

60TH

ANNUAL SCIENTIFIC ASSEMBLY

MANITOBA COLLEGE OF FAMILY PHYSICIANS

— NEW —
LOCATION



APRIL 19 - 21, 2018

RBC CONVENTION CENTRE
375 YORK AVE.
WINNIPEG, MB

THIS IS YOUR ASA:

MEDICINE & THERAPEUTICS
WOMEN'S HEALTH
GERIATRIC MENTAL HEALTH
EMERGENCY MEDICINE
CHILD HEALTH
DIABETES
...AND MUCH MORE INSIDE!

REGISTRATION OPENS FEBRUARY 1ST, 2018

SEATS ARE LIMITED. REGISTER EARLY AND AVOID DISAPPOINTMENT.

THE FULL PROGRAM AND ONLINE REGISTRATION FORM WILL BE
AVAILABLE ON FEBRUARY 1ST AT WWW.MCFP.MB.CA/ASA/

THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

TIMELY AND RELEVANT CPD • MAINPRO+ CERTIFIED • NETWORKING AND CONNECTING WITH COLLEAGUES



Welcome to the 2018 Manitoba Family Medicine 60th Annual Scientific Assembly.

Our new home at the RBC Convention Centre fostered an excellent spirit of participation last year and allowed for good discussions after the various lectures. And, as we want to focus on clinic questions this year, that speaker-audience interaction will be important to offer a tremendous opportunity for the highest standard of collegial teaching and learning.

Feedback from last year emphasised that we need to focus more on the evidence of clinical questions that will change our daily practice. The committee evaluated the most important topics of interest and developed 35 practical clinical questions for daily practice. Through these topics, we hope to answer some of those frustrating topics that would need a lot of time and research to find the latest and the best answer. As usual, we are reliant on our local experts and teachers and faculty members. This serves not only to showcase the talent that we have in Manitoba, but will also hopefully foster future support between specialties. So next time you are not sure what to do with a complex case, think back to who spoke on that subject and give them a call.

As we all know, there are always important changes that the College has for us, thanks to emerging clinical challenges. Therefore, we will have a representative from the Manitoba College of Physicians and Surgeons to talk to us on the new opioid guidelines. And then to balance education through guidelines, we have an excellent keynote speaker to speak to us about personal experiences as a physician in war and as a refugee to this Canada of ours. Through the keynotes and the 35 short snappers, continuing in the core aspects of Family Practice – internal medicine, emergency medicine, child health, mental health, women's health and innovations in practice – we hope to offer a busy and fact filled 13.75 hours of CME.

Our networking evening and our banquet will offer the social features that are equally as important as the education. The President's Awards & Recognition Dinner will give us an opportunity to visit with friends and colleagues and enjoy an evening together. The committee has blended feedback and their ideas into an inspiring and thought-provoking conference as we continue to raise the quality of this Manitoba Annual Scientific Assembly.

We would like to thank the planning committee, Kari MacKinnon, and Amanda Woodard for all their hard work to make this happen. I would also like to thank everyone that gave us feedback last year and would encourage it every year for ongoing improvements. I would also encourage those that are interested in the continuing education of your colleagues to join this successful planning committee. It is through the new committee members that we can ensure we keep this conference innovative, educational and topical. Enjoy the conference.

Dr. Richard Rusk

Dr. Ainslie Michalchuk

ASA Planning Committee Co-Chairs

2018 ASA Planning Committee

Committee Co-Chairs

Richard Rusk, DVM MD CCFP MPH
Manitoba Public Health, Winnipeg

Ainslie Mihalchuk, BA BSc BSc Med MD CCFP, Concordia Hospital/ACCESS River East, Winnipeg

Committee Members

Ganesan Abbu, MB.Chb CCFP FCFP
C.W. Wiebe Medical Centre, Winkler

Tamara Buchel, MD CCFP,
Executive Director of MCFP, Winnipeg

Ashley Bhullar, MD
Resident, Family Medicine Integrated Care of the Elderly

Riley De Blonde, MD, CCFP
Assiniboine Medical Clinic, Winnipeg

Robert Kruk, MD
Carmen Medical Clinic, Carman

Julie Lamb, MD CCFP FCFP
Autumnwood Medical Centre, Winnipeg

Michael Leonhart, MD, CCFP,
WRHA Adult Critical Care Program, Winnipeg

Jen Potter, MD, BSc, CCFP,
Kildonan Medical Centre, Winnipeg



ANNUAL SCIENTIFIC ASSEMBLY PHILOSOPHY & LEARNING OBJECTIVES

The Family Physician will:

- gain knowledge about new concepts in the delivery of medicine,
- gain knowledge and skills to apply to his or her everyday practice,
- be given an opportunity to discuss concepts that are controversial and innovative,
- be challenged by new innovations in medicine and continually apply these to his or her practice,
- leave the program with confidence in new skills and gain tools to explore new ways of obtaining information and expanding his or her knowledge.

Annual Scientific Assembly:

You miss a year; you miss a lot!

The 60th Annual Scientific Assembly has been certified for 13.75 Mainpro+ credits.

REGISTRATION INFORMATION AND FEES

2 DAYS: THURSDAY & FRIDAY ONLY.		
FEE DOES NOT INCLUDE GST	EARLY BIRD RATE Registrations received BEFORE MARCH 30th, 2018	LATE BIRD RATE Registrations received AFTER MARCH 30th, 2018
<input type="checkbox"/> CFPC Member Physician	\$485	\$585
<input type="checkbox"/> Non-Member Mainpro Participant	\$635	\$735
<input type="checkbox"/> First 5 Years in Practice Physicians	\$385	\$485
<input type="checkbox"/> Allied Health Care Professional	\$385	\$485
<input type="checkbox"/> Resident	\$115	\$115
<input type="checkbox"/> Medical Student	FREE (Must pre-register)	FREE (Must pre-register)

★ LIMITED SEATING CAPACITY ★

★ NO WALK-UP REGISTRATIONS ★

★ REGISTRATION CLOSING WEDNESDAY APRIL 18TH AT NOON, OR WHEN FULL ★



ANNUAL SCIENTIFIC ASSEMBLY PROGRAM SUMMARY

emergency medicine • geriatric mental health • women’s health • medicine & therapeutics • child health • hot topics

Since its inception, the MCFP has recognized the importance of providing members with CPD opportunities and a forum where primary care physicians can learn and network with their peers and colleagues.

Plenary Sessions

Following the format of other popular conferences, this year’s ASA offers two full days in the plenary room. Our slate of sessions includes short snappers and long snappers on the clinical topics that you have requested. So on Thursday & Friday morning, go to the registration desk to get scanned in, grab a coffee, find your seat, and the CPD will come to you.

This year the Hot Topic sessions will be on *Controversies in Prescribing* on Friday afternoon and *Clinical Updates* on Thursday afternoon.

Keynote Presentation

The keynote on Friday will give insight on practicing medicine in a war zone. **Dr. Vanig Garabedian** shares his experiences as an Obstetrician & Gynecologist in Aleppo, Syria and then what it is like to be a sponsored refugee in Canada.

Annual Members Meeting

The MCFP Annual Members Meeting provides members with an opportunity to review and learn about College activities in the last year. Presided by Dr. Ainslie Mihalchuk, MCFP President, the AMM delivers a summary of the financial health of the College, honours award recipients, and introduces the membership to the incoming President and Executive Committee. The Annual General Meeting is held over lunch on Friday, April 20th, 2018.

Awards Presentation

At the Annual General Meeting, a large part of the program is dedicated to honouring our award recipients. Family Physician of the Year, Awards of Excellence, and the new Gary Beazley Award winners will be introduced to the membership.

Optional Certified Mainpro +Workshops

Several Mainpro+ learning opportunities are offered on Saturday, April 21st. Capacity is limited for these sessions and registration is on a first-come, first-served basis. Additionally, if minimum numbers in any given session are not met, the Mainpro+ program may be cancelled and your registration fee will be refunded or applied to another session, if available. Register early to avoid disappointment.

Optional Mainpro+ workshop registration fees are not included in the ASA registration fee. Program accreditation, credit allotment, and letters of attendance are managed by program facilitators.



NEW! ALARM course will be held on April 22 & 23, 2018 at the Airport Hilton.

REGISTER BEFORE MARCH 30th AND BE ENTERED TO WIN FREE REGISTRATION



ASA PROGRAM NETWORKING & SOCIAL EVENTS

CONTINENTAL BREAKFASTS & COFFEE BREAKS

Breakfast and coffee breaks during the day offer ample time to circulate, check out the booths in the Exhibit Hall, catch up with old acquaintances and forge new ones. Continental breakfast and two half-hour breaks in the day will help re-charge your batteries between sessions. **Our Exhibit Hall is now pharma-free!**

LUNCHES

On Thursday, there are no scheduled events, so you can enjoy lunch at a leisurely pace, chat with your colleagues, and peruse the exhibit hall.

During lunch on Friday, the Manitoba College of Family Physicians holds the Annual Members Meeting. While you eat, you can learn about MCFP activities and its financial snapshot. The AMM also includes the installation of the new MCFP President and awards presentation.

As always, breakfasts, lunches and coffee breaks and lunches are included in your registration fee. We just need to know when you register which lunches you will be attending.

NETWORKING & HOSPITALITY RECEPTION

Thursday, April 19, 2018

5:30 – 7:00 (directly following the afternoon sessions)

Before you leave for the day, relax, mingle and discuss the day's sessions. Have a quick nosh and a drinkie-drink, if you like. Appetizers will be served and a cash bar will be available.



PRESIDENT'S AWARDS & RECOGNITION BANQUET

Friday, April 20, 2018

Inn at the Forks

75 Forks Market Road, Winnipeg
Cocktails 6:30 • Dinner 7:00

Tickets: \$75 per person

Children up to 10 years: \$17



THURSDAY, APRIL 19, 2018

SCHEDULE AT-A-GLANCE

7:15		Registration & Continental Breakfast – Exhibit Hall
PRESENTATION THEATRE		
8:15	Welcome and Announcements, Dr. Richard Rusk	
8:30 – 9:30 3 X 15 Min + Q & A	Short Snappers: The Great Imitators 1) WHEN ARE CRACKLES NOT HEART FAILURE? Dr. Jonathan Gabor 2) WHEN IS LIMB EDEMA NOT HEART FAILURE?, Dr. Greg Harding 3) WHEN ARE HOT FLASHES NOT MENOPAUSE? , Dr. Andrew MacDiarmid	
9:30 – 10:30 3 X 15 Min + Q & A	Short Snappers: Dermatology 1) HOW DO I MANAGE ATOPIC DERMATITIS? Dr. Nestor Cisneros 2) LOCALIZED HYPERHIDROSIS - SHOULD WE STOP TELLING OUR PATIENTS NOT TO “SWEAT” THE SMALL STUFF?, Dr. Shane Silver 3) CAN I JUST FREEZE IT AND SEE? Dr. Shane Silver	
10:30 – 11:00		
COFFEE: EXHIBIT HALL		
11:00 – 12:00 3 X 15 Min + Q & A	Short Snappers: Pediatrics 1) CAN I PREVENT AN OBESE CHILD FROM BECOMING AN OBESE ADULT? Dr. Geert t’Jong 2) NEONATAL JAUNDICE - WHAT DO I DO WHEN THE LIGHTS DON’T WORK?, Dr. Elseke Hildes Ripstein 3) WHAT IS THE BEST INTERVENTION FOR ADOLESCENT DEPRESSION? Dr. Stan Koodoo	
12:00 – 12:15	MANITOBA PHYSICIAN QUALITY IMPROVEMENT PROGRAM, Dr. Marilyn Singer & Dr. Anna Ziomek, CPSM	
12:15 – 1:00		
LUNCH		
1:00 – 1:30 30 Min	The CPSM Standard of Practice for Prescribing Opioids - What Practicing Physicians Need to Know	
1:30 – 2:30 3 x 15 Min + Q & A	Short Snappers: Musculoskeletal 1) HOW DO I DISTINGUISH BETWEEN CARPAL TUNNEL SYNDROME AND DE QUERVAIN’S DISEASE? Ms. Krista Paulson 2) WHICH OF MY PATIENTS WITH CHRONIC BACK PAIN DOESN’T NEED AN MRI? Dr. Neil Berrington 3) DOES MY PATIENT REALLY NEED A KNEE SCOPE? Dr. Kurt Kauenhofen	
2:30 – 3:30 3 X 15 min + Q&A	Short Snappers: Cardiology 1) DOES A DIAGNOSIS OF CHF COMMIT ONE TO DIURETICS FOREVER? Dr. Shelley Zieroth 2) HYPERTENSIVE URGENCY – WHAT CAN I DO IN THE OFFICE? Dr. Jonathan Gabor 3) HOW DO I BALANCE BRADYCARDIA WITH RATE CONTROL IN AFIB? Dr. Thang Nguyen	
3:30 – 4:00		
COFFEE BREAK: EXHIBIT HALL		
4:00 – 4:45 2 X 15 min + Q & A	Short Snappers: Clinical Updates 1) HOW DO THE NEW GUIDELINES HELP ME TO OPTIMIZE THE CARE OF PATIENTS WITH CHF? Dr. Shelley Zieroth 2) HOW CAN I ENHANCE PRENATAL CARE BEYOND THE MANITOBA PRENATAL RECORD? Dr. Brent Kvern & Dr. Leon Waye	
4:45 – 5:30 2 X 15 Min + Q & A	Short Snappers: Infectious Disease 1) WHAT ARE THE RELEVANT TICK-BORNE DISEASES IN MANITOBA (BESIDES LYME)? Dr. Fred Aoki 2) UTI IN MEN – WHAT DO I DO?, Dr. John Embil	
5:30 – 7:00		
NETWORKING & HOSPITALITY RECEPTION: EXHIBIT HALL		



THURSDAY, APRIL 19, 2018

THE GREAT IMITATORS 8:30 – 9:30

(1) WHEN ARE CRACKLES NOT HEART FAILURE?

DR. JONATHAN GABOR, Regional Lead, Internal Medicine and Cardiology, Interlake-Eastern Regional Health Authority; Medical Lead, Department of Medicine, Concordia Hospital; Consultant, Health Plus Specialists, Winnipeg

(2) WHEN IS LIMB EDEMA NOT HEART FAILURE?

DR. GREG HARDING, Vascular Surgeon, Health Sciences Centre. Assistant Professor, Department of Surgery. Program Director; Undergraduate Surgical Education, University of Manitoba, Rady College of Medicine.

Learning Objectives:

1. Identify the major causes of lower limb edema
2. Develop an approach to the diagnosis of lower limb edema
3. Review the treatment strategies for the common causes of limb edema

(3) WHEN ARE HOT FLASHES NOT MENOPAUSE?

DR. ANDREW MACDIARMID, Assistant Professor, Department of Internal Medicine, University of Manitoba

Learning Objectives:

1. List benign and sinister causes of flushing.
2. Investigate the complaint of flushing in a cost-effective manner.
3. Discuss treatments for vasomotor instability.

DERMATOLOGY 9:30 – 10:30

(1) HOW DO I MANAGE ATOPIC DERMATITIS?

DR. NESTOR CISNERSOS, Assistant professor of Pediatric and Clinical immunology; Section of Allergy and Clinical Immunology

At the end of this session,

1. -participants will be able to recognize the prevalence of atopic dermatitis.
2. -Review the current management of atopic dermatitis
3. -Recognize the psychosocial impact of atopic dermatitis and their families.

(2) LOCALIZED HYPERHIDROSIS - SHOULD WE STOP TELLING OUR PATIENTS TO NOT “SWEAT” THE SMALL STUFF?

DR. SHANE SILVER, Dermatologist

Learning Objectives:

1. To understand the impact on quality of life of localized hyperhidrosis
2. To recognize when to treat or refer patients for localized hyperhidrosis
3. Review the various treatment options available for hyperhidrosis



THURSDAY, APRIL 19, 2018

(3) CAN I JUST FREEZE IT AND SEE?

DR. SHANE SILVER, Dermatologist

Learning Objectives:

1. Learn where and when liquid nitrogen should be used
2. Understand the consequences of using liquid nitrogen on lesions without an accurate clinical or pathological diagnosis
3. Be aware of which ethnic groups are sensitive to liquid nitrogen.
4. Learn which patients should not receive liquid nitrogen for warts.

PEDIATRICS 11:00 – 12:00

(1) CAN I PREVENT AN OBESE CHILD FROM BECOMING AN OBESE ADULT?

DR. GEERT 'tJONG, Pediatrician, Hospitalist, Clinical Pharmacologist, Scientist, Department of Pediatrics, University of Manitoba

Learning Objectives:

1. Understanding the gravity of the issues of obesity in childhood and adolescence
2. Learning about strategies around weight management and fitness approaches
3. Discussing the pitfalls of too much focus on weight loss

(2) NEONATAL JAUNDICE - WHAT DO I DO WHEN THE LIGHTS DON'T WORK?

DR. ELSKE HILDES RIPSTEIN

(3) WHAT IS THE BEST INTERVENTION FOR ADOLESCENT DEPRESSION?

DR. STAN KOODOO, Service Chief of Emergency Child and Adolescent Psychiatry; Inpatient Psychiatrist, Health Sciences Centre.

Learning Objectives:

1. Review Depressive Symptoms in Adolescents and how it differs from Adults
2. Review non pharmacological approaches to treatment
3. Review pharmacological approaches to treatment

MANITOBA PHYSICIAN QUALITY IMPROVEMENT PROGRAM

12:00 – 12:15

DR. MARILYN SINGER, Consultant for Quality Improvement, CPSM

DR. ANNA ZIOMEK, Registrar, CPSM

The College of Physicians and Surgeons of Manitoba will be implementing a new Quality Improvement Program for our members over the next year. This will take the place of the Manitoba Physician Achievement Review (MPAR) as of 2019. This session will describe the upcoming changes. This introduction will provide opportunities for member involvement and input at the formative stage of the new program.



THURSDAY, APRIL 19, 2018

CPSM OPIOID PRESCRIBING GUIDELINES 1:00 – 1:30

The CPSM Standard of Practice for Prescribing Opioids - What Practicing Physicians Need to Know

At the conclusion of this activity, participants will be able to:

1. Explain why a Standard of Practice for Prescribing Opioids is needed in 2018.
2. Explore what we can learn from prescription drug deaths in Manitoba.
3. State lessons learned from other provinces who issued a standard.
3. Discuss how the working group responsible for the standard was selected and how they came up with the initial draft.
4. Examine feedback on the proposed draft - Criticism and Support.
5. Explore how we move forward implementing a new standard.

MUSCULOSKELETAL 1:30 – 2:30

(1) HOW DO I DISTINGUISH BETWEEN CARPAL TUNNEL SYNDROME AND DE QUERVAIN'S DISEASE?

MS. KRISTA PAULSON, Physiotherapist, Certified Hand Therapist

Learning Objectives:

1. Participants will be guided through a review of the relevant anatomy, patient history, examination and diagnostic imaging findings for each condition.
2. Participants will enhance their understanding of the typical evidence-based conservative and surgical management of both Carpal Tunnel Syndrome and De Quervain's Disease.
3. Participants will find the knowledge gained from this presentation immediately applicable to practice and will leave with a clear sense of when and where to refer for both conservative and surgical management.

(2) WHICH OF MY PATIENTS WITH CHRONIC BACK PAIN DOESN'T NEED AN MRI?

DR. NEIL BERRINGTON, Neurosurgery Section Head, Department of Surgery, University of Manitoba; Medical Director, Winnipeg Spine Program

Learning Objectives:

1. Compare and contrast MRI with other neural imaging technology.
2. Discuss the advantages and limitations of MRI.
3. Discuss the impact of the over-use of MRI.
4. Discuss the indications for spinal MRI in 2018.
5. Know the "Choose Wisely" guidelines for the management of low back pain in Canada.
6. Know the appropriate referral pathways for patients with suspected spinal pathology in Manitoba.

(3) DOES MY PATIENT REALLY NEED A KNEE SCOPE?

DR. KURT KAUEHOFEN, MD, Boundary Trails Health Centre and Agassiz Medical Center

Learning Objectives:

1. Basic pathoanatomy of meniscal tears
2. Clinical evaluation of the meniscal injured knee
3. Indications for arthroscopic management of meniscal pathology



THURSDAY, APRIL 19, 2018

CARDIOLOGY 2:30 - 3:30

(1) DOES A DIAGNOSIS OF CHF COMMIT ONE TO DIURETICS FOREVER?

DR. SHELLEY ZIEROTH, Associate Professor, Section of Cardiology; Director, SBH Heart Failure and Transplant Clinics; Head, Medical Heart Failure Program; WRHA Cardiac Sciences Program

Learning Objectives:

1. Review the necessary self-monitoring and physician monitoring when reducing diuretics
2. Recognize new HF and DM therapies which may result in a reduction in diuretic dosing in CHF patients
3. Learn a stepwise approach to weaning therapies and monitoring EF in the recovered HFREF patient

(2) HYPERTENSIVE URGENCY - WHAT CAN I DO IN THE OFFICE?

DR. JONATHAN GABOR, Regional Lead, Internal Medicine and Cardiology, Interlake-Eastern Regional Health Authority; Medical Lead, Department of Medicine, Concordia Hospital; Consultant, Health Plus Specialists, Winnipeg

Learning Objectives:

1. Review clinical features and operational definitions of hypertensive urgency
2. Discuss strategies for in-office management of elevated blood pressure
3. List clinical scenarios for which emergency department referral would be advised
4. Consider options for further investigations and follow-up

(3) HOW DO I BALANCE BRADYCARDIA WITH RATE CONTROL IN AFIB?

DR. THANG NGUYEN, Cardiologist, St. Boniface Hospital, University of Manitoba

Learning Objectives:

1. Review importance of rate control,
2. Review what is considered adequate rate control,
3. Review indications for a permanent pacemaker in setting of afib

CLINICAL UPDATES 4:00 – 4:45

(1) HOW DO THE NEW GUIDELINES HELP ME TO OPTIMIZE THE CARE OF PATIENTS WITH CHF?

DR. SHELLEY ZIEROTH, Associate Professor, Section of Cardiology; Director, SBH Heart Failure and Transplant Clinics; Head, Medical Heart Failure Program; WRHA Cardiac Sciences Program

Learning Objectives:

The 2017 Comprehensive Update of the Canadian Cardiovascular Society Guidelines for the Management of Heart Failure was recently published. Let's whittle down this 200-page document to what you need to know to optimize your patients. Join Primary Panel member Dr. Shelley Zieroth for a case based discussion on new therapies for heart failure and how they might fit into your practice.



THURSDAY, APRIL 19, 2018

(2) HOW CAN I ENHANCE PRENATAL CARE BEYOND THE MANITOBA PRENATAL RECORD?

DR. BRENT KVERN, Family Physician, Artemis Family Medicine Obstetrics Group

DR. LEON WAYE, Family Physician, Artemis Family Medicine Obstetrics Group

Learning Objectives:

Prenatal care is fairly straight forward but involves many steps and decisions points. There is good evidence that the care physicians deliver can be standardized (all your patients getting similar care) and improved (changing your habits to include new approaches) with the of a reminder system. We and our colleagues at Family Medical Centre have developed a prenatal flow sheet to supplement the provincial prenatal form and aid in the delivery of best care to our patients. In this session we will

1. Review the prenatal sheet and show how it can simplify prenatal visits by standardizing expectations across your clinic.
2. Highlight some newer, key recommendations about prenatal care.

INFECTIOUS DISEASE 4:45 – 5:30

(1) WHAT ARE THE RELEVANT TICK-BORNE DISEASES IN MANITOBA (besides Lyme)?

DR. FRED AOKI, Professor of Medicine, Medical Microbiology and Infectious Diseases, Pharmacology and Therapeutics, Max Rady College of Medicine, University of Manitoba

Learning Objectives:

1. Increase your awareness of the range of infectious diseases transmitted by deer ticks:
 - Borreliosis (bacterium)
 - Anaplasmosis (rickettsia)
 - Babesiosis (protozoan)
 - Powassan encephalitis (virus)
2. Appreciate differences in clinical presentation and standard lab tests among these diseases.
3. Appreciate how to confirm the clinical diagnosis.

(2) MALE URINARY TRACT INFECTIONS - WHAT DO I DO?

DR. JOHN EMBIL, Director, Infection Prevention & Control Unit, Health Sciences Centre; Director, Infection Prevention & Control Program, WRHA; Professor, Department of Internal Medicine & Medical Microbiology, University of Manitoba

Learning Objectives:

1. State the epidemiology of urinary tract infections in men.
2. State the investigation strategies for urinary tract infections in men.
3. State the treatment options for urinary tract infections in men

NETWORKING & HOSPITALITY RECEPTION

Thursday, April 19, 2018

5:30 – 7:00 (directly following the afternoon sessions)

Before you leave for the day, relax, mingle and discuss the day's sessions. Have a quick nosh and a drinkie-drink, if you like. Appetizers will be served and a cash bar will be available.



FRIDAY, APRIL 20, 2018

SCHEDULE AT-A-GLANCE

7:15	Registration & Continental Breakfast – Exhibit Hall Past President’s Breakfast (Cecil Richards Suite)
PRESENTATION THEATRE	
8:15	Welcome and Announcements, Dr. Richard Rusk
8:30 – 9:30 3 X 15 Min + Q & A	Short Snappers: Emergency Medicine 1) DO I HAVE TO ADMIT ALL PATIENTS WITH FEBRILE NEUTROPENIA? Dr. Mark Kristjanson 2) HOW DO I CHEMICALLY CARDOVERT MY PATIENT WITH RAPID AFIB?, Dr. Edward Tan 3) ARE THERE ANY CLINICAL PEARLS FOR IMPROVING MY INTUBATION SUCCESS? Dr. Al Buchel
9:30 – 10:10 3 X 15 Min + Q&A	Short Snappers: Diabetes 1) IS THERE CLINICAL BENEFIT TO THE NEW GENERATION OF DIABETIC MEDS? Dr. Jamie Falk 2) IS THERE A SAFER WAY TO START INSULIN IF I DON’T HAVE ACCESS TO A DIABETES EDUCATOR? Dr. Sora Ludwig
10:10 – 10:40	COFFEE: EXHIBIT HALL
10:40 - 11:20 2 X 15 Min + Q&A	Short Snappers: Women’s Health 1) IS THE COPPER IUD STILL A GOOD OPTION FOR MY PATIENTS? Dr. Heather Ring 2) WHO IS A CANDIDATE FOR MEDICAL ABORTION? Dr. Carol Scurfield
11:20 – 12:00 2 X 15 Min + Q&A	Short Snappers: Tuberculosis 1) I SUSPECT MY PATIENT HAS TB – WHAT DO I DO NOW? Dr. Martha Ainslie 2) HOW DO I MANAGE A PATIENT WITH LATENT TB INFECTION (LTBI)? Dr. Pierre Plourde
12:00 – 1:30	LUNCH & AGM
1:30 – 2:30 3 X 15 min + Q&A	Short Snappers: Therapeutics 1) HOW DO I START HORMONES FOR PATIENTS IDENTIFYING AS TRANSGENDER WHO WANT TO TRANSITION? Dr. Rob Obara 2) WHEN DO I TREAT SUBCLINICAL HYPOTHYROIDISM? Dr. Isanne Schacter 3) HOW DO I APPROPRIATELY MANAGE ANTIBIOTIC USE IN SEPSIS? Dr. Ganesan Abbu
2:30 – 3:15	KEYNOTE: WORKING AT WAR, A NEW LIFE IN CANADA, Dr. Vanig Garabedian
3:15 – 3:45	COFFEE BREAK: EXHIBIT HALL
3:45 – 4:45 2 X 20 min + Q&A	Hot Topic: Controversies in Prescribing 1) HOW DO I SUPPORT SAFE AND EFFECTIVE PRESCRIBING AND DE-PRESCRIBING OPIOIDS & BENZODIAZEPINES USING MY EMR? Dr. Ken Hahlweg 2) HOW DO I CHOOSE THC VERSUS CBD FOR PAIN? Dr. Alan Kaplan
4:45 - 5:30 2 X 15 min + Q&A	Short Snappers: Geriatric Mental Health 1) HOW DO I IMPROVE MY OFFICE COGNITIVE EXAM? Dr. Barry Campbell 2) HOW DO I TREAT AGGRESSIVE BEHAVIOUR IN DEMENTIA IN THE OUT-PATIENT POPULATION? Dr. Craig Omelan
6:30	PRESIDENT’S AWARDS & RECOGNITION DINNER: INN AT THE FORKS, BALLROOM



FRIDAY, APRIL 20, 2018

EMERGENCY MEDICINE 8:30 – 9:30

(1) DO I HAVE TO ADMIT ALL PATIENTS WITH FEBRILE NEUTROPENIA?

DR. MARK KRISTJANSON, Primary Care Medical Lead, CancerCare Manitoba

Learning Objectives:

1. Describe (and more readily recognize) the spectrum of clinical syndromes with which neutropenic fever can present.
2. Understand and use the risk assessment tools that can guide the choice of an appropriate antimicrobial regimen for a given patient presentation with FNE.
3. Explain what clinical difference it makes to patients who present with FNE to receive appropriate initial empirical antibacterial therapy within 60 minutes of triage.

(2) HOW DO I CHEMICALLY CARADIOVERT MY PATIENT WITH RAPID AFIB?

DR. EDWARD TAN, ER/ICU Director - Portage District General Hospital

Learning Objectives:

1. Commonly used medications in treating atrial fibrillation.
2. Ottawa Aggressive Atrial Fibrillation Protocol.
3. Approach to unstable atrial fibrillation beyond basic ACLS.

(3) ARE THERE ANY CLINICAL PEARLS FOR IMPROVING MY INTUBATION SUCCESS?!

DR. AL BUCHEL, Assistant Professor, Department of Emergency Medicine, University Of Manitoba; Program Director. CCFP EM Residency Program; Staff Physician, St Boniface Emergency Department

Learning Objectives:

1. Understand challenges of intubation by direct laryngoscopy
2. Review techniques to improve intubation success rates
3. Consider use of alternatives to direct laryngoscopy (fibre optics)

DIABETES 9:30 – 10:10

(1) IS THERE CLINICAL BENEFIT TO THE NEW GENERATION OF DIABETIC MEDS?

DR. JAMIE FALK, Assistant Professor, College of Pharmacy & Clinical Pharmacist, Department of Family Medicine , Rady Faculty of Health Sciences

Learning Objectives:

1. Determine what is meant by "clinical benefit" in the context of diabetes care
2. Explore the potential benefit-harm balance associated with the various "new" classes of oral diabetes medications
3. Apply clinical trial evidence for "new" diabetes medications to the care of varied patients with diabetes in Manitoba

(2) IS THERE A SAFER WAY TO START INSULIN IF I DON'T HAVE ACCESS TO A DIABETES EDUCATOR

DR. SORA LUDWIG, Site Coordinator, Section of Endocrinology, Professor of Medicine, University of Manitoba

Learning Objectives:

1. The various insulins currently available and the concept of basal and bolus insulins.
2. Combining insulin and oral agents.
3. Starting insulin, which, when and how to titrate.



FRIDAY, APRIL 20, 2018

WOMEN'S HEALTH 10:40 -11:20

(1) IS THE COPPER IUD STILL A GOOD OPTION FOR MY PATIENTS?

DR. HEATHER RING, MD

Learning Objectives:

1. Brief history of the copper IUD
2. Advantages and disadvantages of the copper IUD
3. Copper IUD's available on the market today and insertion tips

(2) WHO IS A CANDIDATE FOR MEDICAL ABORTION?

DR. CAROL SCURFIELD, Medical Director, Women's Health Clinic

Learning Objectives:

1. To be able to identify who is eligible for a medical abortion
2. To be prepared to assist a woman who is deciding between a medical and a surgical abortion.
3. To become aware of how to refer a woman for a medical abortion in Manitoba.

TUBERCULOSIS 11:20 – 12:00

(1) I SUSPECT MY PATIENT HAS TB – WHAT DO I DO NOW?

DR. MARTHA AINSLIE,

Learning objectives:

1. How active TB disease can present, when to have a high index of suspicion for TB, risk factors to consider,
2. What work-up to initiate for suspect TB disease,
3. How to refer and public health considerations.

2) HOW DO I MANAGE A PATIENT WITH LATENT TB INFECTION (LTBI)?

DR. PIERRE PLOURDE, Medical Officer of Health; Medical Director, Integrated Tuberculosis Services, WRHA

Learning objectives:

1. How to screen for LTBI, who to screen & who not to screen, and screening tools to help in LTBI determination.
2. LTBI treatment: how to treat, treatment considerations, treatment regimen protocols
3. How to prescribe in MB as the cost of LTBI medications are covered by the province.

THERAPEUTICS 1:30 – 2:30

(1) HOW DO I START HORMONES FOR PATIENTS IDENTIFYING AS TRANSGENDER WHO WANT TO TRANSITION?

DR. ROB OBARA, Family Physician, Trans Clinic at Klinik Community Health Centre

Learning Objectives:

In this session, you will learn about transgender (trans) health as managed from a family medicine approach. We will also build upon questions from last year's ASA.

1. Understand trans health issues.
2. See Canadian trans medicine guidelines.
3. Review trans medications and hormones.
4. Learn about trans surgeries and referral processes.



FRIDAY, APRIL 20, 2018

(2) WHEN DO I TREAT SUBCLINICAL HYPOTHYROIDISM?

DR. ISANNE SCHACTER, Assistant Professor, Section of Endocrinology and Metabolism, Department of Medicine. Program Director of the Endocrine and Metabolism Subspecialty Residency Training Program.

Learning Objectives:

1. Describe Subclinical Hypothyroidism.
2. List potential downfalls of not treating Subclinical Hypothyroidism.
3. List conditions warranting treatment of Subclinical Hypothyroidism.

(3) HOW DO I APPROPRIATELY MANAGE ANTIBIOTIC USE IN SEPSIS?

DR. GANESAN ABBU, Assistant Professor, Department of Family Medicine, University of Manitoba

Learning Objectives:

At the conclusion of this 15-minute slide presentation, family doctors will be able to:

1. Appreciate the 5 "D's" principle of Antibiotic Management in Sepsis
2. Understand the utility of this approach for any infection.
3. Examine potential role for biomarkers in aiding choices

KEYNOTE 2:30 – 3:15



WORKING AT WAR, NEW LIFE IN CANADA, DR. VANIG GARABEDIAN

Career Highlights

- Clinical and teaching experience as a Gynecologist and Obstetrician; more than sixteen years
- Research experience in Women's Health, contraception and low-birth weight pregnancies; completed two years of additional research on the effects of hormonal medications on gynecological patients
- Worked with multi-disciplinary healthcare teams at a Fertility Centre assisting couples navigate treatment plans and reproductive technologies
- Managing Medical Director of a large multidisciplinary health centre with particular interest in Women's and Community Health for 3 years Aleppo Maternity Hospital.

Dr. Garabedian practiced medicine at war zone in Syria under the most challenging circumstances. He will share his experiences and will speak about the impact of war on health care system in Syria. He will also share his personal story about his family's transition into Canada, integration into the Canadian Health System, education and life.



FRIDAY, APRIL 20, 2018

HOT TOPIC: CONTROVERSIES IN PRESCRIBING 3:45 – 4:45

(1) HOW DO I SUPPORT SAFE AND EFFECTIVE PRESCRIBING AND DE-PRESCRIBING OPIOIDS & BENZODIAZEPINES USING MY EMR?

DR. KEN HAHLWEG, Assistant Professor, Department of Family Medicine, University of Manitoba

Learning Objectives:

1. Explore the challenges inherent in prescribing and de-prescribing controlled drugs.
2. Identify system gaps that perpetuate prescribing angst and misadventure.
3. Present an EMR facilitated clinic process that is both patient-centred and prescriber friendly.

(2) HOW DO I CHOOSE THC VERSUS CBD FOR PAIN?

DR. ALAN KAPLAN, Community Pain Consultant (Ontario)

Learning Objectives:

1. Understand the pros and cons of prescribing medical marijuana.
2. Understand the difference between CBD and THC.
3. Understand where to place medical marijuana in your pain management strategies.

GERIATRIC MENTAL HEALTH 4:45 – 5:30

(1) HOW DO I IMPROVE MY OFFICE COGNITIVE EXAM:

DR. BARRY CAMPBELL, Medical Director, Geriatric Psychiatry

Learning Objectives:

1. The MMSE is a test with inefficiencies and lack of sensitivity. During this presentation, other cognitive tests with greater sensitivity and brevity will be described.
2. Understand the limitations of the MMSE
3. Review the advantages of the MOCA 3. learn other brief cognitive tests that can be incorporated into a 5-minute office visit

(2) HOW DO I TREAT AGGRESSIVE BEHAVIOUR DEMENTIA IN THE OUT-PATIENT POPULATION?

DR. CRAIG OMELAN, Assistant Professor, Department of Psychiatry, Rady Faculty of Health Sciences, University of Manitoba

Learning Objectives:

1. To review the scope of the issue.
2. Identify when behaviours need treating.
3. Discuss non-pharmacologic medication options.



PRESIDENT'S AWARDS & RECOGNITION BANQUET

Friday, April 20, 2018

75 Forks Market Road, Winnipeg

Cocktails 6:30 • Dinner 7:00

Tickets: \$75 per person

Children up to 10 years: \$17





SATURDAY, APRIL 21, 2018

OPTIONAL MAINPRO+ CERTIFIED WORKSHOPS

CHRONIC PAIN:

9:00 am – 1:00 pm – 8 MAINPRO+ CREDITS

FEE: \$325 + GST - MAX 24 PARTICIPANTS

Opioid therapy in CNCP (Chronic non-Cancer Pain) has become a political football. But treating patients with chronic pain while being challenging can be immensely rewarding. We will review tools to make your management both easier and congruent to expectations from your local College. The proper assessment of the pain patient will be reviewed and you will learn some real pearls! Side effects of opioids are often a barrier to their use; we will review what you should look for and how to manage them. Alternatives to Opioids will also be explored, to ensure we have the 'whole picture' covered.

Presenter: Dr. Alan Kaplan

RBC Convention Centre, Main Floor, Room 15



SPIROMETRY

1:30 pm – 5:30 pm – 8 MAINPRO+ CREDITS

FEE: \$325 + GST - MAX 24 PARTICIPANTS

Participants in this popular recurring MAINPRO+-certified workshop run by primary care experts in spirometry will be educated on the benefits that utilizing spirometry will have in their day-to-day practice. We will review the Guidelines for both COPD and Asthma management. A review of the science of spirometry and its indications will be followed with hands-on experience with a number of different spirometers. The group will then learn how to interpret spirograms. There will be lots of opportunity to review multiple cases and spirograms, all designed to allow the facile interpretation of spirograms and to show how spirometry will affect clinical decision-making. This program has been run for many years and we have been fortunate to have taught many physicians that spirometry is practical, easy to interpret and is essential for YOUR practice.

Presenter: Dr. Alan Kaplan

RBC Convention Centre, Main Floor, Room 15



IMPLEMENTING MEDICAL ABORTION IN YOUR PRIMARY CARE PRACTICE

1:30 pm – 4:30 pm – 3 MAINPRO+ CREDITS

FEE: \$195 + GST - MAX 24 PARTICIPANTS

Integrating medical abortions into your primary care practice.

Medical abortions have been available in Europe for over two decades and are currently approved for use in 60 countries worldwide. Medical abortions provide an important option for women who are early in pregnancy and may not have easy access to surgical abortions.

Goals:

1. To become comfortable with managing medical abortions management.
2. To identify and trouble shoot issues with integrating medical abortion into your practice.
3. To supply you with the tools and information you need to support women choosing medical abortions.

Presenter: Dr. Carol Scurfield

RBC Convention Centre, Second Floor, Cecil Richards Suite





HOTEL ACCOMODATIONS



DELTA WINNIPEG

350 ST. MARY AVENUE, WINNIPEG MB
Conveniently located across the street from the
Convention Centre and accessible via the indoor
skywalk.

ASA Special Room & Parking:
\$160/night + taxes
(expires March 20th)

To reserve: 1-844-294-7309
and ask for the *MB College of Family
Physicians ASA Room Block*

[CLICK HERE TO REGISTER FOR THE ASA](#)

