

59TH



ANNUAL SCIENTIFIC ASSEMBLY

MANITOBA COLLEGE OF FAMILY PHYSICIANS



APRIL 27-29, 2017

RBC CONVENTION CENTRE
375 YORK AVE.
WINNIPEG, MB

THIS IS YOUR ASA:

MEDICINE & THERAPEUTICS
WOMEN'S HEALTH
MENTAL HEALTH
EMERGENCY MEDICINE
CHILD HEALTH

REGISTRATION OPENS FEBRUARY 1ST, 2017
SEATS ARE LIMITED. REGISTER EARLY AND AVOID DISAPPOINTMENT.

THE FULL PROGRAM AND ONLINE REGISTRATION FORM WILL BE
AVAILABLE ON FEBRUARY 1ST AT WWW.MCFP.MB.CA/ASA/

THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA



The Manitoba College of Family Physicians is pleased to invite you to our premier conference for family physicians that provides continuing professional development through workshops and sessions, and an opportunity to network with colleagues and discuss best practices.

We would like to welcome all the participants for the 2017 Manitoba Family Medicine ASA Conference.

This year we have moved to an excellent venue and one of the key public learning centres in Winnipeg - the upgraded Winnipeg Convention Centre. And with this new setting we hope to continue to move our educational experience to allow us to get the best learnings through our condensed conference arrangement. Last year we received excellent feedback on the format and the variety of topics. We will repeat that this year with 35 practical topics for daily practice and 2 keynote speakers to challenge our boundaries of medicine. We have kept the short snappers and continued to theme the topics in the core aspects of Family Practice – internal medicine, emergency medicine, child health, mental health, women’s health and innovations in practice. Based on feedback from last year and previous years, and from suggestions from the College of Family Physicians of Canada, we have stricter criteria for our speakers to focus on the evidence that should change practice. Through all these methods we are excited to bring you the highest standards in continuing medical education.

Our networking evening and our banquet will offer the social features that are equally as important as the education. The President’s Awards & Recognition Dinner will give us an opportunity to visit with friends and colleagues and enjoy an evening together. The committee has blended feedback and their ideas into an inspiring and thought-provoking conference as we continue to raise the quality of this Manitoba Annual Scientific Assembly.

We would like to thank the planning committee, Kari MacKinnon, and Amanda Woodard for all their hard work to make this happen. I would also like to thank everyone that gave us feedback last year and would encourage it every year for ongoing improvements. I would also encourage those that are interested in the continuing education of our colleagues to join this team. It is through the new committee members that we can ensure we keep this conference innovative, educational and topical.

Dr. Richard Rusk

Dr. Ainslie Michalchuk

ASA Planning Committee Co-Chairs

2017 ASA Planning Committee

Committee Co-Chairs

Richard Rusk, DVM MD CCFP MPH
Manitoba Public Health, Winnipeg

Ainslie Mihalchuk, BA BSc BSc Med MD CCFP,
Concordia Hospital/ACCESS River East, Winnipeg

Committee Members

Ganesan Abbu, MB.Chb CCFP FCFP
C.W. Wiebe Medical Centre, Winkler

Tamara Buchel, MD CCFP,
Executive Director of MCFP, Winnipeg

Mike Dillon, MD CCFP FCFP
Klinik Community Health Centre, Winnipeg

Robert Kruk, MD
Carmen Medical Clinic, Carman

Julie Lamb, MD CCFP FCFP
Autumnwood Medical Centre, Winnipeg

Michael Leonhart, MD, CCFP,
WRHA Adult Critical Care Program, Winnipeg

Jen Potter, MD, BSc, CCFP,
Kildonan Medical Centre, Winnipeg

**Interested in joining the
ASA Planning Committee?**

Contact Kari MacKinnon for more information.
kmackinnon@mcfp.mb.ca



ANNUAL SCIENTIFIC ASSEMBLY PHILOSOPHY & LEARNING OBJECTIVES

The Family Physician will:

- gain knowledge about new concepts in the delivery of medicine,
- gain knowledge and skills to apply to his or her everyday practice,
- be given an opportunity to discuss concepts that are controversial and innovative,
- be challenged by new innovations in medicine and continually apply these to his or her practice,
- leave the program with confidence in new skills and gain tools to explore new ways of obtaining information and expanding his or her knowledge.

Annual Scientific Assembly:

You miss a year; you miss a lot!

The 59th Annual Scientific Assembly has been certified for 14.25 Mainpro+ credits.

REGISTRATION INFORMATION AND FEES

2 DAYS: THURSDAY & FRIDAY ONLY.

FEE DOES NOT INCLUDE GST	EARLY BIRD RATE Registrations received BEFORE APRIL 7 th , 2017	LATE BIRD RATE Registrations received AFTER APRIL 8 th , 2017
<input type="checkbox"/> CFPC Member Physician	\$485	\$585
<input type="checkbox"/> Non-Member Mainpro Participant	\$635	\$735
<input type="checkbox"/> First 5 Years in Practice Physicians	\$385	\$485
<input type="checkbox"/> Allied Health Care Professional	\$385	\$485
<input type="checkbox"/> Resident	\$115	\$115
<input type="checkbox"/> Medical Student	FREE (Must pre-register)	FREE (Must pre-register)

★ LIMITED SEATING CAPACITY ★

★ NO WALK-UP REGISTRATIONS ★

★ REGISTRATION CLOSING WEDNESDAY APRIL 26TH AT NOON, OR WHEN FULL ★



ANNUAL SCIENTIFIC ASSEMBLY PROGRAM SUMMARY

emergency medicine • mental health • women's health • medicine & therapeutics • child health

Since its inception, the MCFP has recognized the importance of providing members with CPD opportunities and a forum where primary care physicians can learn and network with their peers and colleagues.

Plenary Sessions

Following the format of other conferences, this year's ASA offers two full days in the plenary room. Our slate of sessions includes short snappers and long snappers on the clinical topics that you have requested. So on Thursday & Friday morning, go to the registration desk to get scanned in, grab a coffee, find your seat, and the CPD will come to you.

New to the program this year are the *Hot Topic* session on Medical Assistance in Dying on Thursday afternoon and *Innovations in Practice* on Friday afternoon.

Keynote Presentations

Some say the proof is in the pudding, but we say the evidence is learned over lunch. **Dr. Scott Garrison**, family physician from Alberta will be our lunchtime keynote speaker on Thursday, speaking on Rules of Thumb for Evidence Based Practice. **Dr. Ryan Meili** of Saskatoon is our Friday Keynote and he will highlight some of the opportunities and techniques for family physician advocacy to build a healthier Canada.

Annual General Meeting

The MCFP Annual General Meeting provides members with an opportunity to review and learn about College activities in the last year. Presided by Dr. Deirdre O'Flaherty, MCFP President, the AGM

delivers a summary of the financial health of the College, honours award recipients, and introduces the membership to the incoming President and Executive Committee. The Annual General Meeting is held over lunch on Friday, April 28th.

Awards Presentation

At the Annual General Meeting, a large part of the program is dedicated to honouring our award recipients. Family Physician of the Year, Awards of Excellence, and the new Gary Beazley Award winners will be introduced to the membership.

Optional Certified Mainpro +Workshops

Several Mainpro+ learning opportunities are offered on Saturday, April 29th. Capacity is limited for these sessions and registration is on a first-come, first-served basis. Additionally, if minimum numbers in any given session are not met, the Mainpro+ program may be cancelled and your registration fee will be refunded or applied to another session, if available. Register early to avoid disappointment.

Mainpro+ program registration fees are not included in the ASA registration fee. Program accreditation, credit allotment, and letters of attendance are managed by program facilitators.

REGISTER BEFORE APRIL 7th AND BE ENTERED TO WIN FREE REGISTRATION



ASA PROGRAM

NETWORKING & SOCIAL EVENTS

CONTINENTAL BREAKFASTS & COFFEE BREAKS

Breakfast and coffee breaks during the day offer ample time to circulate, check out the booths in the Exhibit Hall, catch up with old acquaintances and forge new ones. Continental breakfast and two half-hour breaks in the day will help re-charge your batteries between sessions. **New in 2017! Our Exhibit Hall is now pharma-free!**

LUNCHES

On Thursday, the ASA offers a “working lunch” while you listen and from our lunchtime keynote speaker, Dr. Scott Garrison. During lunch on Friday, the Manitoba College of Family Physicians holds the Annual General Meeting. While you eat, you can learn about MCFP activities and its financial snapshot. The AGM also includes the installation of the new MCFP President and awards presentation.

As always, coffee breaks and lunches are included in your registration fee. You just have to let us know when you register which lunches you will be attending.

NETWORKING & HOSPITALITY RECEPTION

Thursday, April 27, 2017

5:30 – 7:00 (directly following the afternoon sessions)

Before you leave for the day, relax, mingle and discuss the day’s sessions. Have a quick nosh and a drinkie-drink, if you like. Appetizers will be served and a cash bar will be available.



PRESIDENT’S AWARDS & RECOGNITION BANQUET

Friday, April 28, 2017

Delta Winnipeg

Cocktails 6:30 • Dinner 7:00

Tickets: \$75 per person

Children up to 10 years: \$17



THURSDAY, APRIL 27, 2017

SCHEDULE AT-A-GLANCE

7:15	Registration & Continental Breakfast – Exhibit Hall IMG Breakfast – Pan Am Room
	PLENARY ROOM
8:15	Welcome and Announcements, Dr. Richard Rusk
8:30 – 9:30 3 X 15 Min + Q & A	Short Snappers: MEDICINE & THERAPEUTICS (1) FOLLOW-UP MANAGEMENT OF PATIENTS WITH CELIAC DISEASE: RESOURCE FOR HEALTH PROFESSIONALS, Dr. Jocelyn Silvester (2) NEW THERAPEUTIC OPTIONS IN YOUR DIABETES TOOL KIT, Mr. Colin Reeve (3) CVD RISK/BENEFIT CALCULATOR, Dr. Mike Dillon
9:30 – 10:30 3 X 15 Min + Q & A	Short Snappers: EMERGENCY MEDICINE (1) USE OF BLOOD PRODUCTS, Dr. Michael Leonhart (2) HIGH POTENCY OPIOID OVERDOSES, Dr. Aaron Guinn (3) MANAGEMENT OF PSYCHIATRIC EMERGENCIES, Dr. Peter Czaplinski
10:30 – 11:00	COFFEE:
11:00 – 12:00 3 X 15 + Q & A	Short Snappers: MEDICINE & THERAPEUTICS (1) WHY DO WE NEED CHOOSING WISELY IN HEALTH CARE, Jim Slater (2) APPROPRIATE PREOPERATIVE DIAGNOSTIC TESTING, Dr. Eric Bohm (3) ENDOSCOPY INTAKE & FORM, Dr. Dana Moffatt
12:00 – 12:30	SAFE TREATMENT OF ACUTE STROKE, Dr. Esseddeeg Ghrooda
12:30 – 1:30	LUNCH & KEYNOTE: DR. SCOTT GARRISON 45 MINUTES
1:30 – 2:30 2 x 20 Min + Q & A	Hot Topic: MEDICAL ASSISTANCE IN DYING (MAID) Dr. Kim Wiebe & Dr. Merrill Pauls
2:30 – 3:30 3 X 15 min + Q&A	Short Snappers: MENTAL HEALTH (1) ASK THE QUESTION, DON'T FEAR THE ANSWER: DETECTING, DOCUMENTING, AND DOING SOMETHING ABOUT FAMILY VIOLENCE IN PRIMARY CARE, Dr. Ann Loewen (2) EMERGING ISSUES IN REFUGEE HEALTH, Dr. Cynthia Sawatzky (3) CAREGIVER STRESS: RESOURCES AND PRACTICAL SUGGESTIONS, Dr. Barry Campbell
3:30 – 4:00	COFFEE BREAK
4:00 – 4:45 30 Min + Q & A	SEXUAL HEALTH (1) BRIEF UPDATE ON ZIKA AND CURRENT TOPICS IN SEXUALLY TRANSMITTED INFECTIONS, Dr. Vanessa Poliquin
4:45 – 5:30 2 X 15 Min + Q & A	Short Snappers: WOMEN'S HEALTH (1) ADOLESCENT GYNE, Dr. Amanda Morris (2) INITIATING A COMMUNITY TEEN CLINIC, Dr. Heather Lehmann
5:30 – 7:00	Networking & Hospitality Reception



THURSDAY, APRIL 27, 2017

MEDICINE & THERAPEUTICS 8:30 – 9:30

(1) FOLLOW-UP MANAGEMENT OF PATIENTS WITH CELIAC DISEASE: RESOURCE FOR HEALTH PROFESSIONALS DR. JOCELYN SILVESTER, Attending Physician, Gastroenterology, Hepatology and Nutrition, Boston Children's Hospital

Learning Objectives:

1. Describe the prevalence and clinical presentation of celiac disease.
2. Describe the optimal testing to confirm the diagnosis of celiac disease.
3. Describe key elements, including the 2016 guidelines for Family Physicians, for management of celiac disease.

(2) NEW THERAPEUTIC OPTIONS IN YOUR DIABETES TOOL KIT

MR. COLIN REEVE, Clinical Pharmacist, My Health Team Inkster/Seven Oaks

Learning Objectives:

By the end of this session, participants will be able to:

1. Identify local and virtual educational resources to assist with educating their patients with Diabetes
2. List and describe EBM therapeutic decision aids for diabetes related therapies
3. Apply the use of technological solutions to aid in the care of patients with Diabetes

(3) PUT ON A HAPPY FACE: A FUN, EASY AND EVIDENCE-INFORMED WAY TO USE AN INTERACTIVE CARDIOVASCULAR DISEASE RISK CALCULATOR TOOL IN OFFICE PRACTICE

DR. MIKE DILLON, Family Doctor and Medical Director at Klinik Community Health, Winnipeg; Assistant Professor University of Manitoba Department of Family Medicine

Learning Objectives:

This presentation will introduce the Best Science Medicine CVD Risk/Benefit Calculator web-based algorithm and demonstrate, using actual case examples, how it can help guide patients in shared decision-making regarding lifestyle and medication options to reduce risks of Heart Disease and Stroke (<http://chd.bestsciencemedicine.com/calc2.html>)

1. It's a visual and engaging way to introduce statistical concepts such as "Number Needed To Treat", "Number Needed To Harm", and weigh various interventions in terms of risk and benefit
2. It's an opportunity to reinforce useful lifestyle interventions which benefit the patient in other aspects of their life
3. Application of the tool with people of various ethnicities will be reviewed
4. Limitations of the tool and the knowledge base will be discussed

EMERGENCY MEDICINE 9:30 – 10:30

(1) USE OF BLOOD PRODUCTS

DR. MICHAEL LEONHART, FM-Anesthesiologist, Southern RHA & Portage Clinic Inc.

Learning Objectives:

1. Address some common misconceptions about blood and transfusions in the emergency room
2. Review current standards regarding matching products
3. Challenge some conventional strategies about the administration of blood in the emergency room or in acute situations



THURSDAY, APRIL 27, 2017

(2) HIGH POTENCY OPIOID OVERDOSES

DR. AARON GUINN, Emergency Physician, St. Boniface Hospital & Concordia Hospital; Transport Physician, STARS; Lecturer, Department of Emergency Medicine, University of Manitoba

Learning Objectives:

1. Be familiar with what carfentanil is
2. Review local epidemiology of fentanyl and carfentanil toxicity
3. Understand unique aspects of clinical management of fentanyl and carfentanil toxicity

(3) MANAGEMENT OF PSYCHIATRIC EMERGENCIES

DR. PETER CZAPLINKSI, Psychiatrist in Private Practice; Lecturer, University of Manitoba

Learning Objectives:

4. To recognize the diversity of psychiatric emergencies relevant to family medicine practice.
5. To better understand the assessment of suicidality in the primary care setting.
6. To list strategies and resources relevant to management of suicidality in the primary care setting.

MEDICINE & THERAPEUTICS 11:00 – 12:00

(1) WHY DO WE NEED CHOOSING WISELY IN HEALTH CARE

DR. JIM SLATER, CEO, Diagnostic Services Manitoba; Executive Sponsor, Choosing Wisely Manitoba

There are many benefits to “Choosing Wisely” when it comes to the health and the overall wellbeing of all Manitobans:

- Improved health outcomes (doing the right things sooner).
- Improved patient and provider experience (less frustration, more understanding).
- Improved health system efficiencies (fewer delays and shorter wait times).
- Improved system sustainability (more resources redirected to higher priorities).

Participants will:

1. Learn “What is Choosing Wisely Manitoba (CWM)?”
2. Understand why physicians and health care practitioners are essential to the success of CWM.
3. Be able to provide feedback to CWM and engage in CWM activities; especially to become part of the public dialogue.

(2) APPROPRIATE PREOPERATIVE DIAGNOSTIC TESTING

DR. ERIC BOHM, Director, Health Systems Performance, Centre for Healthcare Innovation

Learning Objectives:

Participants will:

7. Understand the clinical rationale behind the new preop testing guidelines
8. Appreciate the importance and relevance of appropriate preop testing within Manitoba
9. Be familiar with the resources and processes available to help with appropriate preop testing
 - Routine Preoperative Lab test Guideline
 - Interactive web tool
 - WRHA Preoperative History and Physical Form
 - Preoperative care cover letter
10. Understand how improved preop diagnostic testing supports Docs MB commitment to improved utilization



THURSDAY, APRIL 27, 2017

(3) ENDOSCOPY INTAKE & FORM

DR. DANA MOFFATT, WRHA Medical Director Endoscopic Services

Learning Objectives:

1. To understand the rationale behind WRHA Centralization of Endoscopy services
2. To gain a better understanding of the roll of Centralized wait lists for medical Queues
3. Review outcomes of first year of WRHA Central Intake for triage and slating of endoscopy
4. Review barriers to access and ways to improve endoscopy service now and in the future.

SAFE TREATMENT OF ACUTE STROKE

DR. ESSEDDEEG GHROODA, Assistant Professor, Section of Neurology, Department of Internal Medicine, University of Manitoba

Learning Objectives:

1. Time is Brain. The new advanced acute stroke therapy with IV t-PA.
2. New emerging intervention therapy as standard therapy

LUNCH KEYNOTE 12:30 – 1:30



MIND THE GAP: RULES OF THUMB FOR EVIDENCE-BASED PRACTICE

DR. SCOTT GARRISON, MD PHD, Associate Professor, Dept of Family Medicine, University of Alberta; Director, Pragmatic Trials Collaborative

Scott spent the first 20 years of his professional career as a full-time fee-for-service family physician in Richmond, British Columbia. He has a passion for evidence-based medicine and returned to UBC during the latter years of his clinical practice to pursue a PhD in Experimental Medicine. He retains a small clinical practice but, as the Director of the Pragmatic Trials Collaborative (with over 450 family physician members Canada wide), is now largely focused on positioning grassroots family physicians to answer some of medicine's biggest questions.

Scott's main research interest is in optimizing the effectiveness of existing therapeutics: Do older adults do better with less medication? Does the J-curve for diastolic hypertension exist because low diastolic blood pressure is harmful? Does the timing of blood pressure medication (i.e. AM versus hs) matter? Should we be treating to home, rather than office BP readings? These are all examples of questions Dr. Garrison hopes to enable practicing family physicians to answer by 1) designing trials that fit well with normal GP workflow and 2) drawing "hard" outcomes for those trials (e.g. mortality, hospitalization, stroke, hip fracture) from the electronic Ministry of Health claims data that is already routinely collected in all provinces. More information is available at www.PragmaticTrials.ca.

Learning Objectives:

- 1) Attendees will recognize common pitfalls in interpreting medical evidence.
- 2) Attendees will have an approach to patient care that will increase the likelihood of evidence-based practice
- 3) Attendees will have an awareness of how they themselves can help generate the evidence to guide best practice.



THURSDAY, APRIL 27, 2017

HOT TOPIC: MEDICAL ASSISTANCE IN DYING 1:30 – 2:30

DR. KIM WIEBE, Administrative Lead, Provincial MAID Clinical Team

DR. MERRIL PAULS, Co-director of Professionalism teaching - Max Rady College of Medicine, University of Manitoba; Associate Professor, Department of Emergency Medicine; Emergency Physician, Health Sciences Centre

Learning Objectives:

By the end of this session:

1. Participants will be familiar with federal legislation on MAID
2. Participants will understand current expectations of caregivers in Manitoba (including conscientious objection)
3. Participants will be able to guide their patients on where to obtain further information on MAID
4. Participants will be familiar with who is eligible/ineligible for MAID
5. Participants will know how and where to refer patients for MAID

MENTAL HEALTH 2:30 - 3:30

(1) ASK THE QUESTION, DON'T FEAR THE ANSWER: DETECTING, DOCUMENTING, AND DOING SOMETHING ABOUT FAMILY VIOLENCE IN PRIMARY CARE

DR. ANN LOEWEN, Family & Emergency Medicine, Morris General Hospital and Clinic

Learning Objectives:

Family violence is often present in the setting of primary care, and yet it may go un-, or under-, detected for years. Many practitioners feel uncomfortable inquiring about it directly, or offering advice and intervention. Primary caregivers receive little or no training in how to detect, and even less in how to direct, patients and their families who experience violence, threats, coercion, neglect and/or abuse at the hands of family members and intimate partners. Furthermore, the concepts of gender symmetry and bi-directionality in family violence are only beginning to emerge in health care settings, and are even less recognized than the more generally acknowledged male-on-female, or parent-on-child, forms of family violence.

1. Provide a critical overview of knowledge and recommendations currently available to guide a primary caregiver when s/he encounters a patient with a history of family violence, whether it presents as an active problem or events that occurred in the past.
2. Consider three main areas of practitioner activity: detection (screening, case-finding or spontaneous patient disclosure), documentation (considering legality, patient confidentiality, and advances in electronic medical record-keeping), and doing something to assist the individual experiencing family violence (victim, perpetrator, or both).
3. Highlight three areas of family violence - corporal punishment, intimate partner violence and elder abuse and neglect – in order to understand the scope of the problem.
4. Discuss how current knowledge informs the development of social programs and policies.

(2) EMERGING ISSUES IN REFUGEE HEALTH

DR. CYNTHIA SAWATZKY, Family Physician, Access Downtown Primary Care Clinic; BridgeCare Refugee Clinic

Learning Objectives:

After the presentation the learner will:

1. Recognize the unique primary care needs of a newly arrived refugee patient including routine screening for ID, vaccination protocols, chronic conditions
2. Be familiar with the evidence based clinical guidelines for refugees and immigrants
3. Acquire an appreciation of mental health needs and resources for the refugee patient



THURSDAY, APRIL 27, 2017

(3) CAREGIVER STRESS: RESOURCES AND PRACTICAL SUGGESTIONS

DR. BARRY CAMPBELL, Associate Professor, University of Manitoba, Psychiatrist

Learning Objectives:

1. Review dementia care challenges
2. Discuss the role of the formal and informal caregiver support
3. Discuss effective interventions for caregivers

SEXUAL HEALTH 4:00 – 4:45

(1) BRIEF UPDATE ON ZIKA AND CURRENT TOPICS IN SEXUALLY TRANSMITTED INFECTIONS

DR. VANESSA POLIQUIN, Obstetrician & Gynecologist, University of Manitoba

Learning Objectives:

1. Interpret test results using the reverse algorithm for syphilis screening
2. Identify clinical indications for gonococcal culture vs. PCR-based testing
3. List current indications for Zika PCR and serological testing
4. Discuss current periconception Zika recommendations

WOMEN'S HEALTH 4:45 – 5:30

(1) ADOLESCENT GYNE

DR. AMANDA MORRIS, Section Head, Adolescent & Pediatric Gynecology, Health Sciences Centre

Learning Objectives:

(2) INITIATING A COMMUNITY TEEN CLINIC

Dr. Heather Lehmann, Family physician – C.W.Wiebe Medical Centre in Winkler, Boundary Trails Health Centre

Learning Objectives:

1. Identify challenges and barriers to accessing primary care for adolescents in Winkler, MB and area.
2. Consider different models of delivery and access locations to better meet primary care needs for adolescents
3. What our team did: sharing our process of identifying the population, brainstorming, collecting data, engaging stakeholders and partners, maximizing resources
4. How are we doing? The first six months – learning on the go, evaluation and ideas for the future



NETWORKING & HOSPITALITY RECEPTION

Thursday, April 27, 2017 – Exhibit Hall

5:30 – 7:00 (directly following the afternoon sessions)

Before you leave for the day, relax, mingle and discuss the day's sessions. Have a quick nosh and a drinkie-drink, if you like. Appetizers will be served and a cash bar will be available.



FRIDAY, APRIL 28, 2017

SCHEDULE AT-A-GLANCE

7:15	Registration & Continental Breakfast – Exhibit Hall FFYP Breakfast (Millennium Suite) Past President’s Breakfast (Cecil Richards Suite)
PLENARY ROOM	
8:15	Welcome and Announcements, Dr. Richard Rusk
8:30 – 9:30 3 X 15 Min + Q & A	Short Snappers: THERAPEUTIC UPDATES (1) OPIATE REPLACEMENT THERAPY, Dr. Morag Fisher, Dr. Ginette Poulin (2) CONTINUOUS SYMPTOM CONTROL INFUSIONS IN PALLIATIVE CARE, Dr. Darren Reimer (3) TRANSGENDER HEALTH – YOU CAN DO IT, TOO!, Dr. Robert Obara
9:30 – 10:30 3 X 15 Min + Q&A	Short Snappers: CHILD HEALTH (1) IS IT AUTISM? Dr. Stephanie Narvey (2) ADHD, Dr. Stan Koodoo (3) CHALLENGES IN PEDIATRIC PHARMACOTHERAPY; Dr. Geer ‘tJong
10:30 – 11:00	COFFEE:
11:00 – 12:00 3 X 15 Min + Q&A	Short Snappers: MENTAL HEALTH (1) SCHIZOPHRENIA IN THE FAMILY PRACTICE SETTING, Dr. Michael Eleff (2) PRACTICAL MANAGEMENT OF INSOMNIA IN THE OFFICE, Dr. Nora Vincent (3) SLEEP, DRUGS, AND ROCK-N-ROLL, Dr. Jamie Falk
12:00 – 1:30	LUNCH & AGM
1:30 – 2:30 3 X 15 min + Q&A	Short Snappers: CHILD HEALTH (1) PEDIATRIC ASTHMA, Dr. Alan Kaplan (2) CANNABIS USE IN ADOLESCENTS, Dr. Margot Lane (3) FINE TUNING YOUR ACNE MANAGEMENT, Dr. Jill Keddy-Grant
2:30 – 3:15	KEYNOTE: UPSTREAM MEDICINE, Dr. Ryan Meili
3:15 – 3:45	COFFEE BREAK
3:45 – 4:45 3 X 15 min + Q&A	Short Snappers: INNOVATIONS IN PRACTICE (1) USING GROUP APPOINTMENTS TO INCREASE EFFICIENCY FOR INTRAUTERIN DEVICE INSERTION, Dr. Jenna Yuen (2) HANS KAI, Ms. Michelle Kirkbride (3) ANTIBIOTIC STEWARDSHIP, Dr. Kristjan Thompson,
4:45 - 5:30 3 X 10 min + Q&A	Short Snappers: MEDICINE & THERAPEUTICS – CANCER SCREENING UPDATE (1) BREAST CANCER SCREENING, Dr. Murray Wilson (2) CERVICAL CANCER SCREENING, Dr. Robert Lotoki (3) COLORECTAL CANCER SCREENING, Dr. Ross Stimpson
6:30	PRESIDENT’S AWARDS & RECOGNITION DINNER : DELTA WINNIPEG



FRIDAY, APRIL 28, 2017

THERAPEUTICS UPDATE 8:30 – 9:30

(1) OPIATE REPLACEMENT THERAPY

DR. MORAG FISHER, AFM Physician; Lecturer, University of Manitoba, Department of Family Medicine

DR. GINETTE POULIN, AFM Physician; Lecturer, University of Manitoba, Department of Family Medicine

Learning Objectives:

1. Identify current patterns and trends of opiate use in Manitoba.
2. Advise patients of treatment options for opiate use disorder (OUD).
3. Be aware of the requirements necessary to provide ORT in a family practice setting.
4. Be aware of the important issues to address when you have a patient who is on ORT in your clinic.

(2) CONTINUOUS SYMPTOM CONTROL INFUSIONS IN PALLIATIVE CARE

DR. DARREN REIMER, Palliative Care Physician, Southern Health

Learning Objectives:

Abstract: Continuous symptom control infusions (CSCI) with patient-controlled analgesia (PCA) are the standard of care for difficult to treat pain and symptom management problems at the end of life. The subcutaneous route is a safe option that is just as effective as IV delivery and less costly. It has a lower incidence of infection than IV delivery. Continuous infusions often are preferred over intermittent injections because they maintain steady drug levels and prevent a bolus effect, which causes nausea, sedation, and increased breakthrough pain medication requirements. The presentation will discuss: the origins of CSCI, and the equipment and medications used. We will discuss patient or family settings where the use of CSCI is or is not appropriate and what patient/family fears there are surrounding its use.

1. Understand the scientific rationale for continuous symptom control infusions(CSCIs).
2. Be able to explain when CSCI are appropriate to use.
3. Describe how to start a CSCI.

(3) TRANSGENDER HEALTH - YOU CAN DO IT TOO!

DR. ROBERT OBARA, Family Physician, Trans Clinic, Klinik

Learning Objectives:

In this session you will learn about transgender (trans) health as managed from a family medicine approach.

1. -Understand trans health issues
2. -See Canadian trans medicine guidelines
3. -Review trans medications and hormones
4. -Learn about trans surgeries and referral processes

CHILD HEALTH 9:30 – 10:30

(1) IS IT AUTISM?

DR. STEFANIE NARVEY, Developmental Pediatrician, SSCY Centre

Learning Objectives:

1. Describe the core features of Autism Spectrum Disorder
2. Review presenting signs and symptoms that may warrant referral for assessment
3. Discuss steps to take while awaiting assessment



FRIDAY, APRIL 28, 2017

(2) ADHD

DR. STAN KOODOO, Service Chief of Emergency Child and Adolescent Psychiatry; inpatient Psychiatrist, Health Sciences Centre.

Learning Objectives:

1. Be aware of diagnostic challenges in diagnosing ADHD
2. Be aware of non-medication treatment options for ADHD
3. Be aware of medication treatment options for ADHD

(3) CHALLENGES IN PEDIATRIC PHARMACOTHERAPY; DEVELOPMENT, GROWTH, AND SUITABILITY OF THERAPY

DR. GEER T'JONG, Clinician Scientist, CRU Medical Lead; Children's Hospital Research Institute of Manitoba (CHRIM); Paediatrician, Clinical Pharmacologist & Toxicologist, Children's Hospital; Assistant Professor of Pediatrics, Medicine, and Pharmacology, College of Medicine, Faculty of Health Sciences, University of Manitoba

Learning Objectives:

1. Understanding the lack of evidence, off-label use, and lack of proper formulations in pediatric pharmacotherapy
2. Learning about the ontogeny of drugs in infants and children
3. Learning about drug interactions, side effects, and pharmacogenomics

MENTAL HEALTH 11:00 – 12:00

(1) SCHIZOPHRENIA IN THE FAMILY PRACTICE SETTING

DR. MICHAEL ELEFF, Associate Professor, Department of Psychiatry, University of Manitoba

Learning Objectives:

1. Major issues in the medical management of persons living with schizophrenia will be reviewed.
2. Challenges in managing these patients in the Family Practice settings will be discussed.
3. There will be an overview of the role of the Family Physician in both mental health and general health care, and in interactions with other care providers.

(2) PRACTICAL MANAGEMENT OF INSOMNIA IN THE OFFICE

DR. NORA VINCENT, Psychologist, Winnipeg Regional Health Authority, Professor, Department of Clinical Health Psychology, College of Medicine, Rady Faculty of Health Sciences, University of Manitoba

Learning Objectives:

1. Education about brief, in-office strategies for insomnia.
2. Review of local resources for sleep problems.
3. Education about self-administered treatment options for insomnia.

(3) SLEEP, DRUGS & ROCK-N-ROLL,

DR. JAMIE FALK, Assistant Professor, College of Pharmacy & Clinical Pharmacist, Department of Family Medicine, Rady Faculty of Health Sciences

Learning Objectives:

1. Identify the similarities and key differences between currently available pharmacological sleep aids
2. Understand the limitations of pharmacological approaches for insomnia
3. Understand the key principles for optimal prescribing of sleep aids for the individual patient
4. Attached is the COI statement (in 2 pages (our scanner is doing funny things))



FRIDAY, APRIL 28, 2017

CHILD HEALTH 1:30 – 2:30

(1) PEDIATRIC ASTHMA

DR. ALAN KAPLAN, Chair Family Physician Airways Group of Canada

Learning Objectives:

1. Understand which preschool wheezer has asthma, and whether or not it will persist
2. Review options of therapy pharmacologically and non pharmacologically
3. Review how and when to step up and down

(2) CANNABIS USE IN ADOLESCENTS

DR. MARGOT LANE, Section of Ambulatory Care, Department of Pediatrics and Child Health, University of Manitoba

Learning Objectives:

For audience members to:

1. Be aware of the epidemiology of cannabis use in Manitoban adolescents
2. Be aware of the heightened risks when cannabis is used by adolescents
3. Be aware of resources available for substance use in adolescents

(3) FINE TUNING YOUR ACNE MANAGEMENT

DR. JILL KEDDY-GRANT, Assistant Professor, Department of Pediatrics and Child Health, University of Manitoba

Learning Objectives:

1. To learn which treatment options are best for treating comedonal acne.
2. To know which hormone therapies are best for treating acne in females.
3. To know the indications for treatment with Isotretinoin.

KEYNOTE 2:30 – 3:15



UPSTREAM MEDICINE DR. RYAN MEILI

Ryan Meili is a Family Doctor at the Westside Community Clinic in Saskatoon and an Assistant Professor at the College of Medicine, University of Saskatchewan, where he led the development of the Division of Social Accountability and the Making the Links Certificate in Global Health, and serves as co-lead of SHARE: the Saskatchewan HIV/AIDS Research Endeavour. He is the founder of Upstream, a movement to build a healthy Canada through evidence-based, people-centred ideas. His 2012 book, *A Healthy Society: How a focus on health can revive Canadian democracy*, has sold over four thousand copies across Canada. Ryan has served as a board member and vice-chair of the national advocacy organization Canadian Doctors for Medicare, is a Broadbent Institute Fellow, and has published dozens of articles as an expert for the Evidence Network. He was a candidate for leadership of the Saskatchewan NDP in 2009 and 2013, finishing a close second in both races. He lives in Saskatoon with his wife Mahli Brindamour, who practices as a pediatrician, and their son Abraham.

The clinical care we offer as family physicians is extremely important for the wellbeing of our patients. However, far more influential are the social circumstances in which they live, with factors such as income, education, housing and food security having a significant impact on health outcomes. How can we use our knowledge of health and our connections to patients to advocate for policy that will not only make sure health care is available when people are ill, but also creates the conditions for them to stay healthy?



FRIDAY, APRIL 28, 2017

INNOVATIONS IN PRACTICE 3:45 – 4:45

(1) USING GROUP APPOINTMENTS TO INCREASE EFFICIENCY FOR INTRAUTERINE DEVICE INSERTION

DR. JENNA YUEN, MD, Women's Health Clinic

Intrauterine devices (IUDs), with or without hormones, are recommended as a first line option for women wanting long acting reversible contraception. With their popularity and usage increasing it can be difficult for a primary care clinic to keep up. IUDs are especially time consuming since the education, preventative tests and IUD insertion itself can potentially happen at separate appointments. At the Women's Health Clinic, where any woman can self refer for birth control, we used the Advanced Access principles supported by Manitoba Health to develop a novel group appointment to meet the increasing demands for IUDs. This presentation will review our typical versus group appointment paths and discuss our experience in using group appointments to meet the demand while maintaining patient satisfaction.

Learning Objectives:

1. To review current recommendations encouraging intrauterine devices as first line contraception for long term fertility control.
2. To review the group appointment model and the variations which can be used in primary care.
3. To review our experience, including patient surveys, of implementing a group appointment for IUD insertions.

(2) HANS KAI

MS. MICHELLE KIRKBRIDE, Community Development and Hans Kai Coordinator

Learning Objectives:

HANSKAI, a community led health program will focus on:

1. Why peer led health programs are successful at improving participants health
2. How the HANS KIA program works
3. HANS KAI research results related to improved health outcomes for individuals and community

(3) ANTIMICROBIAL STEWARDSHIP

DR. KRISTJAN THOMPSON, Emergency Room Physician: Winnipeg Regional Health Authority; Lecturer: Department of Emergency Medicine, University of Manitoba

Learning Objectives:



FRIDAY, APRIL 28, 2017

MEDICINE & THERAPEUTICS: CANCER SCREENING 4:45 – 5:30

(1) BREAST CANCER SCREENING

DR. MURRAY WILSON, Medical Director, BreastCheck

(2) CERVICAL CANCER SCREENING

DR. ROBERT LOTOCKI, Medical Director, CervixCheck

(3) COLORECTAL CANCER SCREENING

DR. ROSS STIMPSON, Medical Director, ColonCheck

Each presentation will focus on current evidence based screening guidelines, common issues/misconceptions in cancer screening for breast, cervix and colon cancers related to age to start, screening interval, test to use and new technologies.

Learning objectives:

After attending this session participants will:

1. Understand the risks and benefits of screening,
2. Understand where to find screening guidelines for Manitobans,
3. Understand the screening guidelines for breast, cervical and colon cancers including those related to:
 - Screening test used
 - Appropriate ages to start screening
 - Screening interval
 - Special circumstances such as breast implants, pregnancy, family history
 - Abnormal findings
4. Program updates

VISIT THE DOCTORS MANITOBA HEALTH CHECK STATION IN THE EXHIBIT HALL

Our exhibit hall is now pharma free!



SATURDAY, APRIL 29, 2017

OPTIONAL MAINPRO+ CERTIFIED WORKSHOPS

CASTED: EMERGENCY - CENTENNIAL ROOM 1

8:00 AM – 5:00 PM 18 MAINPRO+ Certified credits

VICTORIA INN, 1808 WELLINGTON AVENUE

Fee: \$950 + GST [\$997.50]

CASTED: Emergency is the 'hands-on' ED orthopedics course designed specifically for emergency department physicians and staff.

CASTED: Emergency offers numerous clinical pearls on:

- history, physical and investigations
- making more accurate diagnoses
- recognizing the 'red flag' patients
- knowing who needs a reduction
- fracture and dislocation reduction and molding techniques
- understanding who needs to see ortho and when.

Combining case presentations with over 4 hours of 'hands-on' casting and splinting, CASTED reviews:

- ED orthopedic principles
- ED management of over 80 specific diagnoses
- numerous ED casting, splinting and reduction techniques.

During the course, as you put on casts and splints, CASTED faculty will offer instruction on the proper application and molding techniques. By the end of the course, you will have the confidence that you are doing it right!



MANAGEMENT OF ALLERGIC DISEASES IN PRIMARY CARE

9:00 am – 1:00 pm – 8 MAINPRO+ CREDITS

FEE: \$325 + GST [\$341.25]

This session will review the approach to some of the most commonly encountered patient problems in allergy and family medicine. New evidence-based approaches will be discussed which will highlight significant changes in the management of allergic patients and their families. The focus will be on 3 specific areas:

1. We will be looking at seminal new data examining the issue of early introduction of "high risk foods" in infants at risk for allergy and reviewing new consensus recommendations. In addition, we will discuss new approaches to diagnosis and treatment of food allergy and highlight patient resources available.
2. Commonly asked questions about optimal inhaled therapies for asthma will be reviewed. Distinguishing features of commonly prescribed inhaled devices will be explored, as well as contrasting delivery properties of various inhaled corticosteroids. The participant will be able to apply these concepts when selecting the most suitable inhaled medication and device for his/her asthma patients. There will also be a hands-on component.
3. "Penicillin allergy" is a common label in our patients that frequently can interfere with their optimal treatment of infections, leading to greater risks, including side-effects and development of antibiotic resistance. Just how common is true penicillin allergy? This component will include a retrospective chart review of referred patients in Manitoba for suspected penicillin allergy and report on the true prevalence following allergy specialist evaluation. The relevance of accurate diagnosis will be discussed, as the surprising results could have important ramifications on how these patients are managed.



SATURDAY, APRIL 29, 2017

MAINPRO+ CERTIFIED WORKSHOPS

CANCERCARE MODULES - DIAGNOSIS WORKSHOPS

1:30 pm – 4:30 pm – 3 MAINPRO+ CREDITS

FEE: \$150 + GST [\$157.50]

1. BREAST CANCER DIAGNOSIS WORKSHOP

One in nine Canadian women will develop breast cancer during her lifetime. With the exception of non-melanoma skin cancer, it is the most common cancer in females (26.1% of new diagnoses, versus 13.3% lung and 11.6% colorectal), and is the second most common cause of cancer death in females.

In order to assist primary care providers, an algorithm for the work-up of suspected breast cancer has been developed by a multidisciplinary group of Manitoba experts. That guidance is the basis for the content of this work-shop, so that primary care providers will be better equipped to make an early diagnosis of breast cancer.

Workshop Objectives:

1. Recognize the signs and symptoms of suspected breast cancer, and apply a logical approach to the work-up of these patients
2. List five urgent referral criteria for suspected breast cancer
3. Understand the importance of simultaneous work-up and referral
4. Explain the role of fine needle aspiration in the work-up of breast lumps

2. PROSTATE CANCER DIAGNOSIS WORKSHOP

Cancer of the prostate is the commonest cancer in Canadian men, with about 24,000 new cases diagnosed in Canada each year, and the second most common cancer in men worldwide. About 10% of cancer-related deaths in Canadian men are from cancer of the prostate. The use of the Prostate Specific Antigen (PSA) for screening purposes, although widely practiced, is controversial. There are well-documented harms associated with PSA screening such as an increase in patient anxiety and in the number of biopsies performed (and in the complications thereof); the scientific literature contains conflicting results with respect to the impact of PSA screening on cancer-related mortality. Most prostate cancer is adenocarcinoma. Many cases of prostatic adenocarcinoma are so indolent that they pose no mortality threat to the patient; however, some prostate cancers are aggressive, and there is poor correlation between PSA levels and the histologic grade on biopsy.

Workshop Objectives:

1. Recognize the variety of clinical presentations in which prostate cancer should be included on the differential diagnosis.
2. Know when and how to refer patients to specialists urgently, semi-urgently, and routinely
3. Understand the role of PSA in the work-up of suspected prostate cancer and its limitations in screening for prostate cancer.



CHRONIC PAIN:

9:00 am – 1:00 pm – 8 MAINPRO+ CREDITS

FEE: \$325 + GST [\$341.25]

Opioid therapy in CNCP (Chronic non-Cancer Pain) has become a political football. But treating patients with chronic pain while being challenging can be immensely rewarding. We will review tools to make your management both easier and congruent to expectations from your local College. The proper assessment of the pain patient will be reviewed and you will learn some real pearls! Side effects of opioids are often a barrier to their use; we will review what you should look for and how to manage them. Alternatives to Opioids will also be explored, to ensure we have the 'whole picture' covered.

Co presenters: Dr. Alan Kaplan, Calgary Alberta & Dr. Robert Hauptman Mount Albert, Alberta



SATURDAY, APRIL 29, 2017

MAINPRO+ CERTIFIED WORKSHOPS

SPIROMETRY

1:30 pm – 5:30 pm – 8 MAINPRO+ CREDITS

FEE: \$325 + GST [\$341.25]

Participants in this popular recurring MAINPRO+-certified workshop run by primary care experts in spirometry will be educated on the benefits that utilizing spirometry will have in their day-to-day practice. We will review the Guidelines for both COPD and Asthma management. A review of the science of spirometry and its indications will be followed with hands-on experience with a number of different spirometers. The group will then learn how to interpret spirograms. There will be lots of opportunity to review multiple cases and spirograms, all designed to allow the facile interpretation of spirograms and to show how spirometry will affect clinical decision-making. This program has been run for many years and we have been fortunate to have taught many physicians that spirometry is practical, easy to interpret and is essential for YOUR practice.

Co presenters: Dr. Alan Kaplan, Calgary, Alberta & Dr. Gordon Dyck, Steinbach Manitoba



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HOTEL ACCOMMODATIONS



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Conveniently located across the street from the Convention Centre and accessible via the indoor skywalk.