

58TH

ANNUAL SCIENTIFIC ASSEMBLY

MANITOBA COLLEGE OF FAMILY PHYSICIANS

APRIL 14-16, 2016

VICTORIA INN
1808 WELLINGTON AVE.
WINNIPEG, MB

THIS IS YOUR ASA:

PEDIATRICS
MEDICINE & THERAPEUTICS
WOMEN'S HEALTH
EMERGENCY MEDICINE
PSYCHIATRY
MUSCULOSKELETAL

REGISTER ONLINE NOW

SEATS ARE LIMITED. REGISTER EARLY AND AVOID DISAPPOINTMENT.

THE FULL PROGRAM AND ONLINE REGISTRATION FORM
ARE AVAILABLE AT WWW.MCFP.MB.CA/ASA/

THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

TIMELY AND RELEVANT CPD • MAINPRO-C SATURDAY • NETWORKING AND CONNECTING WITH COLLEAGUES



The Manitoba College of Family Physicians is pleased to invite you to our premier conference for family physicians that provides continuing professional development through workshops and sessions, and an opportunity to network with colleagues and discuss best practices.

We would like to welcome all the participants for the 2016 Manitoba Family Medicine ASA Conference.

This is the second year where we have taken the feedback from the previous year and applied it directly into developing the next conference. You spoke and we listened. We are very excited to bring you another 2 days of intensive education aimed at the core aspects of Family Medicine practice. We have adjusted the format a little more and reduced the amount of longer lecture sessions for shorter, to the point, evidence based sessions. This will focus on the fundamentals of practice within the five sections of internal medicine, pediatrics, emergency medicine, psychiatry and women's health. This will reduce the amount of options for streams to choose from but allows for more topics by time to be covered over the two days. These subjects will cover the requested topics, the perceived needs and also unperceived needs that have been selected from surveys done in collaboration with the CPD department of the University of Manitoba. Therefore, building on a very successful conference last year, and working collaboratively with other CPD members, we are sure that this will be a stimulating and busy two days. Our networking evening and our banquet will offer the social aspects for this community. The President's Awards & Recognition Dinner will be at the Museum for Human Rights, which offers a spectacular dinner and an optional private guided tour of the facility. The committee has blended the feedback and their ideas into an inspiring and thought-provoking conference as we continue to try raise the quality of this Annual Scientific Assembly.

We would like to thank the committee, Kari McKinnon, and Amanda Woodard for all their hard work to make this happen. I would also like to thank everyone that gave us comments and would encourage it every year for ongoing improvements.

Dr. Richard Rusk **Dr. Ainslie Michalchuk**
ASA Planning Committee Co-Chairs

2016 ASA Planning Committee

Committee Co-Chairs

Richard Rusk, DVM MD CCFP MPH
Manitoba Public Health, Winnipeg

Ainslie Mihalchuk, BA BSc BSc Med MD CCFP,
Concordia Hospital/ACCESS River East, Winnipeg

Committee Members

Ganesan Abbu, MB.Chb CCFP FCFP
C.W. Wiebe Medical Centre, Winkler

Tamara Buchel, MD CCFP,
Executive Director of MCFP, Winnipeg

Amanda Condon, MD
Access River East, Winnipeg

Mike Dillon, MD CCFP FCFP
Klinik Community Health Centre, Winnipeg

Robert Kruk, MD
Carmen Medical Clinic, Carman

Julie Lamb, MD CCFP FCFP
Autumnwood Medical Centre, Winnipeg

Michael Leonhart, MD, CCFP,
WRHA Adult Critical Care Program, Winnipeg

Christine J. Polimeni, MD, CCFP,
Director of CPD Medicine, University of Manitoba

Jen Potter, MD, BSc, CCFP,
Kildonan Medical Centre, Winnipeg



ANNUAL SCIENTIFIC ASSEMBLY PHILOSOPHY & LEARNING OBJECTIVES

The Family Physician will:

- gain knowledge about new concepts in the delivery of medicine,
- gain knowledge and skills to apply to his or her everyday practice,
- be given an opportunity to discuss concepts that are controversial and innovative,
- be challenged by new innovations in medicine and continually apply these to his or her practice,
- leave the program with confidence in new skills and gain tools to explore new ways of obtaining information and expanding his or her knowledge.

Annual Scientific Assembly:

You miss a year, you miss a lot!

The 58th Annual Scientific Assembly has been accredited for 13.5 M1 credits.

REGISTRATION INFORMATION AND FEES

2 DAYS: THURSDAY & FRIDAY ONLY.

FEE DOES NOT INCLUDE GST	EARLY BIRD RATE Registrations received BEFORE MARCH 7 th , 2016	LATE BIRD RATE Registrations received AFTER MARCH 8 th , 2016
<input type="checkbox"/> CFPC Member Physician	\$515	\$615
<input type="checkbox"/> Non-Member Mainpro Participant	\$665	\$765
<input type="checkbox"/> First 5 Years in Practice Physicians	\$415	\$515
<input type="checkbox"/> Allied Health Care Professional	\$415	\$515
<input type="checkbox"/> Resident	\$115	\$115
<input type="checkbox"/> Medical Student	FREE (Must pre-register)	FREE (Must pre-register)

★ LIMITED SEATING CAPACITY ★

★ NO WALK-UP REGISTRATIONS ★

★ REGISTRATION CLOSING WEDNESDAY APRIL 13TH AT NOON, OR WHEN FULL ★



ASA PROGRAM SUMMARY

emergency medicine • psychiatry • MSK • women's health • medicine & therapeutics • pediatrics

Since its inception, the MCFP has recognized the importance of providing members with CPD opportunities and a forum where primary care physicians can learn and network with their peers and colleagues.

Plenary Sessions

Following the format of other conferences, this year's ASA offers two full days in the plenary room. Our slate of sessions includes short snappers and long snappers on the clinical topics that you have requested. So on Thursday & Friday morning, go to the registration desk, grab a coffee, find your seat, and the CPD will come to you.

Friday's sessions will entertain and educate – with the new evidence based game show hosted by Dr. Roger Suss, followed by a panel discussion on the Medicolegal Pitfalls in Emergency Medicine.

Keynote Presentations

This year, our keynote speakers are home grown experts. **Dr. Ganesan Abbu** has an affinity for technology and he will tell you why you need to embrace it, too. **Dr. Ryan Zarychanski** will speak on how to find the answers to your clinical questions. And for a bit of educational fun, **Dr. Roger Suss** will host the evidence-based medicine game show.

Annual General Meeting

The MCFP Annual General Meeting provides members with an opportunity to review and learn about College activities in the last year. Presided by Dr. Elaine Csupak, MCFP President, the AGM delivers a summary of the financial health of the College,

honours award recipients, and introduces the membership to the incoming President and Executive Committee. The Annual General Meeting is held over lunch on Friday, April 15th.

Awards Presentation

At the Annual General Meeting, a large part of the program is dedicated to honouring our award recipients. Family Physician of the Year, Awards of Excellence, and the new Gary Beazley Award winners will be introduced to the membership.

Mainpro-C Programs

Several Mainpro-C learning opportunities are offered on Saturday, April 16th. Capacity is limited for these sessions and registration is on a first-come, first-served basis. Additionally, if minimum numbers in any given session are not met, the Mainpro-C program may be cancelled and your registration fee will be refunded or applied to another session, if available. Register early to avoid disappointment.

Mainpro-C program registration fees are not included in the ASA registration fee. Program accreditation, credit allotment, and letters of attendance are managed by Mainpro-C program providers.

REGISTER BEFORE MARCH 7th AND BE ENTERED TO WIN FREE REGISTRATION



ASA PROGRAM NETWORKING & SOCIAL EVENTS

CONTINENTAL BREAKFASTS & COFFEE BREAKS

Breakfast and coffee breaks during the day offer ample time to circulate, check out the booths in the Exhibit Hall, catch up with old acquaintances and forge new ones. Continental breakfast and two half-hour breaks in the day will help re-charge your batteries between sessions.

LUNCHES

On Thursday, the ASA offers two lunches to choose from: a free time networking lunch, or a special Lunch & Learn for those in the First Five Years in Practice group.

During lunch on Friday, the Manitoba College of Family Physicians holds the Annual General Meeting. While you eat, you can learn about MCFP activities and its financial snapshot. The AGM also includes the installation of the new MCFP President and awards presentation.

As always, coffee breaks and lunches are included in your registration fee. You just have to let us know when you register which lunches you will be attending.

NETWORKING & HOSPITALITY RECEPTION

Thursday, April 14, 2016

5:30 – 7:00 (directly following the afternoon sessions)

Before you leave for the day, relax, mingle and discuss the day's sessions. Have a quick nosh and a drinkie-drink, if you like. Appetizers will be served and a cash bar will be available.

PRESIDENT'S AWARDS & RECOGNITION BANQUET

Friday, April 15, 2016

Canadian Museum for Human Rights

Cocktails 6:30 • Dinner 7:00 • Optional Private Tour 8:30*

One complimentary dinner ticket is provided to CFPC members who have registered for the conference, upon request. **

The Private Tour is an additional \$19* Additional Tickets: Adults: \$65, Children up to 13 years: \$22

***excludes resident and student registrations*



The Canadian Museum for Human Rights is the first national museum to be built in nearly half a century, and the first outside the National Capital Region. A jewel in Winnipeg's crown, it is envisioned as an international destination - a centre of learning where Canadians and people from around the world can engage in discussion and take action in support of human rights everywhere.

The Canadian Museum for Human Rights will take you on a journey of education and inspiration unlike anything you've experienced before. After a delicious dinner, an optional guided tour of the galleries will be available.

The Manitoba College of Family Physicians is excited to share this evening with you in this iconic Winnipeg landmark.



THURSDAY, APRIL 14, 2016

SCHEDULE AT-A-GLANCE

7:15 International Medical Graduate (IMG) Breakfast Embassy Room A - E
7:30 Registration & Continental Breakfast – Exhibit Hall

PLENARY ROOM	
8:15	Welcome and Announcements, Dr. Richard Rusk
8:30 – 9:30 3 X 15 Min + Q&A	Short Snappers: EMERGENCY MEDICINE (1) Bedside Ultrasound, Dr. Colin McFee (2) The Role of OptiFlow in Acute Care, Mr. Craig Hillier (3) New Chest Pain Protocol, Dr. Kunal Minhas,
9:30 – 10:30 3 X 15 Min + Q&A	Short Snappers: PSYCHIATRY (1) Suicide Risk & Interventions in First Nation Populations, Dr. Michael Harrington (2) Borderline Personality Disorder, Dr. Natalie Husarowicz (3) Providing Medical Care for People with Addictions, Dr. Adrian Hynes
10:30 – 11:00	COFFEE:
11:00 – 12:00 1 X 15 1 X 30 + Q&A	Short & Long Snappers: PEDIATRICS (1) Peanut Allergy Prevention: A Peanut a Day Keeps the Allergist Away, Dr. Thomas Gerstner (2) Peds Dermatology, Dr. Shane Silver (30 min)
12:00 – 12:15	Mainpro+ Update, Teresa Wawryko
12:15 – 12:25	Launch of Rapid Access to Consultative Expertise, Dr. Elaine Csupak and Dr. Murray Enns
12:25 – 1:15	LUNCH FFYP Networking Lunch – Carlton Room
1:15 – 2:15	KEYNOTE: FINDING ANSWERS; USING EVIDENCE TO INFORM EVERYDAY CLINICAL QUESTIONS, Dr. Ryan Zarychanski
2:15 – 3:45 5 X 15 min + Q&A	Short Snappers: MEDICINE & THERAPEUTICS (1) The Use of Novel Oral Anticoagulants in Atrial Fibrillation, Dr. Jonathan Gabor (2) Transgender Healthcare: What Primary Care Providers Need to Know about Gender Identity Dysphoria in Your Practice, Dr. Ian Whetter (3) Fracture Prevention in Long-Term Care, Dr. Heather Frame (4) Tick Borne Diseases Update, Dr. Fred Aoki (5) Vaccine New Information, Dr. Carol Kurbis
3:45 – 4:15	COFFEE BREAK
4:15 – 5:30 4 X 15 min + Q&A	Short Snappers: WOMENS' HEALTH (1) Gestational Diabetes: Identifying, Investigating and Treating Those at Risk, , Dr. Elizabeth Salamon (2) Breast Imaging & Referral Process, Dr. Mark Kristjanson (3) Medical Termination of Pregnancy, Dr. Carol Scurfield (4) Hot Topics in Obstetrical Internal Medicine, Dr. Laura Chisick
5:30 – 7:00	Networking & Hospitality Reception



THURSDAY, APRIL 14, 2016

EMERGENCY MEDICINE 8:30 – 9:30

(1) BEDSIDE ULTRASOUND

DR. COLIN D. McFEE, Assistant Professor - Northern/Remote Family Medicine stream, University of Manitoba

Learning Objectives:

- Understand the applications of bedside Ultrasound within Family medicine;
- Provide information on POCUS (point of care ultrasound) competency and educational resources;
- Introduce new ultrasound technology.

(2) THE ROLE OF OPTIFLOW IN ACUTE CARE

MR. CRAIG HILLIER, WRHA Regional Manager, Respiratory Therapy-Acute Care; SOGH Site Director, Respiratory Therapy/Electrocardiology, Seven Oaks General Hospital

Learning Objectives:

- Review function/operation of Optiflow;
- Understand the indications for use of Optiflow;
 - Discuss settings for use of Optiflow;
 - Discuss follow-up of the patient on Optiflow therapy.

(3) NEW CHEST PAIN PROTOCOL

DR. KUNAL MINHAS, Interventional Cardiology; Associate Director CCUs WRHA; Assistant Professor of Medicine, University of Manitoba

Learning Objectives:

- Current protocols for assessment of patients with chest pain presenting to ER;
- Data for rapid rule out of AMI in ER patients;
- Alternative biomarkers for rule out of AMI.

PSYCHIATRY 9:30 – 10:30

(1) SUICIDE RISK & INTERVENTIONS IN FIRST NATION POPULATIONS

DR. MICHAEL HARRINGTON,

Learning Objectives:

(2) BORDERLINE PERSONALITY DISORDER,

DR. NATALIE HUSAROWICZ,

Learning Objectives:



THURSDAY, APRIL 14, 2016

(3) PROVIDING MEDICAL CARE FOR PEOPLE WITH ADDICTIONS

DR. ADRIAN HYNES, Medical Director, Co-Occurring Disorders Program, Health Sciences Centre; Consultant in Co-Occurring to the Winnipeg Regional Health Authority

Learning Objectives:

- Become aware of the medical conditions most commonly associated with substance use disorders;
- Become aware of the substance use disorders most commonly associated with medical illnesses;
- Learn to screen for substance use disorders during medical consultations.

PEDIATRICS 11:00 – 12:00

(1) PEANUT ALLERGY PREVENTION: A PEANUT A DAY KEEPS THE ALLERGIST AWAY

DR. THOMAS GERSTNER, Pediatric Allergy, Asthma, and Clinical Immunology, Meadowood Medical Centre; Section of Allergy and Clinical Immunology, Department of Pediatrics and Child Health, University of Manitoba

Learning Objectives:

- Chronicle the changing prevalence of peanut allergy over time
- Describe some of the potential contributing factors
- Discuss the evidence for a "paradigm shift" in the approach to prevention of peanut allergy
- Apply recent consensus recommendations to appropriate children in a family practice setting

(2) PEDIATRIC DERMATOLOGY

DR. SHANE SILVER, Dermatologist

Learning Objectives:

1. To be able to recognize common paediatric dermatologic conditions;
2. To recognize rare but serious paediatric dermatologic cases;
3. To become comfortable with various treatment options for pediatric dermatologic conditions.



12:00 – 12:15

**DR. TERESA WAWRYKOW,
Manitoba/Saskatchewan CPD
Educator**

MAINPRO is a framework for providing CPD participation guidelines, standards and tracking for Canadian Family Physicians. MAINPRO+ will be implemented in 2016 and will include more intuitive reporting categories, a wider variety of credit eligible activities and explicit criteria for higher value accredited programs. This presentation will focus on the changes, advantages and potential challenges of MAINPRO+ relevant to all family physicians.



THURSDAY, APRIL 14, 2016

KEYNOTE 1:15 – 2:15



FINDING ANSWERS; USING EVIDENCE TO INFORM EVERYDAY CLINICAL QUESTIONS

DR. RYAN ZARYCHANSKI

Dr. Ryan Zarychanski is an Assistant Professor in the College of Medicine with clinical specialties of hematology and critical care. A graduate of the B. Sc. (Med) program at the University of Manitoba, he has been the recipient of a CIHR New Investigator Award, and the Department of Medicine's Liam Murphy Young Investigator Award. Dr. Zarychanski's research explores hematologic aspects of critical illness, including the management of severe bleeding and transfusion practices, fluid resuscitation, and novel uses of an old anticoagulant in patients with severe infection.

He is keenly interested in the nature of evidence, which has led him to leverage a variety of research methods to scrutinize accepted beliefs and conventions in medical practice.

MEDICINE & THERAPEUTICS 2:15 – 3:45

(1) THE USE OF NOVEL ORAL ANTICOAGULANTS IN ATRIAL FIBRILLATION

DR. JONATHAN GABOR, Internal Medicine, Concordia Hospital

Learning Objectives:

- Review the pathophysiology of thrombus formation and thrombotic risk in atrial fibrillation;
- Understand the indications for oral anticoagulation in patients with atrial fibrillation;
- Distinguish between novel oral anticoagulants (NOACs) and review the limitations of the available data;
- Review the contraindications to DOAC use and outline clinical features to consider when selecting a specific agent.

(2) TRANSGENDER HEALTHCARE: WHAT PRIMARY CARE PROVIDERS NEED TO KNOW ABOUT GENDER DYSPHORIA IN YOUR PRACTICE.

DR. IAN WHETTER, Family Physician, Trans Health Program at Klinik Community Health

Learning Objectives:

At the end of the session, participants will:

- Have an approach to creating a safe care environment for patients presenting with Gender Dysphoria;
- Have an approach to assessing and treating patients presenting with Gender Dysphoria;
- Know the referral pathways in Manitoba to facilitate access to hormone therapy and gender affirming surgeries for your patients with Gender Dysphoria.

(3) FRACTURE PREVENTION IN LONG-TERM CARE

DR. HEATHER FRAME, Family Physician, Osteoporosis Clinic, Mature Women's Center, Victoria Hospital

Learning Objectives:

To date there have been no guidelines to direct the treatment of Osteoporosis and Fracture Risk Reduction in the long term care setting. This session will be of interest to physicians who manage patients in personal care home settings but the recommendations are also pertinent to the elderly who are being cared for at home or in assisted living locations.



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(4) TICK BORNE DISEASES UPDATE

DR. FRED AOKI, Professor of Medicine, Medical Microbiology and Pharmacology & Therapeutics; College of Medicine, Faculty of Health Sciences, University of Manitoba

Learning Objectives:

At the conclusion of this session, participants will be able to:

- Appreciate that tick-borne diseases are still very uncommon in Manitoba;
- Lyme disease patients develop skin lesions (Erythema Chronicum Migrans [ECM], arthritis and/or neurologic disease;
- Appreciate that doxycycline or amoxicillin are appropriate for the treatment of a person with a suspicious ECM lesion and supportive tick exposure history;
- Appreciate that acute 'summer flu' (fever, malaise and myalgias) + leucopenia, thrombocytopenia + abnormal LFTs, may be due to anaplasmosis or babesiosis.

(5) VACCINE NEW INFORMATION

DR. CAROL KURBIS, Medical Officer of Health, Epidemiology and Surveillance, Public Health and Primary Health Care Division, Manitoba Health, Healthy Living and Seniors

Learning Objectives:

- Updates on the Provincial Vaccine Program;
- Clarify the eligibility criteria for new vaccines;
- Highlight the high risk populations identified for the vaccination program;
- Highlight aspects that lead to vaccine hesitancy.

WOMENS' HEALTH 4:15 – 5:30

(1) GESTATIONAL DIABETES: IDENTIFYING, INVESTIGATING AND TREATING THOSE AT RISK.

DR. BETH SALAMON, Endocrinology, Assistant Professor of Medicine, University of Manitoba

Learning Objectives:

1. Review the risk factors for gestational diabetes
2. Navigate the CDA Guidelines- How you should investigate
3. Review treatment targets and recommended therapies

(2) BREAST IMAGING & REFERRAL PROCESS

DR. MARK KRISTJANSON, Medical Lead, Primary Care, Community Oncology Program at Cancer Care Manitoba; Assistant Professor, Department of Family Medicine, University of Manitoba

Learning Objectives:

- Explain the new "Direct Referral" changes that came into effect in Manitoba in 2015 with respect to diagnostic breast imaging;
- Identify and describe the potential benefits of the direct referral process, and the potential harms to patients if the family physician is not closely involved during the work up for suspected breast cancer;
- Describe some simple steps the family physician can take to improve the patient's experience during the workup for suspected breast cancer.



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(3) MEDICAL TERMINATION OF PREGNANCY

DR. CAROL SCURFIELD, Medical Director Women's Health Clinic.

Learning Objectives:

- To become familiar with the procedure for a medical abortion;
- To be able to manage possible complications of this procedure;
- Integrating medical abortions into your practice.

(4) HOT TOPICS IN OBSTETRICAL INTERNAL MEDICINE

DR. LAURA CHISICK, General Internal Medicine

Learning Objectives:



NETWORKING & HOSPITALITY RECEPTION

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5:30 – 7:00 (directly following the afternoon sessions)

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FRIDAY, APRIL 15, 2016

SCHEDULE AT-A-GLANCE

7:30 Registration & Continental Breakfast – Exhibit Hall

PLENARY ROOM	
8:15	Welcome and Announcements, Dr. Richard Rusk
8:30 – 9:30 3 X 15 Min	Short Snappers: MEDICINE & THERAPEUTICS (1) CCS Heart Failure Guidelines Update, Dr. Shelley Zieroth (2) Diabetes: Accessing the CDA App for Clinical Practice, Ms. Sherri Pockett (3) Intelligent Surveillance For Chronic Kidney Disease In Manitoba: The Electronic Kidney Health Record & Beyond, Dr. Paul Komenda
9:30 – 10:30 3 X 15 Min + Q&A	Short Snappers: MSK (1) Determining Disability, Dr. Bradley Baydock (2) Common Hand Conditions, Ms. Krista Paulson (3) The Role of Neuro-Diagnostics vs Imaging in the Assessment & Management of Back Pain Syndromes, Dr. Davyd Hooper
10:30 – 11:00	COFFEE:
11:00 – 12:00 2 X 20 min + Q&A	Short Snappers: PSYCHIATRY (1) Interventions in Narcotic Overdoses, Dr. Joss Reimer, Ms. Shelly Marshall (2) The Development of a Community Based Suboxone Maintenance Program for Narcotics Dependence in First Nations, Dr. Anne Robinson
12:00 – 1:30	LUNCH & AGM
1:30 – 2:15 45 min	KEYNOTE: DIGITAL HEALTH REVOLUTION, Dr. Ganesan Abbu
2:15 – 3:15 3 X 15 min + Q&A	Short Snappers: PEDIATRICS (1) Beta Lactam Allergy, Dr. Alex Singer, Dr. Elisa Abrams (2) How to Integrate Breastfeeding Support into Your 15 Minute Office Visit, Dr. Aleesha Gillette (3) Medications in Breast Feeding, Dr. Brenda Rosenthal
3:15 – 3:45	COFFEE BREAK
3:45 – 4:45 60 min	THE PRICE IS ALMOST RIGHT – EBM EDITION
4:45 - 5:30 45 min	Panel Discussion: MEDICOLEGAL PITFALLS IN EMERGENCY MEDICINE Dr. Anna Ziomek & CMPA Representative



FRIDAY, APRIL 15, 2016

MEDICINE & THERAPEUTICS 8:30 – 9:30

(1) CCS HEART FAILURE GUIDELINES UPDATE

DR. SHELLEY ZIEROTH, Cardiologist; Director, SBH Heart Failure and Transplant Clinics; Head, Medical Heart Failure Program, WRHA Cardiac Sciences Program; Assistant Professor of Medicine, University of Manitoba

Learning Objectives:

- Understand the indications for new heart failure drugs including ivabradine and LCZ696
- Review the current recommendations for ICD/CRT
- Review the recommendations for imaging tests in the setting of heart failure

(2) DIABETES: ACCESSING THE CDA APP FOR CLINICAL PRACTICE

MS. SHERRI POCKETT, Nurse Clinician Endocrinology, St Boniface Hospital; Committee Member for the Dissemination and Implementation and Team Care / Organization of Care – 2013 CDA Clinical Practice Guidelines

Learning Objectives:

- To create and awareness of a tool to individualize the care of our diabetic patients;
- Case studies will be used to demonstrate how the app can help manage complex diabetic patients using current best practice tools.

(3) INTELLIGENT SURVEILLANCE FOR CHRONIC KIDNEY DISEASE IN MB: THE ELECTRONIC KIDNEY HEALTH RECORD & BEYOND

DR. PAUL KOMENDA, Associate Professor, College of Medicine, University of Manitoba; Director of Research and Home Hemodialysis, Seven Oaks General Hospital

Learning Objectives:

- Describe the current epidemiology of Chronic Kidney Disease in Manitoba
- Outline the guidelines and rationale for CKD screening
- Describe the concepts of electronic Risk Prediction and Triage of Referrals
- Define a framework for a provincial CKD surveillance unit using electronic and active screening methods

MUSCLOSKELETAL 9:30 – 10:30

(1) DETERMING DISABILITY

DR. BRADLEY BAYDOCK, Sport Medicine Physician, Legacy Sport Medicine Clinic, Team physician Winnipeg Blue Bombers Football Club, Lecturer, University of Manitoba, Department of Family Medicine

Learning Objectives:

- To inform physicians on how to apply the process to help determine disability in their patients;
- To allow physicians to determine what factors are causing disability and to tailor treatment for their patients;
- To alleviate the disability factors with the goal of returning their patients to work.



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(2) COMMON HAND CONDITIONS

DR. KRISTA PAULSON, Certified Hand Physiotherapist

Learning Objectives:

- To review the relevant anatomy, patient history, examination and diagnostic imaging findings for Trigger Finger and Thumb Carpometacarpal Arthritis.
- To enhance understanding of the typical evidence-based conservative and surgical management Trigger Finger and Thumb Carpometacarpal Arthritis.
- To review when and where to refer for both conservative and surgical management of Trigger Finger and Thumb Carpometacarpal Arthritis.

(3) THE ROLE OF NEURO-DIAGNOSTICS VS IMAGING I THE ASSESSMENT & MANAGEMENT OF BACK PAIN SYNDROMES

DR. DAVYD HOOPER, Physical Medicine and Rehabilitation, Assistant Professor University of Manitoba, Residency Program Director Physical Medicine and Rehabilitation

Learning Objectives:

- Review the indications for spine imaging in neck/back pain, and radiculopathy
- Identify the “nuts and bolts” of spine imaging reports with illustrative cases. (What is important and what can be ignored)
- Discuss the role of electrodiagnostic consultation (EMG and Nerve Conduction Study) in assessing spine and limb pain

PSYCHIATRY 11:00 – 12:00

(1) INTERVENTIONS IN NARCOTIC OVERDOSES

DR. JOSS REIMER, Medical Officer of Health – WRHA and Manitoba Health

MS. SHELLEY MARSHALL, Clinical Nurse Specialist, Winnipeg Regional Health Authority

Learning Objectives:

- Explain the burden of illness from opioid use and overdose in Manitoba including demographics, trends and drug categories
- Describe the Take-home Naloxone Distribution program in Winnipeg
- Discuss successes and challenges to Take-home Naloxone programs
- Discuss the role of the Primary Care Provider in overdose prevention

(2) THE DEVELOPMENT OF A COMMUNITY BASED SUBOXONE MAINTENANCE PROGRAM FOR NARCOTICS DEPENDANCE IN FIRST NATIONS

DR. ANNE ROBINSON, Assistant Professor, Northern Ontario School of Medicine; Community Physician for Cat Lake First Nation; Sioux Lookout First Nations Health Authority

Learning Objectives:

- Review the rationale for buprenorphine/naloxone (Suboxone®) as pharmacotherapy for treatment of opioid use disorder in remote First Nations communities.
- Describe the structure of Suboxone® Programs in these communities.
- Review some of the measured and observed outcomes of these Programs.



FRIDAY, APRIL 15, 2016

KEYNOTE 1:30 – 2:15



DIGITAL HEALTH REVOLUTION

DR. GANESAN ABBU

Dr. Ganesan P Abbu was born in Durban, South Africa where he completed his medical training. He moved with his family to Winkler, MB. in 1998 and has practised there since. He completed a year of GP Anesthesia training at the University of Manitoba. His current practice involves mainly anesthesia and emergency medicine.

Dr. Abbu is Assistant professor in the department of Family Medicine at the U of M, is ICU director at Boundary Trails Hospital and Regional Physician Lead of the Antimicrobial Stewardship Program in Southern Health-Sante Sud.

His strong belief that physicians should be at the helm of digital health transformation has motivated him to develop customized healthcare apps such as Manitoba PreopSys and the "SMART" website to promote Antimicrobial Stewardship.

Healthcare has been a surprisingly late entrant into the world of digital technology. As physicians, we risk being swept aside in a tidal wave of disruptive innovation as the momentum shifts away from physician centred medicine. This address explores the myriad of digital healthcare technologies and considers some of the implications for the future medicine with a special focus on Family Medicine

PEDIATRICS 2:15 – 3:15

(1) BETA LACTAM ALLERGY

DR. ALEX SINGER, Assistant Professor, Department of Family Medicine, University of Manitoba

DR. ELISSA ABRAMS, Paediatric Allergy and Clinical Immunology.

Learning Objectives:

- Describe the epidemiology of penicillin allergy;
- Describe the common presentations of penicillin allergy in primary care patients;
- Describe the recent Manitoba study that describes the true rate of penicillin allergy, and the importance of clinical evaluation.

(2) HOW TO INTEGRATE BREAST FEEDING SUPPORT INTO YOUR 15 MINUTE OFFICE VISIT

DR. ALEESHA GILLETTE, Family Physician, Steinbach Family Medical; Medical Lead of Obstetrics Program, Bethesda Hospital;

Learning Objectives:

- Review the basics of breastfeeding;
- Discuss the importance of taking a prenatal breastfeeding history;
- Provide an overview of lactation support resources in Manitoba;
- Demonstrate how family physicians can provide evidence based support for common breastfeeding issues during our office visits.



FRIDAY, APRIL 15, 2016

(3) MEDICATIONS IN BREAST FEEDING

MS. BRENDA ROSENTHAL, BScPharm, Drug Information Pharmacist, Health Sciences Centre, Winnipeg Regional Health Authority

Evidence based medicine and critical evaluation of medical literature show most medications are compatible with breastfeeding, and for those few medications that are a safety issue there are usually acceptable substitutions. Although mothers are frequently told they need to stop breastfeeding (temporarily or permanently) to take a medication, with the right information this is rarely necessary.

THE PRICE IS ALMOST RIGHT – EBM EDITION 3:45 – 4:45

Bob Barker lives! Unfortunately, he will be unable to host this game show due to other commitments. Thankfully, Dr. Roger Suss is up for the job. Our contestants will “come on down” and try to guess the price and effectiveness of common medical tests and treatments in an attempt to win minor prizes - volunteers welcome.

MEDICOLEGAL PITFALLS IN EMERGENCY MEDICINE 4:45 – 5:30

**DR. ANNA ZIOMEK, Registrar/CEO, College of Physicians & Surgeons of Manitoba
TBA, Canadian Medical Protective Association**

Learning Objectives:

- Review of the number of complaints against doctors practicing in the Emergency Rooms;
- Review distribution, classifications and outcomes of complaints.



SATURDAY, APRIL 16, 2016

MAINPRO-C SESSIONS

CASTED: EMERGENCY - CENTENNIAL ROOM 1

8:00 AM - 5:00 PM 9 MAINPRO-C credits

Fee: \$950 + GST [\$997.50]

CASTED: Emergency is the 'hands-on' ED orthopedics course designed specifically for emergency department physicians and staff.

CASTED: Emergency offers numerous clinical pearls on:

- history, physical and investigations
- making more accurate diagnoses
- recognizing the 'red flag' patients
- knowing who needs a reduction
- fracture and dislocation reduction and molding techniques
- understanding who needs to see ortho and when.

Combining case presentations with over 4 hours of 'hands-on' casting and splinting, CASTED reviews:

- ED orthopedic principles
- ED management of over 80 specific diagnoses
- numerous ED casting, splinting and reduction techniques.

During the course, as you put on casts and splints, CASTED faculty will offer instruction on the proper application and molding techniques. By the end of the course, you will have the confidence that you are doing it right!



CANCERCARE MODULES - Embassy Room A

9:00 AM - 12:00 PM - 4 MAINPRO-C CREDITS + up to 7 MAINPRO M1 CREDITS (upon completion of post-session reflective exercise)

Fee: \$150 + GST [\$157.50]

(1) COLORECTAL CANCER DIAGNOSIS

- Be familiar with the typical presenting features of colorectal cancer
- Know when to refer patients to specialists urgently, semi-urgently, and routinely
- Understand the role for selected tests (e.g. FOBT and CT colonography) in the work-up of suspected CRC

(2) LYMPHOMA & LATERAL NECK MASS CANCER DIAGNOSIS

- Recognize clinical scenarios where lymphomas and squamous cell head and neck cancers should be considered in the differential diagnosis
- Recognize clinical scenarios in which infectious causes of adenopathy should be considered in the differential diagnosis
- Explain the implications for the diagnostic work up of cervical adenopathy when a primary squamous cell cancer of the head & neck is on the differential
- Explain how to expedite the diagnostic work up of aggressive lymphomas and bring the patient to the attention of a hematologist-oncologist in a timely fashion





SATURDAY, APRIL 16, 2016

MAINPRO-C SESSIONS

INFANT & TODDLER NUTRITION - Embassy Room C

9:00 am - 12:30 pm - 3 MAINPRO-C CREDITS

Fee: \$150 + GST [\$157.50]

Description:

Current evidence supports exclusive breastfeeding as the optimal method of early infant feeding, providing multiple health benefits and disease prevention for both infants and their mothers. Families receive much of their early care in the primary care family practice setting, therefore knowledge and support from their care team is essential to help promote, protect, and support successful and continued breastfeeding. The workshop will also look at maternal nutrition and dietary intake in the prenatal period and its impact on child health outcomes. Information regarding new Canadian Pediatric Society guidelines on the introduction of solids will be reviewed in detail. Iron deficiency, other nutritional deficiencies and health impact and use of fortified formulas for those children who are not breastfed will be discussed in detail. Role of screening tools (NutriSTEP), World Health Organization Growth Charts and Canada's Food Guide will be reviewed. Some elements of how child developmental milestones impact nutrition will be integrated through case based discussion.

Learning Objectives:

1. Describe breastfeeding basics including latch, positioning, and assessing adequacy of intake feeding of the infant, when and how to introduce formula if required and introduction of solids
2. Describe maternal nutrition and dietary intake in the prenatal period, during breastfeeding and its impact on child health outcomes
3. Utilize tools such as NutriSTEP and Canada's Food Guide to educate parents about infant and toddler nutrition and prevention of obesity



MANAGEMENT OF ALLERGIC DISEASES IN PRIMARY CARE - Embassy Room E

9:00 am - 1:00 pm - 4 MAINPRO-C CREDITS

Fee: \$200 + GST [\$210]

This session will review the approach to some of the most commonly encountered patient problems in allergy and family medicine. New evidence-based approaches will be discussed which will highlight significant changes in the management of allergic patients and their families. The focus will be on 3 specific areas:

1. We will be looking at seminal new data examining the issue of early introduction of "high risk foods" in infants at risk for allergy and reviewing new consensus recommendations. In addition, we will discuss new approaches to diagnosis and treatment of food allergy and highlight patient resources available.
2. Commonly asked questions about optimal inhaled therapies for asthma will be reviewed. Distinguishing features of commonly prescribed inhaled devices will be explored, as well as contrasting delivery properties of various inhaled corticosteroids. The participant will be able to apply these concepts when selecting the most suitable inhaled medication and device for his/her asthma patients. There will also be a hands-on component.
3. "Penicillin allergy" is a common label in our patients that frequently can interfere with their optimal treatment of infections, leading to greater risks, including side-effects and development of antibiotic resistance. Just how common is true penicillin allergy? This component will include a retrospective chart review of referred patients in Manitoba for suspected penicillin allergy and report on the true prevalence following allergy specialist evaluation. The relevance of accurate diagnosis will be discussed, as the surprising results could have important ramifications on how these patients are managed.



HOTEL ACCOMODATIONS

VICTORIA INN

1808 WELLINGTON AVENUE
WINNIPEG MB R3H 0G3
PH: (204) 786-4801 or email kams@vicinn.com

ROOM & RATES

Standard Room, 2 beds - \$134.00/night
Business King - \$134.00/night
Executive Suite - \$210.00/night
Kids Themed Suite - \$210.00/night

Group Reservation number is 599939.



The host hotel, wake up and travel as far as the lobby to attend the conference.

Family Friendly – Dino Beach water park is fun for the kids!

Free parking!

HILTON SUITES WINNIPEG AIRPORT

1800 WELLINGTON AVENUE
WINNIPEG MB R3H 1B2
PH: (240) 783-1700

ROOMS & RATES

Suites with 1 King or 2 Double beds - \$136.00*

Group Reservation Code is ASA

*This rate is reserved until March 27, 2016



Next door and walking distance to the Victoria Inn

All rooms are suites – you choose one bed or two!

Free parking for registered guests!