expenses - Continuing Professional Development

Year ended October 31

	2020	2019
Revenue		
Registration fees	\$ 68,019	\$ 99,098
MCFP CPD fees Exhibitors' fees MainProC certification fees	9,985	56,904
Short-term investments	-	22,300
Prepaid expenses	6,857	6,000
	84,861	184,302
Expenses		
Audio/visual	15,057	6,616
Committee	12,729	11,425
Continuing professional development Exhibits	7,511	21,393
MFCD CPD	-	9,185
Meeting space and meals	1,445	28,856
Office supplies	9,022	32,656
Photographer	-	896
Promotion	-	355
Registration	6,915	6,547
Speakers	-	5,801
Sundry	-	629
Government remittances payable	-	131
	52,679	124,490
Excess of revenue over expenses	\$ 32,182	\$ 59,812

THE MANITOBA COLLEGE OF FAMILY PHYSICIANS INC.

Schedule of Expenses - Administrative and Member Services Expenses

Year ended October 31

	2020	2019
Amortization	\$ 1,825	\$ 3,693
Annual general meeting	-	11,041
Annual report	-	509
Bad debts	4,262	4,485
Bank charges	3,382	1,107
Board	14,156	22,251
Claude Murphy CPD Award	-	3,000
College awards	-	5,340
Courier expenses	155	161
Equipment repairs	-	806
Family medicine interest group	243	26,642
First five years in practice	-	1,605
Insurance	-	627
IT Subscriptions	2,509	-
Management contract	-	88,156
Membership fees	500	1,053
Miscellaneous	183	-
National meetings - expenses, travel, etc.	-	133
Office supplies	10,382	5,666
Past presidents	-	325
Postage	-	400
President's banquet	-	5,893
President's expense	12,000	11,000
Printing	1,795	-
Professional fees	14,487	11,667
Rent	38,530	38,530
Residents	-	3,616
Stakeholder meetings	-	1,210
Telephone and facsimile	2,859	3,156
Wages and benefits	198,339	110,569
	\$ 305,607	\$ 362,641

The complete financial statements, including notes to the financial statements and the independent auditors' report, are available upon request by contacting the Manitoba College of Family Physicians' office.



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