

MCFP

ANNUAL

SCIENTIFIC ASSEMBLY

MANITOBA COLLEGE OF FAMILY PHYSICIANS

LIVE STREAMING WEBINAR

APRIL 28–29, 2022

THEMES PRESENTED:

COVID 19 | CARDIAC | METABOLIC | CANCER | DERMATOLOGY |
REPRODUCTIVE & SEXUAL HEALTH | MENTAL HEALTH | A DAY IN THE OFFICE

REGISTRATION OPENS FEBRUARY 10TH, 2022

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THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

Welcome to the 64th Annual Scientific Assembly

Live Streamed Webinar

On behalf of the organizing committee, I am delighted to welcome you to ASA 2022. It's our third ASA under difficult circumstances in what seems like an unending pandemic. I share your frustrations and hope we can get back to some degree of normalcy soon.

Thank you finding time in your busy life to join us in another virtual format. ZOOM fatigue is a real issue for many and it is my hope that we can move toward either in person or a hybrid delivery mode in future years.

The Committee has put together another fantastic CME event. We hope you will find the sessions rewarding.

We are always looking at ways to improve the content we offer and rely on your input in this regard. Please help us by e-mailing the MCFP with topic suggestion anytime you think about this. We will collate your responses and may include this in our next event.

Thank you and welcome to ASA 2022.

Dr. Ganesan Abbu

Chair, Education & Research Committee

Interested in the Education & Research Committee?

Email Lisa Goss, Executive Director at lgoss@mcfp.mb.ca

2021/2022 Continuing Education & Research Committee

Committee Chair

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MD CCFP
Assistant Professor - Department of Family Medicine
Selkirk Medical Associates, Selkirk

Lisa Goss, MBA
Executive Director, MCFP

Annual Scientific Assembly

Philosophy & Learning Objectives

The Participants Will:

- gain knowledge about new concepts in the delivery of family medicine,
- gain knowledge and skills to apply to his or her everyday practice,
- be given an opportunity to discuss concepts that are controversial and innovative,
- be challenged by new innovations in medicine and continually apply these to his or her practice,
- leave the program with confidence in new skills and gain tools to explore new ways of obtaining information and expanding his or her knowledge.

MCFP's Annual Scientific Assembly registration link:

<https://www.eventbrite.ca/e/137486695407>

***The 64th Annual Scientific Assembly has been certified
for 1 Mainpro+ credit per hour***

Webinar access fees

FEE DOES NOT INCLUDE GST	Registration Opens February 10th, 2022 & Closes April 26th, 4:00 p.m.
CFPC Member Physician	\$400.00
Non-Member Mainpro Participant	\$625.00
First 5 Years in Practice Physicians	\$300.00
Allied Health Care Professional	\$500.00
Resident	\$100.00
Medical Student (FMIG)	Free

Cancellation Policy: Please be aware that there is a \$50 cancellation fee on all refunds.

Register Online Now! <https://www.eventbrite.ca/e/137486695407>

Annual Scientific Assembly Program Summary

NOTE: This is a preliminary program that is subject to change

COVID 19 | CARDIAC | METABOLIC | CANCER | DERMATOLOGY |
REPRODUCTIVE & SEXUAL HEALTH | MENTAL HEALTH | A DAY IN THE OFFICE

Hosted by the Manitoba College of Family Physicians (MCFP), the Annual Scientific Assembly (ASA) provides the highest quality, expertly vetted, evidence-based education specific to the practice of Family Medicine.

Since its inception, the MCFP has recognized the importance of providing our members with continuing professional development opportunities and this year's program will not disappoint.

Plenary Sessions via Webinar

In 2020, the College developed a virtual ASA with the exceptional cooperation of our presenters and partners. It was a first time for us and for you, our members. Last year we had our highest attendance yet, signaling to us that this format is appreciated by our busy clinicians across Manitoba.

We listened to you and your needs for continuing education, it was evident that most attendees enjoyed the virtual program and the ability to watch and participate in the comfort of their home or office. It was decided that, going forward, we would offer at least some part of the ASA via live streamed webinar. This year due to restrictions during the planning of the ASA we forged forward to produce another live streaming event.

While we hope to bring us all together for an in-person component in the future, and a true celebration of family medicine of all of our past award winners, it will not be happening this year. That said, a live-streaming webinar offers some undeniable conveniences. For instance:

- Log-in and watch wherever you are most comfortable. (Attendees are not on camera)
- You will be able to participate and ask questions to the speakers via the chat function. Your questions will be sent to the session moderator, who will vet and ask the questions on your behalf. The presentation is streamed LIVE.
- Presentations will be recorded and uploaded for up to three months after the ASA, so you can go in and re-watch your favourite sessions.

Annual Members Meeting via Webinar

The Annual Members Meeting is held over lunch on Friday, April 29, 2022, from 12:30 – 1:30 pm.

The MCFP Annual Members Meeting provides members with an opportunity to review and learn about college activities in the last year. Presided by Dr. Joanna Lynch, MCFP President, the AMM delivers a summary of the financial health of the College, announces award recipients, introduces the Executive Committee and the proposed board slate to the membership for a vote.

All members of the College are welcome to attend the Annual Members Meeting, even if you are not registered for the education sessions.

Zoom meeting information for the AMM will be issued to all members of the College and resent the day before the meeting in an all-member message. This is your College – be available to log in! Reminder: you must assure your full name is displayed on Zoom, please take a moment to rename yourself upon entering.

Mainpro+ Credits

Mainpro+ credits for attending the live stream ASA Webinar are 1 credit per hour of education attended, for a maximum of 12 credits for Thursday and Friday.

Credits for attending the Live Stream ASA Webinar will be submitted to the College of Family Physicians of Canada and added to your Mainpro+ account by the MCFP staff.

If you choose to watch all or some of the recorded sessions after the ASA, those credits will be considered Online Learning Programs, and you will be responsible for recording your Mainpro+ credits.

Thursday, April 28, 2022

Schedule At-A-Glance

8:15 – 8:30	Welcome, Instructions, and Announcements
8:30 – 9:30	<p>Cardio / Metabolic / Antibiotic</p> <ol style="list-style-type: none"> Dr. Chelsea A Ruth & Dr. Sergio Fanella – Does the use of outpatient antibiotics in Manitoba meet current guidelines? Dr. Grace Frankel - Put on your thinking cap! Optimizing prescribing for community acquired pneumonia Dr. John Embil - Identification and treatment of infections in the diabetic foot
9 :30-10 :30	<ol style="list-style-type: none"> Dr. Kimberley Colangelo – What are the new and emerging treatment options in obesity? Dr. Dan Hunt – Bring your diabetes prescribing into the 21st century with the GLP-1 agonist semaglutide Dr. Roger Suss – SGLT2 Inhibitors in non-diabetic HFREF – are they ready for prime time?
10:30 -10:45	BREAK
10:45-12:05	<p>Reproductive, Sexual Health & Cancer</p> <ol style="list-style-type: none"> Dr. Helen Pymar & Dr. Karen Magsino – Managing bleeding in the 1st trimester of pregnancy, early pregnancy loss - what a family physician needs to know in 20 minutes or less Dr. Ross Stimpson and Kelly Bunzeluk – How will the new colorectal cancer screening guidelines and the introduction of the fecal immunochemical test (FIT) affect your practice? Dr. Tunji Fatoye – What is new in colorectal cancer surveillance and how will guideline changes affect your practice? Dr. Josh Aquin – Radon: key concepts for primary care providers
12:05 – 1:05	LUNCH
1:05 – 2:10	<ol style="list-style-type: none"> Dr. Georgia Lefas – Does everything look normal down there? A primary care approach to the diagnosis and long-term management of lichen sclerosus Dr. Deb Evaniuk – Menopause: what is the impact? Dr. Anet Maksymowicz – Endometriosis: a chronic pelvic inflammatory condition
2:10 – 2:25	BREAK
2:25 – 3:45	<ol style="list-style-type: none"> Dr. Laurie Ireland – A PrEP talk: the need to know on PrEP prescribing in Manitoba Dr. Vanessa Poliquin – Syphilis in Pregnancy 101 Dr Terrence Wuertz – Changes in Gonorrhea infections in Manitoba

Thursday, April 28, 2022

Morning Sessions

8:30 – 9:30

Cardio / Metabolic / Antibiotic

DOES THE USE OF OUTPATIENT ANTIBIOTICS IN MANITOBA MEET CURRENT GUIDELINES?

Dr. Chelsea Ruth, Researcher, Manitoba Centre for Health Policy/Assistant Professor, University of Manitoba. Dr. Sergio Fanella, MD, FRCPC, DTM&H Associate Professor & Program Director, Pediatric Infectious Diseases, Max Rady College of Medicine

We will present the findings from a recent Manitoba Centre for Health Policy report which examined appropriateness of antibiotic use in Manitoba from 2011 to 2016. We will report the trends over time in use, between- and within-physician variability in rates of use, the types of antibiotics dispensed and how well these concur with Canadian guidelines, and common themes in physician and patient characteristics associated with higher use. We will present some practical tips for improving antibiotic use in primary practice.

Learning Objectives:

1. Learn how often antibiotics are being dispensed for conditions that don't usually and may not need antibiotics
2. Learn the patient and physician characteristics associated with higher use of antibiotics
3. Understand why these discrepancies occur and what can be done to improve antibiotic use

PUT ON YOUR THINKING CAP! OPTIMIZING PRESCRIBING FOR COMMUNITY ACQUIRED PNEUMONIA

Dr. Grace Frankel, Clinical Pharmacist (Family Practice/Hospital)

According to a recent report (Oct 2020) on antimicrobial use in Manitoba, an inappropriate antibiotic was dispensed in 32.8% of physician visits and in 52.4% of dispensations for community-acquired pneumonia (CAP). This session will discuss strategies to select optimal pharmacotherapy for the treatment of CAP by reviewing guideline recommendations, identifying patient-specific risk factors and local antibiogram data.

Learning Objectives:

1. Highlight important recommendations from 2019 ATS/IDSA guidelines on diagnosis and treatment of community acquired pneumonia
2. Discuss how patient-specific risk factors can help tailor antimicrobial treatment choices for community acquired pneumonia
3. Rationalize first line antimicrobial therapies for community acquired pneumonia in the context of antimicrobial stewardship practices and antibiotic resistance

IDENTIFICATION AND TREATMENT OF INFECTIONS IN THE DIABETIC FOOT

Dr. John Embil, MD, FRCPC, University of Manitoba Professor, Director of Health Sciences Centre, Infection Prevention and Control Unit

Foot infections in persons with diabetes are common. They result from unperceived trauma in a neuropathic limb. Infections can have catastrophic outcomes and, therefore, prompt recognition and rapid intervention is of critical importance. It is also important not to over diagnose infection. Infections are diagnosed clinically with the most common pathogens responsible for infection being Staphylococcus aureus and the beta hemolytic streptococci. Advanced infection may be polymicrobial.

Learning Objectives:

1. Formulate an approach to the infected and non-infected diabetic foot
2. State the basics of infection and its diagnosis in the diabetic foot
3. Consolidate clinical and laboratory data to diagnose foot infections

Thursday, April 28, 2022

Morning Sessions

9:30 – 10:30 Cardio / Metabolic / Antibiotic

WHAT ARE THE NEW AND EMERGING TREATMENT OPTIONS IN OBESITY

Dr. Kimberley Colangelo, MD CCFP, ABOM (diplomate)

The field of obesity medicine has exploded in recent years; there have been new understandings in the pathophysiology of obesity, the possible complications, and many new developments in non-surgical treatment. This presentation covers the non-surgical treatment of obesity, including behavioural therapy and medication options. Handouts will be provided with supplemental information on dietary options, including evidence for different diet patterns. This presentation emphasizes the benefit of behavioural therapy and reviews the ways patients can access this in Manitoba (Craving Change course, private therapy, and online options). There are several medication options that will be new information for many Family Physicians; indications for prescribing, efficacy, common side effects and troubleshooting will be covered. Some anti-obesity medications that are discussed are approved by Health Canada, while others are off label options that can be helpful in certain situations, and some are emerging medications coming to market in other countries.

Learning Objectives:

1. To review the benefit of Behavioural therapy and discuss local options to access Cognitive Behavioural Therapy for the treatment of obesity
2. To review on and off label anti-obesity medications
3. To review new medications coming to market that treat or are beneficial for the treatment of obesity

BRING YOUR DIABETES PRESCRIBING INTO THE 21ST CENTURY WITH THE GLP-1 AGONIST SEMAGLUTIDE

Dr. Dan Hunt, Rural Family Physician

This presentation briefly summarizes the guidelines and evidence on second line diabetes pharmacotherapy after metformin. It then presents practical tips on prescribing the new GLP-1 agonist Semaglutide (as this is the only one covered by EDS3. Lastly, I present a case series from my own practice in which 22 patients were started on semaglutide and the resulting effects on weight, A1C, blood pressure, and insulin doses.

Learning Objectives:

1. Learn benefits of GLP-1's shown in RTCs
2. Learn benefits of GLP-1 when utilized in Manitoba family practice (local data presented)
3. Learn how GLP-1 can be used for obesity with specific attention to STEP-1 trial

SGLT2 INHIBITORS IN NON-DIABETIC HF_{rEF} – ARE THEY READY FOR PRIME TIME?

Dr. Roger Suss, Northern Connection Medical Centre and Assistant Professor in the Department of Family Medicine at the University of Manitoba

Congestive heart failure treatment is rapidly changing. Recent guidelines recommend four classes of medications as standard therapy. Our patients are often reluctant to follow this polypharmaceutical approach. SGLT2 inhibitors are the latest addition to the mix. Are they of benefit? How much? This talk will provide family physicians with the information that they need to meaningfully share decision making with patients about treatment benefits, harms, and conflicts of interest.

Learning Objectives:

1. Be able to tell patients about how much benefit to expect from therapy
2. Be able to tell patients about how much harm to expect from therapy
3. Be aware of recent Canadian Cardiovascular Society guideline recommendations and associated conflicts of interest

Thursday, April 28, 2022

Morning Sessions

10:45 – 12:05 Reproductive, Sexual Health & Cancer

MANAGING BLEEDING IN THE 1ST TRIMESTER OF PREGNANCY/EARLY PREGNANCY LOSS : WHAT A FAMILY PHYSICIAN NEEDS TO KNOW IN 20 MINUTES OR LESS

Dr. Helen Pymar, MD, FRCSC, MPH, Associate Professor, Medicine, Department of Obstetrics, Gynecology and Reproductive Sciences, University of Manitoba, and Karen Magsina, FAM Meds Obs Plus 1

What resources are out there for patients and physicians? Why is hCG important and when could it be harmful? Is RhIG always necessary? How to keep patients with pregnancy loss and bleeding out of the emergency department. Early Pregnancy Assessment Clinic at Women's Hospital. What is available?

Learning Objectives:

1. How to keep patients with threatened abortion out of the emergency department.
2. Pregnancy loss care
3. Finding good handouts Early Pregnancy Assessment Clinic at Women's Hospital - what is available?

HOW WILL THE NEW COLORECTAL CANCER SCREENING GUIDELINES AND THE INTRODUCTION OF THE FECAL IMMUNOCHEMICAL TEST (FIT) AFFECT YOUR PRACTICE? – Cancer Care Manitoba

Dr. Ross Stimpson and Kelly Bunzeluk

This talk will discuss the changes to colorectal cancer (CRC) screening that are coming in Manitoba. We will discuss the new provincial recommendations and supporting evidence. We will discuss the new screening changes (including guidelines, system, and processes for patients and role of FIT testing in Manitoba. There will be an emphasis on the how FIT will be used to alleviate the endoscopy waitlist.

Learning Objectives:

1. Describe how FIT will be used to address the endoscopy waitlist and how FIT will be distributed to individuals on the waitlist
2. Explain the role of FIT in colorectal cancer screening and surveillance of adenomas
3. Describe recent and future changes to colorectal cancer screening in Manitoba including changes to the guidelines, system and processes

WHAT IS NEW IN COLORECTAL CANCER SURVEILLANCE AND HOW WILL GUIDELINE CHANGES AFFECT YOUR PRACTICE?

Dr. Tunji Fatoye

This presentation will focus on updates to stages 1-3 colorectal cancer surveillance guidelines in Manitoba. Recent evidence will be presented, and discussion will include how this evidence can inform clinical decision making.

Learning Objectives:

1. Describe the changes to surveillance guidelines for stages 1-3 colorectal cancer
2. Outline recent evidence that led to significant guideline changes
3. Describe how this evidence may be used in clinical decision making

Thursday, April 28, 2022

Morning Sessions

10:45 – 12:05 Reproductive, Sexual Health & Cancer

RADON: KEY CONCEPTS FOR PRIMARY CARE PROVIDERS

Dr. Joshua Aquin MD, MPH, CCFP, Chief Resident Physician, Public Health and Preventive Medicine, University of Manitoba

This presentation will focus on Radon gas exposure is the leading cause of lung cancer in Canada amongst non-smokers, and the 2nd leading cause of lung cancer overall. Primary Care providers can play an important role in preventing radon-associated illness. This session will provide participants with practical information on how to discuss the risks of radon gas exposure with patients. Information on how to test for and mitigate radon gas exposure in Manitoba.

Learning Objectives:

1. Describe the epidemiology and health impacts of radon in Manitoba
2. Discuss the Primary Care provider's role in radon risk assessment, management, and communication
3. Identify additional resources for patients and health care providers

CME REBATES

The CME rebate program is negotiated and administered through Doctors Manitoba.

Manitoba Health provides reimbursement for CME costs, and this is made possible by Doctors Manitoba.

The Annual Scientific Assembly would qualify for reimbursement of registration fees.

<https://doctorsmanitoba.ca/benefits-insurance/benefits/cme-rebates/cme-rebate-claim-form>

Thursday, April 28, 2022

Afternoon Sessions

1:05 – 2:10

DOES EVERYTHING LOOK NORMAL DOWN THERE? A PRIMARY CARE APPROACH TO THE DIAGNOSIS AND LONG-TERM MANAGEMENT OF LICHEN SCLEROSUS

Dr. Georgia Lefas MSc MD FRCSC, Department of Obstetrics, Gynecology and Reproductive Sciences, University of Manitoba

Lichen Sclerosus is estimated to affect up to 1 in 30 older women. Timely diagnosis and management of this chronic condition is essential to symptom and disease control as well as mitigating future cancer risks. This session will review the clinical presentation of lichen sclerosus and highlight important distinguishing features from other common presentations. In addition, an approach to long term care and 'treatment resistant' lichen sclerosus will be reviewed.

Learning Objectives:

1. Review normal vulvar anatomy
 2. Review initial diagnosis and management of lichen sclerosus
 3. Outline long term goals of care for patients with lichen sclerosus
-

MENOPAUSE: WHAT IS THE IMPACT?

Dr. Debra Evaniuk, Assistant Professor, Department of Obstetrics, Gynecology and Reproductive Sciences, University of Manitoba

Learning Objectives:

1. Revisit the rationale for prescribing Menopausal Hormone Therapy (MHT)
 2. Develop an approach for long term MHT use vs. discontinuation of therapy
 3. Become familiar with newer therapeutic options for menopausal symptoms.
-

ENDOMETRIOSIS: A CHRONIC PELVIC INFLAMMATORY CONDITION

Dr. Anet Maksymowicz, Department of Obstetrics, Gynecology and Reproductive Sciences, University of Manitoba

Learning Objectives:

1. Define endometriosis and review the importance of an early diagnosis for patients with dysmenorrhea
2. Review the complications of cross sensitization, chronic pain and infertility
3. Review newer models of care and therapies

Thursday, April 28, 2022

Afternoon Sessions

2:25 – 3:30

A PrEP TALK: THE NEED TO KNOW ON PrEP PRESCRIBING IN MANITOBA

Dr. Laurie Ireland, Primary Care Lead, Manitoba HIV Program, Medical Director, Nine Circles Community Health Centre.

This presentation will introduce family physicians to Manitoba's new HIV PrEP protocols including clinical management guidelines for PrEP. Learners will understand how to become a PrEP prescriber in Manitoba

Learning Objectives:

1. Describe HIV pre-exposure prophylaxis (PrEP) eligibility in Manitoba
2. Counsel patients on the benefits and potential harms of PrEP
3. Clinically manage patient initiation, monitoring and cessation of PrEP

SYPHILIS IN PREGNANCY 101

Dr. Vanessa Poliquin, MD, MSc, FRCSC, Associate Professor at the Max Rady College of Medicine

Learning Objectives:

1. Describe the changing epidemiology of syphilis in Canada
2. Interpret serologic evidence of early and late syphilis infections in pregnancy
3. Recognize that syphilis serology must be interpreted in the context of all available results and clinical correlates.
4. State the rationale for pairing serologic tests with initial treatment dose.

CHANGES IN GONORRHEA INFECTIONS IN MANITOBA

Dr. Terence Wuertz

Learning Objectives:

- 1.
- 2.
- 3.

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Friday, April 29, 2022

Schedule At-A-Glance

8:15 – 8:30	Welcome and Announcements
8:30 – 9:40	Current Issues – COVID 19 <ol style="list-style-type: none"> 1. Dr. Joss Reimer 2. Dr. Brent Roussin 3. Dr. Andrew Lodge & Sylvia Massinon (Klinic) Mental Health & COVID
9:40 – 9:55	BREAK
9:55-10:55	A Day in the Office <ol style="list-style-type: none"> 1. Drs. Jamie Falk/Ali Paige/Jen Potter – Chronic Pain: chronically painful? A new guideline on management from PEER 2. Dr. Jennifer Anderson – Medical cannabis: the basics 3. Dr. Jeremy Levi – Be on the lookout: eye emergencies in family practice
10:55-11:55	A Day in the Office <ol style="list-style-type: none"> 1. Dr. Kathy Kisil – "Banned" on the run: how can I possibly manage this "difficult" patient? 2. Dr. Louis Fourie Smith – What should the standard of care look like in a walk-in clinic? 3. Dr. Jose Francois – Continuity of care, what is best practice?
11:55 – 12:30	LUNCH
12:30 – 1:30	ANNUAL MEMBERS MEETING
1:30-2:10	Virtual Care <ol style="list-style-type: none"> 1. Dr. Keleigh James – "Call me, maybe": Medico-legal tips for virtual care 2. Dr. Alex Singer – Virtual care recommendations to optimize primary care in the pandemic era and beyond
2:10-3:10	Youth Mental Health <ol style="list-style-type: none"> 1. The Link: Youth & Family Supports Suzanne Robertson, Clinical Manager – Youth Mental Health (previously Manitoba Youth Services or MYS) 2. Dr. Megan Cooney - Youth Anxiety 3. Dr. Megan Cooney - Disordered Eating
3:10-3:25	BREAK
3:25-4:25	Dermatology <ol style="list-style-type: none"> 1. Dr. Victoria Taraska – Love rather than loathe following nevi: how to follow & when to biopsy, cut out or monitor 2. Dr. Victoria Taraska – New atopic dermatitis treatments: what you need to know about the new treatments – crisabole, upacitinib, tralokinamab, and dupilumab
4:25 – 4:30	Adjournment of the 64th Annual Scientific Assembly

Friday, April 29, 2022

Morning Sessions

8:30 – 9:40 Current Issues

COVID-19

Dr Joss Reimer, MD MPH FRCPC, Medical Director of Public Health for the Winnipeg Regional Health Authority and Medical Lead for Manitoba's Vaccine Implementation Task Force.

Dr. Brent Roussin, Manitoba's Chief Public Health Officer

Mental Health & COVID

Dr. Andrew Lodge & Sylvia Massinon – Clinic Community Health Centre

Learning Objectives:

1. Understanding mental health epidemiology during the COVID-19 pandemic
2. Identifying clinical resources available to primary care practitioners
3. Understanding the importance of relationship-building within community and between disciplines

9:55 – 10:55 A Day in the Office

CHRONIC PAIN: CHRONICALLY PAINFUL? A NEW GUIDELINE ON MANAGEMENT FROM PEER

Dr. Jamie Falk, BSc (Pharm), Pharm D, Associate Professor College of Pharmacy at the University of Manitoba; Dr. Allison Paige, MD; and Dr. Jen Potter, MD

The newly developed chronic pain guideline by PEER specifically targets the realities of managing chronic pain in family physician and primary care practices. The guideline includes comprehensive systematic reviews for three common conditions: osteoarthritis, chronic low back pain, and neuropathic pain. Using 3 clinical vignettes, we'll highlight key management principles we can apply to our patients and explore simplified tools to aid in the decision-making process.

Learning Objectives:

1. Understand common over-riding principles in the management of common chronic pain conditions
2. Navigate best management options (benefit to harm ratio) for osteoarthritis, low back, and neuropathic pain through use of easy-to-use clinical tools
3. Explain key issues in chronic pain management (like opioid use)

MEDICAL CANNABIS: THE BASICS

Dr. Jennifer Anderson, MD

Patients are requesting cannabis for medical purposes at an exponential rate. The use of any form of cannabis can significantly interact with many medications including chemotherapy. Research on cannabis is evolving quickly with its de-regulation and physicians are lacking the basic knowledge and training needed to help patients navigate medical cannabis safely. The authorization of cannabis is confusing for physicians with many moving parts. Basic knowledge of cannabinoids and its regulation in Canada is important to help educate patients asking about the use of medical cannabis and this session presents a basic overview to help patients explore this safely.

Learning Objectives:

1. Understand how to authorize medical cannabis
2. A basic approach to why you may want to do a trial of medical cannabis
3. Case examples: Chronic pain, palliative care, anxiety

Register Online Now! <https://www.eventbrite.ca/e/137486695407>

Friday, April 29, 2022

Morning Sessions

9:55 – 10:55 A Day in the Office

BE ON THE LOOKOUT: EYE EMERGENCIES IN FAMILY PRACTICE

Dr. Jeremy Levi, MD, BSc, Department of Ophthalmology at the University of Manitoba

Learning objectives:

1. Recognize the key presenting features of several ocular emergencies.
2. Understand the general management of these conditions.
3. Identify high-yield resources available to assist with ophthalmologic issues.

10:55 – 11:55 A Day in the Office

“BANNED” ON THE RUN: HOW CAN I POSSIBLY MANAGE THE “DIFFICULT” PATIENT IN MY PRACTICE?

Dr. Kathy Kisil MD FCFP, Primary Care Clinic Access Downtown

At Access Downtown Primary Care clinic we frequently encounter patients who have been banned from other health care facilities due to behavioural difficulties. Our experience with these individuals has proven the value of trauma-informed and patient-centred care. We will share the “Top 10 lessons learned” in supporting complex patient behaviour. After this presentation participants will feel more equipped to support patients’ behavioural needs and be able to provide alternatives to “banning” patients from accessing primary care resulting in improved patient and provider satisfaction.

Learning Objectives:

1. After this session participants will be able to explain the meaning of safety in a clinical setting.
2. After this session participants will demonstrate a greater understanding of the unique needs of patients presenting with complex behaviour in primary care.
3. After this session participants will describe specific practice strategies to support behavioural challenges in clinical settings.

WHAT SHOULD THE STANDARD OF CARE LOOK LIKE IN A WALK-IN CLINIC ?

Dr. Louis Fourie Smith

This presentation will focus on the standard of care which are provided to the walk-in patient. The discussion will include expectations as it relates to intra-professionalism as well as reputational risk to the family physician and the associated medical clinic.

Learning objectives:

1. Recognizing the role of the family physician in meeting the standard of care provided in a walk-in setting.
2. Construct an easy to follow framework to assist in meeting standard of care expectations.
3. Solidify the walk-in clinic as a high standard, essential component in meeting primary care demands.

BALANCING ACCESS WITH NEED FOR CONTINUITY

Dr. Jose Francois

Although patients would prefer to see their regular provider for their care, trade-offs between continuity and quick access are made quite routinely when discussing access to primary care. There are multiple factors affecting continuity of clinical care some of which include patient preferences, evolving models of care, scheduling and office processes, and educational program formats. This session will explore opportunities to ensure timely access within the Patient Medical Home and how to optimize continuity when providing episodic care.

Learning objectives:

1. After this session, participants will be able to describe the various dimensions of “Continuity”
2. After this session, participants will be able to identify strategies to optimize access using team approaches within a Patient Medical Home.
3. After this session, participants will be able to implement strategies to optimize continuity when providing episodic care

Friday, April 29, 2022

Afternoon Sessions

12:30 – 1:30 Annual Members Meeting

Don't forget to tune into the Annual Members Meeting at 12:30. A separate Zoom meeting link will be used for the Annual Members Meeting (AMM) watch your inbox for details to register for the free event.

1:15 – 2:30 Virtual Care

“CALL ME, MAYBE”. MEDICO-LEGAL TIPS FOR VIRTUAL CARE

Dr. Keleigh James, MD CCFP FCFP

Virtual care quickly emerged as a stopgap measure to facilitate patient care during a health crisis, but it is now evolving to become part of what may be a “new normal.” This shift in care delivery has led to some uncertainty for many family physicians around the medico-legal aspects of providing care to patients virtually. This short session will provide some key tips, from the perspective of the Canadian Medical Protective Association, for providing safe virtual care.

Learning Objectives:

1. Recognize common medico-legal pitfalls involved in providing virtual care
2. Describe techniques to mitigate risk and provide safe virtual care

VIRTUAL CARE RECOMMENDATIONS TO OPTIMIZE PRIMARY CARE IN THE PANDEMIC ERA AND BEYOND

Dr. Alex Singer, Associate Professor, University of Manitoba

Despite virtual visits now being commonly used in primary care in Manitoba there remains lingering questions of how well virtual care is being used by primary care providers. As well understanding patients' and caregivers' experiences and perspectives of virtual care are not necessarily well understood by many Family Physicians. This session will present findings from our study characterizing virtual care adoption in Manitoba. We will reflect on these local research findings, together with other national and international research. Attendees will be invited to participate in an interactive way to further explore some of what is still needed to optimize strategies, structures and supports for effectively addressing patients' health concerns using virtual care.

Learning Objectives:

1. Describe virtual care use patterns, as well as patients and providers experiences of virtual care during COVID-19 and public health restrictions in Manitoba.
2. Apply one's own clinical experiences to identify patient care situations that are amenable to virtual service delivery.
3. Contribute to the co-development of recommendations for sustainable, high quality virtual health care.

Register Online Now! <https://www.eventbrite.ca/e/137486695407>

Friday, April 29, 2022

Afternoon Sessions

2:10 – 3:10

Youth Mental Health

YOUTH MENTAL HEALTH

Suzanne Robertson, Clinical Manager, The Link: Youth & Family Supports

Youth and families exhibit dysregulation and escalation in crisis and need of immediate, effective interventions and support. There are long wait lists for mental health and mediation services. The Link (formerly Macdonald Youth Services) provides a Youth Crisis Stabilization System in which urgency, intervention and support are a priority. Teams recognize the unique, complex needs of youth and as such; all services are delivered from a person-centered practice utilizing a trauma and attachment-based lens.

1. To understand the operational format of the YCSS model of intervention.
2. To recognize the effectiveness of this modality in alleviating strains on other social service/medical and judicial response areas.
3. To identify the target population accessing and seeking service support; and to categorize the expressed service needs identified by the community as areas for service provision focus.

YOUTH ANXIETY

Dr. Megan Cooney, Pediatric Associate Program Director

Learning Objectives:

- 1.
 - 2.
 - 3.
-

DISORDERED EATING

Dr. Megan Cooney, Pediatric Associate Program Director

Learning Objectives:

- 1.
 - 2.
 - 3.
-

Friday, April 29, 2022

Afternoon Sessions

3:25 – 4:25

Dermatology

LOVE RATHER THAN LOATHE FOLLOWING NEVI: HOW TO FOLLOW, WHEN TO BIOPSY, CUT OUT OR MONITOR

Dr. Victoria Taraska, Dermatologist, Winnipeg

Learning Objectives:

1. Learn different types of nevi
2. Learn what to do with pathology reports
3. Learn how to follow comfortably

NEW ATOPIC DERMATITIS TREATMENTS: WHAT YOU NEED TO KNOW ABOUT THE NEW TREATMENTS – CRISABOLE, UPACITINIB, TRALOKINAMAB, AND DUPILUMAB

Dr. Victoria Taraska, Dermatologist, Winnipeg

Learning Objectives:

1. Learn dosing, safety, efficacy
2. Learn when to refer
3. Learn what to monitor and watch for

NOTE: This is a preliminary program that is subject to change

CME REBATES

The CME rebate program is negotiated and administered through Doctors Manitoba.

Manitoba Health provides reimbursement for CME costs, and this is made possible by Doctors Manitoba.

The Annual Scientific Assembly would qualify for reimbursement of registration fees.

[Click here for more details](#)